



Southfields Academy Weekly Newsletter

Monday 26th October 2026



Ethos statement: We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

Year 7 News

Year 7 students have now completed their first half-term at Southfields Academy! They should be really proud of their efforts, as they have all been proactive in making the most of a whole host of opportunities offered to them since September. It's hard to believe how much we have managed to fit in, including a Meet the Tutor event, an Enrichment Fair, a Careers Workshop, team building exercises with the Royal Navy, a creative workshop with Chelsea FC, a Year 7 Sports Festival, external football fixtures and an Open Evening! All of this is on top of our usual range of extra-curricular clubs, where students can enjoy everything from trampolining to crocheting to science experiments!

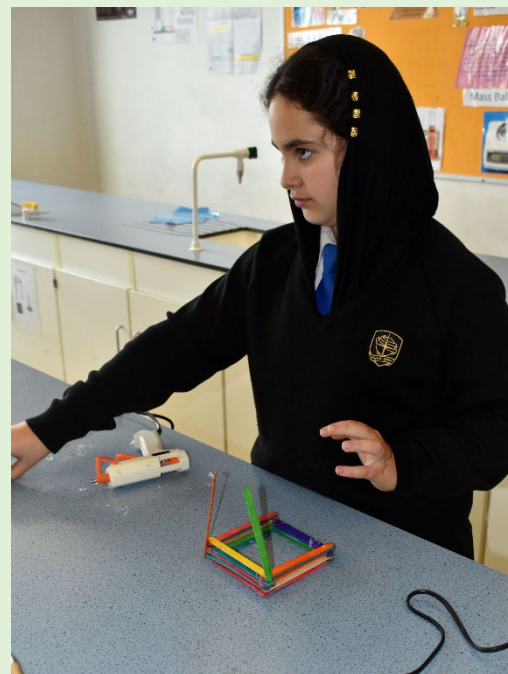
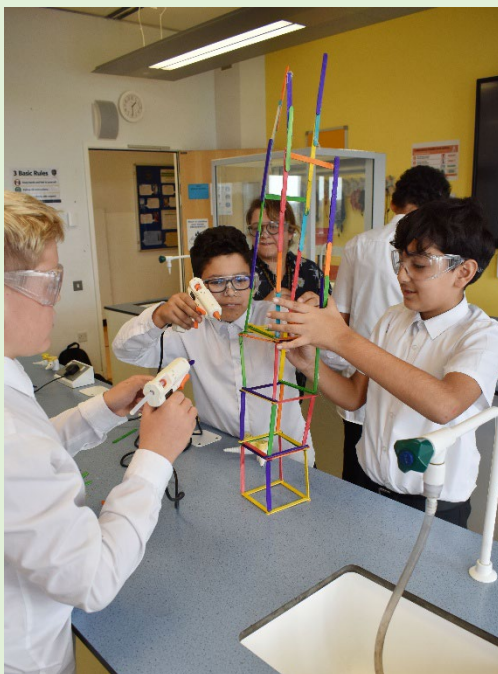
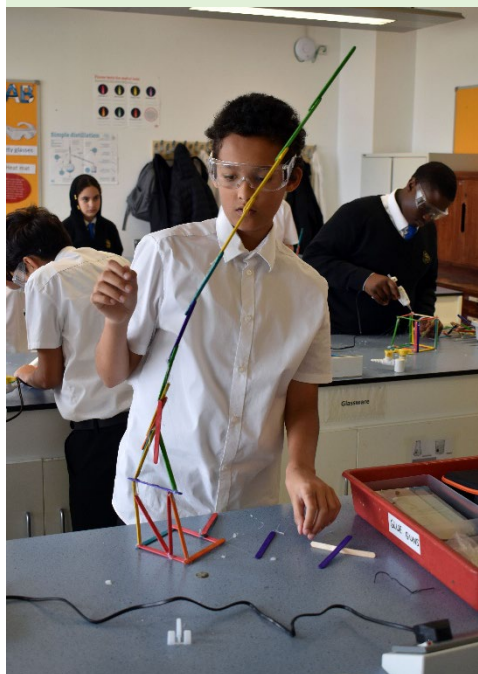
It is with great pleasure (and a lot of work) that teachers offer these extra-curricular opportunities, as we want our students not only to thrive whilst here at Southfields, but also to prepare themselves for the wider world. The transition from primary to secondary offers students the opportunity to discover new interests, explore hobbies and pursuits that they may not have tried at primary school, forge friendships with fellow students and develop key skills. It is great to see students getting involved and being so motivated.

We look forward to next half-term, during which there will be more opportunities offered to them. We will also be holding an achievement assembly to celebrate some of the excellent efforts that we have seen from this already promising year group, during which students will receive certificates and prizes for their hard work and positive attitudes.

Science Club – Ms Akhvlediani

Science Club members became structural engineers this week in a fun tower-building challenge! Working with hot glue guns and creative flair, students built impressive standing towers.

It was a brilliant hands-on experiment that brought out both their design skills and problem-solving creativity!



Dates for Your Diary

Monday 26th October 2026 – Half Term Starts
Monday 2nd November 2026 – Academy Resumes
Wednesday 4th November 2026 – Year 11 Parents' Evening
Thursday 12th November 2026 – IEAP Day
Wednesday 18th November 2026 – Year 8 Parents' Day
Thursday 19th November 2026 – School Council Election Day
Monday 23rd November 2026 – INSET Day 2



Thought for the Week

"Do just one thing every day in the direction of your dreams." — J. P. Blake



Careers Fair – Ms Shah

We are delighted to report that our Careers Fair was once again a huge success with a new record of over 50 organisations supporting our students including Russell Group Universities (Durham, Imperial & Leeds) plus organisations such as Chelsea Foundation (Chelsea Football Club), Little Brown Publishing, The Metropolitan Police, Heritage of London Trust (Charity), O'Halloran & O'Brien (construction), The Civil Service and local company Feel Good Coffee amongst others.

The support was impressive from these business partners, given the challenges that many are facing with freeing up their staff to participate in such events.

The visitors all expressed how impressed they were by the polite and inquisitive nature of our students. Particular comment was made about how amazingly well behaved and curious Year 7 were compared to other schools they have visited.

A massive thank you to the student volunteers in Years 12 & 13 who acted as great Ambassadors for our school.





Year 9 PSHE / Pastoral Update: Loudmouth Performance – "Calling It Out"

On Monday 19th October, our Year 9 students attended a performance by Loudmouth Education and Theatre in the hall during Period 5.

Calling It Out reinforces the vital message of zero tolerance toward harmful sexual behaviour. Through a dramatic performance and interactive discussion workshop, students explored the root causes of these behaviours and learned positive alternatives. The programme raises awareness about the profound impact that everyday sexual harassment and assault can have on girls and young women, while empowering all students to safely challenge and report these behaviours.

Following the performance, our students asked thoughtful questions, demonstrating excellent engagement and deep reflection. This important topic will be explored further during Autumn 2 PSHE lessons.



Creative Writing – English Department

For this week's creative writing entry, please see an excellent opening to a short story by George Kitching (9KUL) - not written by AI - and a short but effective poem from Amirah-Lee Bell-Mckay (8SCH) for anyone who uses AI too much!

The blizzard had been going for days, snow sweeping across the labyrinth of alleyways in the city.

No-one was outside - there never was. Houses were either abandoned or had families taking shelter inside from the cold, harsh winds that came with the blizzard. Or they were at the cathedral. It was a tall, gothic building with menacing spikes and towers. People would often come here to pray. To pray that, one day, maybe their children would miraculously come back. But they knew deep down that they never would.

There had been countless cases of children suspiciously disappearing. However, even though the city was vast, most of the disappearances were focused in one network of alleys in one part of the city. People named it the snatcher's quarter. Not many people inhabited snatchers' quarter, but curious children often wandered over to it...

AI will kill humanity.
I am concerned about society's future.
The world will no longer be the same.
Adults of the future will not know the meaning of nature,
of life,
how beautiful it is to write and to read.
Expressing your spirit will be through the internet.

NHS
South West London and
St George's Mental Health
NHS Trust

Education
Wellbeing
Service

Education Wellbeing Service Webinar

Understanding and Supporting Teen Sleep



This webinar will look at some of the research and science around sleep hygiene, teenage sleep and thinking together about the challenges with some options for supporting from the perspective of parents or carers.

DATE / TIME

Tuesday 17th November
12.30-1.30pm



Scan the
QR code
or
[click here](#)

LOCATION

Online - Hosted on Teams

Sign up to either event
for free on Eventbrite
by scanning the QR Code.

You can also check out
our other events by
[clicking here](#)

wellbeinginschoolsevents@swlstg.nhs.uk

DATE / TIME

Tuesday 17th November
7.00-8.00pm



Scan the
QR code
or
[click here](#)

Parent/Carer Webinars

Secondary Schedule 26/27

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection. [Click here](#)



Understanding and supporting teen sleep

Supporting your teen to cope with exams (Years 11-13)

Screen time, social media and gaming - what parents need to know

Conflict, communication and compromise - the teen years

Healthy habits in teenagers with Autism

Managing exam and assignment stress (Years 7-10)

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.