



Ethos statement: We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.



SMART
SCHOOL
SERVICES



Changes to Holiday School Meal Vouchers

We are writing to inform you of a change to holiday Free School Meal (FSM) support, following national government policy changes.

Recent changes to the national rules on spending mean that, disappointingly, central government funding can no longer be used to provide holiday Free School Meal vouchers. As a result, Wandsworth Council is having to discontinue the holiday voucher scheme from the Summer 2026 school holidays onwards.

This change applies only to holiday vouchers and does not affect Free School Meal support during term time, which will continue as normal.

We recognise the importance of this support and remain committed to helping families access alternative provision.

Wandsworth Council will continue to provide a range of support for families, including:

- **Holiday Activities and Food (HAF) Programme**, which offers:
 - Free, fun activities for eligible children and young people
 - Healthy meals during sessions
 - Opportunities to stay active, socialise and learn new skills
- **Magic Breakfast holiday packs**, available for families whose children attend schools participating in the Magic Breakfast scheme.

Further information about these programmes and how to access them is available on Wandsworth's Family Information Service website: [fis.wandsworth.gov.uk](https://www.fis.wandsworth.gov.uk).

Yours sincerely,
Wandsworth Council Children's Services

Science Club – Ms Omar

This week in science club, students began their caterpillar to butterfly project by carefully feeding the caterpillars and transferring them into suitable containers where they could safely grow and develop.

After spending time eating and growing, the caterpillars will soon form chrysalises, where an amazing transformation takes place. Our scientists are looking forward to watching the next stage of development and seeing the caterpillars eventually emerge as beautiful butterflies. The caterpillars are also on display in the science corridor so all students can also have a look during the weeks!

Stay tuned for more updates as this fascinating life cycle continues to unfold!





Thought for the Week

“Never look down on anybody unless you’re helping him up.” – Jesse Jackson



Year 12 Students Get "Degree Apprenticeship Ready"

At Southfields Academy, we are always looking for innovative ways to prepare our students for the rapidly evolving world of work. This academic year, selected Year 12 students have taken a massive step toward their future careers by partnering with The Degree Apprenticeship Project.

Degree apprenticeships have quickly become one of the most competitive and rewarding pathways for school leavers. They offer a unique alternative to traditional university routes, allowing students to achieve a full undergraduate degree while gaining invaluable industry experience - all with a paid salary (and zero tuition fee and maintenance loan debt). However, landing one of these coveted positions requires a unique blend of academic focus and workplace professionalism.

To give our students a competitive edge, the Degree Apprenticeship Project has been running a comprehensive 10-workshop training programme. Each interactive session was carefully designed to break down the complex recruitment processes used by top-tier global employers. Our students are the first in the country to go through this programme.

The workshops have been designed to help guide students them through:

- The fundamentals: Understanding the different levels of apprenticeships and how to find the best vacancies.
- Professional branding: Crafting standout, tailored CVs, writing compelling cover letters, and building a professional online network using LinkedIn.
- The selection maze: Navigating the early hurdles of modern recruitment, including psychometric tests and Situational Judgment Tests.
- Mastering different interview formats: From pre-recorded video assessments to intense panel interviews - using structural methods such as the STAR technique (Situation, Task, Action, Result).
- Assessment Centre days: Students also learned exactly what to expect during rigorous assessment centre days, which often involve fast-paced team challenges and presentations.

The students have moved from feeling uncertain about degree apprenticeships to confidently understanding the selection process from start to finish. We can't wait to see where these new skills take them next academic year, as they begin applying for apprenticeship roles.



Newsletter:

Please click to access the [30th Edition of the Careers Newsletter](#) - Following our articles and links on AI last week, you can now explore what it's really like to work in an area shaping the future: [AI engineering](#) virtual experience.

Year 10 Work Experience: 6 – 10 July 2026:

Please let the [Careers Team](#) know if you have **any contacts** who could help provide placements.

UK Brain Be Neuroscience Competition

Remote, In-person: Free (Ages: 13 – 18; studying GCSE, A-Level, or equivalent qualifications and requires no prior neuroscience experience). The winner of the UK final goes on to represent the UK in the International Brain Bee (IBB) World Championship. Benefits of taking part include challenging your knowledge of neuroscience, strengthening UCAS applications, and connecting with like-minded students and mentors.

Year 13 Farewell 2026

We would like to wish a fond farewell to all of our Year 13 students. Thank you for everything, and best of luck with your exam results and all your future endeavours.



Year 7 News – Ms Watkinson

As we approach the final stretch of Year 7, our students are channelling all their energy into an exciting line-up of end-of-term activities, including upcoming exams, Sports Day, and our end-of-year trips.

Firstly I want to praise the year group for their increasingly positive behaviour. Since returning from May half term, the Year 7s have achieved nearly 2000 positives! This is an incredible number for such a short space of time. I'd like to highlight the following students for having the top 3 positives in their tutor groups: **Livia 7AAD, Thaliya 7AAD, Menen 7AAD, Elliott 7ABM, Jasiah 7ABM, Maisie Rae 7ABM, Zion 7HUH, Aarib 7HUH, Kavalli 7HUH, Ameen 7OMR, Rimna 7OMR, Zoha 7OMR, Hyunjin 7TON, Jayden 7TON and Mathias 7TON!**

We recently held our final IEAP day of the academic year, where students took time to reflect on their incredible progress in Year 7 and look forward to the future. Each student completed a reflection booklet, which is currently being kept in their form rooms. These booklets will transition with them into Year 8 to ensure they stay on track with the SMART targets they have set for themselves. To keep these goals fresh in their minds, students will copy their targets into their new school diaries at the start of next term, and we will review them regularly throughout the year.

Preparations for the End of Year exams are now in full swing. To help prepare them for the future, students will sit their core exams (English, Maths and Science) in the main hall under official exam conditions—just as they will in Year 11. Foundation subject exams will take place in their usual classrooms. During recent form times, students have been exploring effective revision techniques, such as flashcards and mind maps, and they recently had an assembly outlining exam protocols. We kindly ask for your continued support in encouraging and facilitating revision at home.

The countdown to Sports Day has officially begun! Students have been training hard during PE lessons and attending our Tuesday afternoon Athletics Club. Over the coming weeks, students will begin selecting the specific events they wish to compete in for the big day.

Finally, plans for our highly anticipated end-of-year trips are well underway. Detailed communication, including medical and consent forms, will be sent out in due course.

PSHE in the News – Ms Molloy

Every student in Year 7-11 at Southfields Academy has a subject specialist teach PSHE once a week. In Year 12/13 this is delivered by tutors in their tutor programme.

PSHE (Personal, Social, Health and Economic) education aims to equip children with the knowledge, skills, and attributes needed to keep themselves healthy, safe, and prepared for life and work in modern Britain. It focuses on fostering resilience, self-esteem, mental wellbeing, positive relationships, and financial capability, covering statutory health, relationships, and sex education.

We have had a busy Summer 1 term, here are our highlights:

Year 7: We examined the dangers and health risks of vaping, tobacco alcohol and peer pressure. We looked at the criminal justice system for young people and analysed our responsibilities. Students also learnt how to do CPR. We also looked at global issues such as FGM and looked our rights as young people. *This term we will look at sexting and the law, AI and issues surrounding this, what commitment looks like and what equality means in practice in the UK.*

Year 8: We examined relationship values, boundaries and consent and what to do with unwanted contact. We looked at how to manage conflict and what constituted unhealthy relationships, and examined domestic abuse and where to get support. *This term they will look at mental health, explore healthy lifestyles and examine what cancer and endometriosis are. All girls will get a period pack and period pants that are designed to be leak proof and support our girls in their management of it.*

Year 9: We examined and evaluated what consent means legally and ethically. They had an assessment on what consent looks like ethically and legally and had to present it as a poster. See some of our best ones below! We also looked at how to report if pictures are taken without your consent and explored the benefits of stable, committed relationships. *This term they learn about contraception - what it is and the pros and cons of different types, they will also be taught about STI's and how to keep themselves safe. We will also look at how defibrillators are used and examine life choices for a healthy lifestyle.*


Year 10: We examined different types of relationships and the legal consequences and benefits of marriage/civil partnership. We evaluated parenting styles and what forced marriage is. *This term we are getting them ready for Work Experience by going through the expectations and legal requirements at work and helping them get the best of the experience by setting goals and identifying skills to further develop.*

consent=respect

"If it isn't clear, ask. If it isn't yes, stop."

What is consent?

Consent means giving permission for something to happen. It should always be clear, respectful and ongoing. Consent is not only about relationships — it matters in everyday life too..



F – FREELY GIVEN
NOBODY SHOULD FEEL PRESSURED, FORCED OR GUILTY INTO SAYING YES.
R – REVERSIBLE
PEOPLE CAN CHANGE THEIR MIND AT ANY TIME — EVEN IF THEY SAID YES BEFORE.
E – ENTHUSIASTIC
PEOPLE SHOULD KNOW EXACTLY WHAT THEY ARE AGREEING TO.
S – SPECIFIC
SAYING YES TO ONE THING DOES NOT MEAN YES TO EVERYTHING.

Everyday examples of consent

- Asking before posting someone's photo online
- Asking before borrowing someone's things
- Checking if someone wants a hug
- Respecting when someone says they don't want to do something
- Making sure everyone feels comfortable in relationships

Why does consent matter?

Consent matters because it:

- Builds trust
- Creates healthy friendships and relationships
- Shows respect for boundaries
- Keeps people safe
- Helps everyone feel comfortable and valued

When can someone not give consent?

Someone cannot give proper consent if they are:

- Being pressured
- Asleep or unconscious
- Confused or do not understand
- Unable to choose freely

Ethics: Beyond the law

Consent is not only about rules — it is about respect.

Being respectful means:

- Protecting vulnerable people
- Respecting boundaries
- Making sure others feel safe and comfortable

Responsibility belongs to both people, not only the person saying no.

"Consent is not awkward. Respecting people is part of being a good friend, partner and person."

By: Sophia Puzgallu

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By: Ana Laura

Consent posters continued....

Soma Rezaei

Without consent

When an action happens without consent, it is a direct violation of a person's boundaries, rights and legally it can lead to severe criminal charges for assault or heavy financial penalties for data privacy breaches.

What does consent mean? Consent is giving permission for something to happen.

Why is it so important? Consent is important because it protects personal boundaries and builds healthy relationships, also ensures everyone safety and control over their own body.

CONSENT

Consent requires ongoing conversations with lots of trust just because someone says yes to making out doesn't mean they are to do anything else you can stop at any time.

4 PROCESS

1. ACTIVE
Consent requires ongoing conversations with lots of trust just because someone says yes to making out doesn't mean they are to do anything else you can stop at any time.

2. EQUAL POWER
If someone is underage, drunk or in another vulnerable position they cannot consent.

3. CHOICE
We must make sure our partners feel free to say "yes" or "no" without pressure. If we aren't willing to take "no" for an answer consent cannot happen.

4. FREELY GIVEN
Freely given consent must be given without pressure, manipulation or being under the influence of drugs.

REVERSIBLE Able to freely change your mind at any time.

INFORMED Both individuals must know exactly what they are agreeing to.

ENTHUSIASTIC Consent should be clear "yes" not passive "maybe" or a simple "no".

SPECIFIC Consenting to one thing does not automatically mean consenting to a different or more advanced act.

EXAMPLES OF CONSENT

- If someone (your partner) asks to touch you then you can decide whether if they are allowed to touch you or not if you do not allow them to touch you then they must respect it and more on and not force themselves on you. That's an example of consent.
- Another one is when your having intercourse with each other you must communicate with each other and not force them to say "yes" and allow them to think for themselves and give them time to get comfortable themselves.

CONSENT = RESPECT

Consent means giving permission for something to happen. It should always be:

- **Freely given** - no pressure, fear, guilt, or manipulation.
- **Reversible** - someone can change their mind at any time.
- **Specific** - staying yes to one thing does not mean yes to everything.
- **Informed** - everyone understands what they are agreeing to.

Consent helps create healthy friendship, families and relationships because it builds trust when people know their boundaries will be respected they feel safer and more valued. Good communication also becomes easier because everyone feels comfortable expressing their thoughts and feelings honestly.

Speak up Your voice matters

Freely Given:
A person should make a choice without pressure, threats, manipulation, or guilt. If someone feels forced, then it's not real consent.

Reversible:
Anyone can change their mind at any moment and if they agreed earlier saying "stop" or "I'm not comfortable anymore" should always be respected.

Informed:
People should understand exactly what they are agreeing to. If someone is confused, nervous, or missing important information, then consent is not fully informed.

Enthusiastic:
Consent should be a confident and comfortable "yes" not silence, hesitation or uncertainty. Someone should genuinely want to participate.

Specific:
Agreeing to one thing does not mean agreeing to everything else. Permission for one action or situation does not automatically continue into another.

In friendship, consent can also mean respecting emotional boundaries. For example, if someone says they do not want to talk about a personal problem, a good friend listens and does not pressure them to share more than they want to.

Healthy consent usually involves open communication. People ask questions such as:

- "Is this okay with you?"
- "Do you feel comfortable with this?"
- "Can I borrow this?"
- "Do you want me to stop this picture?"

"Consent is about respect, trust, and listening to others."

"Respecting boundaries makes relationships healthy and safer."

"No means no."

"A really yes is clear, comfortable, and fully chosen."

"Consent matters in every day actions, both online and offline."

Consent

The tea rules

If someone said "yes" to tea last Saturday, that doesn't mean they want you to show up unannounced and force them to drink tea today.

Consent is not a blanket, permanent agreement. You need to check in each time.

Even if someone enthusiastically agrees to a cup of tea, they can change their mind in the time it takes for kettle to boil.

A person **can** withdraw or change their decision.

If someone is **UNCONSCIOUS**, Do not make them tea! Since you cannot ask them if they want it, And Definitely do not pour tea down their throat!!!

Someone who is **ASLEEP** or **PASSED OUT** they cannot give you consent!

If question is answered "um, I am not sure" you should not force them to drink tea.

• Hesitation? or "silence" is not a consent!!!

Ethically, a good person would want to take care of their drunk or vulnerable friend so they get some safe.

Also morally person would understand that they shouldn't be pressuring someone into something they don't want.

pressured choice is **NOT** a consent!!!

Consent

Consent is a verbal and affirmative expression of consent can both help you and your partner to understand and respect each other's boundaries.

not: !?

- Consent should never be implied or assumed, even if you are in a relationship or have had sex before.
- Consent can not be given if person is underage (16 years old)
- It also cannot be given when person is under drugs or alcohol, or asleep, or unconscious.

Saying yes of fear is **not CONSENT**!!

Silence or lack of a response is **not CONSENT**!!

Creative Writing – English Department

This week's newsletter includes the English Department's final entry to the Wimbledon Bookfest 2026 Young Writers Competition.

Diana Naumenko (09RCD) wrote a suspenseful short story about a young woman, a summer night, a mysterious conversation, and a glowing flame. Diana does great job using her writing to create tension and intrigue. By the end of the piece, the reader is drawn in to the world and left wanting more.

All six finalists did an incredible job, and the English Department wants to celebrate every student that entered their work! Really well done; you've made Southfields Academy proud!

The flame from the candle danced on the walls of an empty room, filling it with a warm orange light. Soft birdsong and the barely audible whisper of the wind could be heard behind the open window. Outside, the sky as dark as ink was filled with glittering stars. The misty waters of the Atlantic Ocean reflected millions of sparks from above. A young-looking woman sat beside the candle, quietly humming a calm melody and sewing a piece of white fabric in her hands.

The summer night's air was warm and filled with condensation making it hard for Mary to breathe. Shadows from trees and bushes fell over the dry land, giving rest to the exhausted ground.

"Mary?" the elder woman called, knocking loudly on the wooden door. "Are you still awake?" The silence hung in the air for a few seconds before the heavy door opened with a muffled groan. A younger woman's figure appeared in the candlelight.

"Uh.. Yes.. Mrs Hatson ...?" The quiet voice echoed through dark corridors growing quieter as it passed through empty space.

Mary's eyes raised to the disapproving gaze of the elder woman, the air felt so tense that Mary thought it could be cut with a knife. The elder woman began to speak and her voice was filled with strict warning.

"Fire is not a joke, so use of it has to be wise..." words cut through the tense atmosphere as the woman pierced Mary with a heavy gaze. After a pause she spoke again.

"And close those windows... who knows who might see this light at this hour...". For a second, Mary thought the woman was actually worried but shook off that idea. This woman was never kind to anyone, so why would she be worried about her now? After receiving a nod of understanding, Mrs Hatson turned away on her heel, disappearing into the moonlit darkness of the halls. Only her steps echoed in the shadows of an old mansion.

Mary glanced to see her candle, the fire danced in the silence of the night. After three light steps, she was back to the table just for a few seconds staying still and silent.

"I guess Mrs Hatson is right ... fire brings and takes life ..." said Mary and blew the candle. The darkness filled the room once the small fire was finally dimmed. And only the sound of rumbling waves remained in the darkness.

Dates for Your Diary

Thursday 25th June 2026 – Year 11 Leavers' Celebration

Friday 26th June 2026 – INSET Day

Tuesday 30th June 2026 – Year 6 Induction Day

Thursday 9th July 2026 – Year 12 L3 Parents' Evening

Thursday 9th July 2026 – Year 12 Careers Day

Friday 10th July 2026 – Year 9 Enterprise Day

Monday 13th July 2026 – KS3 Sports Day