



**Ethos statement:** We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

## 6<sup>th</sup> Form News

### Careers and progression support:

#### Progression:

Most students on Level 2 courses have finished; only Business, GCSE Maths and GCSE English courses are running since they have exams remaining. We marked the (almost!) end with awards for 'Student of the Year' and 'Best Attendance' awards, followed by a Pizza and snack party.

Results Day for all Level 2 courses is 20th August - which we hope will bring joy and a sense of achievement to most. We look forward to welcoming returning Level 2 students back in September, to commence Level 3 courses. To all others moving on to pastures new - we wish them the best of luck.

#### Trips/ Visits/ Enrichment:

#### Year 12 Level 3

The spring and summer terms have been a very busy period for students as they juggle preparation for their progression exams into Year 13, a wide range of enrichment trips and university visits, as well as starting the university application process through UCAS.

Last Friday, we launched the UCAS (university application) process in Year 12 Assembly which marks an exciting time for students as they take their next steps towards securing their future plans in higher education and beyond.

UCAS Launch (Part 1)  
Preparing to apply for university  
Year 12 Level 3 Assembly – Friday 5<sup>th</sup> June 2026

UCAS

Throughout this academic year, Year 12 students have made visits to the University of Oxford, Imperial College London, the University of Westminster and Roehampton University. Students have also been encouraged to attend as many online and in-person open days at various universities around the country.

Next Thursday on IEAP Day, some of our students will be participating in a degree apprenticeship workshop and two university workshops delivered by tutors from Oxford and Imperial College. It is a delight to see such an ambitious and proactive cohort of students who have made the most of every opportunity that has come their way this year in order to achieve their future goals!

### Coming up in the summer term:

- IEAP Day - degree apprenticeship, early university applicant, personal statement and revision workshops.
- UCAS Day - university preparation day.
- Careers Day - students will attend two careers talks of their choice from a range of bespoke workshops.
- Work experience at Jo Hambro Investment Firm (4 students).
- Work experience with Fleur Anderson MP (2 students).
- Work experience at the House of Lords (1 student).
- Workshop: Investment 20/20 apprenticeship panel and networking workshop for students interested in careers related to finance and investment.
- Progression Exams.
- Year 12 Level 3 Parents' Evening.
- Trips for students of Travel & Tourism, History and Computer Science.
- Explore London trip (all Year 12 Level 3 students).



## Thought for the Week

"Happiness comes when your work and words are of benefit to yourself and others." – Buddha



### Science Club – Mr Hayman

Science Club was full of gasps and nervous laughter this week as we investigated pressure using a giant "balloon mattress"!

Students explored what happens when force is spread over a larger area by carefully lying on a bed made from dozens of balloons. To everyone's surprise, the balloons stayed intact! This helped demonstrate an important physics concept: pressure equals force divided by area. When a person's weight is spread across many balloons, the force on each individual balloon is much smaller, reducing the pressure and making them less likely to pop.

The experiment was a fantastic way to bring a challenging scientific idea to life, showing students that sometimes the best way to understand physics is to quite literally throw yourself into it!



### Run Club – Ms Hoy

Another successful run club this week! Join us next week on Tuesday at 3pm for a 2km loop or 4km loop.



## Creative Writing – English Department

*This week, the English Department is proud to share the second of its three short story submissions for the Wimbledon Bookfest 2026 Young Writers Competition!*

*Sareena Shahbaz (09SWN) used the 500 word limit to write a hero's origin story. She explores her imagination of the emotions and circumstances that would catalyse a young person into new power and new adventures. Using atmospheric language and suspense, the story leaves you wanting to know what happens next.*

*Next week will conclude our exhibition of the six finalists for Southfields Academy's participation in Wimbledon Bookfest; we're so proud of everyone who entered!*

It was a cold, gloomy night with fog covering everything, like a monster ready to swallow up the world, and then the soft scratching of my pencil as I doodled on my paper. My back facing the house as I looked out into the open, and that same white glow coming from the bottom of the well, as if someone had turned on a light switch.

You see my name is Raven Black, I am 9 years old and I live with my aunt, well someone like my aunt. This woman has stayed with me since the moment my parents let go of me, saying that I was a bad omen. But am I really?

The only person who has actually given me some importance is my best friend, Spectar Nightshade, but I normally call him "Shadow" as he looks transparent, almost like he isn't fully there, and sometimes he even looks like my shadow- but only darker and moving when I'm still.

I sat quietly, drawing the same thing over again, the well, with the strange white light inside it. I never understood why I drew it so often, it just felt so important, like something I had forgotten deep in my brain, but needed.

The fog outside thickened, creeping closer and wrapping itself around the house. The well stood in the distance, barely visible except for the glow from deep in it. I could feel it pulling at me, like it's calling out to me.

Something was not right, a cold heavy feeling settled in my chest. I realised I couldn't remember anything clearly, not me coming to this house and not even my parents leaving. My "aunt" was always there like a dot in the background of a dream.

I stood up slowly and stepped forward. The air felt still, and the fog moved away as I walked, as if it was letting me pass through. Each one of my steps towards the well made the light glow brighter, STRONGER!

When I reached the edge, I looked down.

The light still remained as if it was waiting, waiting for something to happen. As I stared, something changed inside my mind... A memory.

I saw myself leaning over the well, holding the edge with my small, skinny hands. I hear my own laughter, curious and happy. Then everything changed in a second, my foot slipped, the ground disappearing, and the sudden rush of cold darkness as I fell. I stepped back sharply.

I understood. I hadn't just seen the well before, I had fallen into it. I looked into my hands- they were fading like mist. I was not alive. I had never left this place.

The light in the well grew brighter. It didn't feel scary anymore. It felt warm, like it was waiting. Shadow stood quietly behind me, quieter than normal. I stepped closer, the light wrapped around me. I wasn't afraid. As I moved into it, everything became clear.

I was ready to let go.

## YouTube Top Trumps – Ms Watkinson

On Wednesday 10th June, 14 Year 7 students were given the exciting opportunity to experience what it feels like to be on the set of a YouTube production as they took to the stage to take on Adebayo Akinfenwa, former AFC Wimbledon striker, in a game of Top Trumps.

Over the course of four hours, the students took part in three separate games, with filming taking place for a YouTube video due to be released in mid-August. Throughout the day, our students represented Southfields exceptionally well. The production crew were incredibly impressed by their confidence, quick wit, composure and enthusiasm in front of the cameras. Equally impressive were their manners, professionalism and conduct throughout the filming process.

The students truly demonstrated what it means to be a Southfields student and were a real credit to the school. The production company was so impressed with the group that they expressed a strong desire to return in the future and explore further opportunities to work with and support our students.

We look forward to seeing the finished video when it is released later this summer.



Amelie 7AAD, Meg 7AAD, Livia 7AAD, Elliot 7ABM, Aadyn 7ABM, Carla 7ABM, Jibril 7HUH, Sudais 7HUH, Dylan 7OMR, Marwah 7OMR, Shayan 7OMR, Nawal 7TON, Penelope 7TON and Jayden 7TON.



### **Newsletter:**

Please click to access the [29<sup>th</sup> Edition of the Careers Newsletter](#) - Many employers are now using **AI** within their recruitment processes – we link some articles explaining how **AI** can be used for career and interview preparation.

[Labour Market Information](#) – latest news, including the workers that are most in demand in the UK – and the jobs that aren't hiring...

### **Year 10 Work Experience: 6 – 10 July 2026:**

Please let the [Careers Team](#) know if you have any **contacts** who could help provide placements.

### **YouthEmployment.org.uk**

A great resource for students aged 11-30. They can get help with skills, study, jobs and training – free courses, career routes and MUCH more. PLUS opportunity for students to add their voices and opinions to an anonymous [Youth Survey](#)

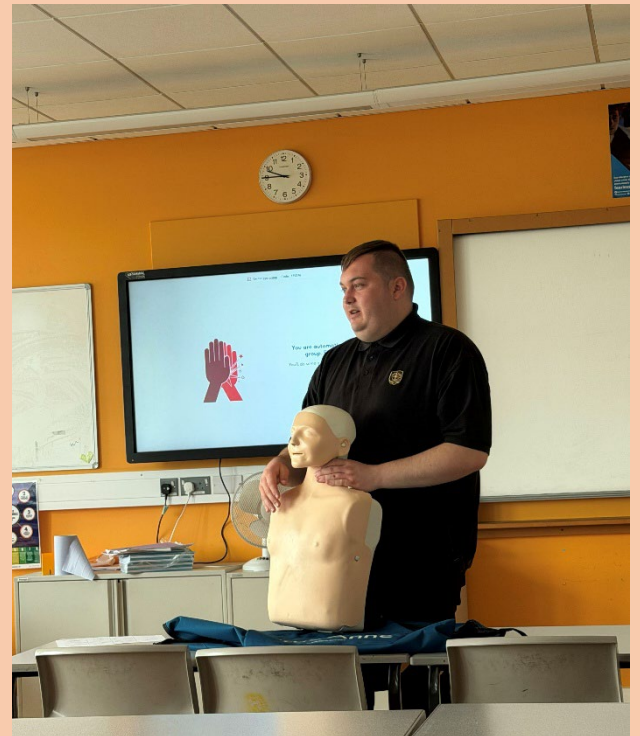
## Dates for Your Diary

Thursday 18<sup>th</sup> June 2026 – IEAP Day  
Thursday 25<sup>th</sup> June 2026 – Year 11 Leavers' Celebration  
Friday 26<sup>th</sup> June 2026 – INSET Day  
Tuesday 30<sup>th</sup> June 2026 – Year 6 Induction Day  
Thursday 9<sup>th</sup> July 2026 – Year 12 L3 Parents' Evening  
Thursday 9<sup>th</sup> July 2026 – Year 12 Careers Day  
Friday 10<sup>th</sup> July 2026 – Year 9 Enterprise Day  
Monday 13<sup>th</sup> July 2026 – KS3 Sports Day

### CPR and lifesaving skills – Ms Olasimbo

Year 12 Health and Social Care students took part in an engaging CPR and lifesaving skills session delivered by Harry Salter. The session focused on the importance of lifesaving techniques and how to respond effectively if they come across an unconscious person who is not breathing.

By the end of the session, students were able to identify the difference between a cardiac arrest and a heart attack, and explain or demonstrate how to respond in an emergency situation, including making an emergency call and seeking help. They also learned how to use a defibrillator, and how to work as a team to perform CPR safely and effectively. The session gave students valuable hands-on experience and helped build their confidence in responding to real-life emergencies.



## Attendance Matters – Ms Gavin

At our school, we know that good attendance is one of the biggest factors in helping children achieve their full potential. Every day in school provides valuable learning opportunities, helps students build positive relationships, and supports their overall wellbeing and confidence.

We would like to thank all of our families for their continued support in ensuring students attend school regularly and arrive on time. Your commitment makes a real difference to your child's education.

We understand that there are times when children are genuinely unwell and need to stay at home. However, many common illnesses do not require children to miss school. If you are unsure whether your child is well enough to attend, the NHS provides helpful guidance for parents:

### "Is my child too ill for school?"

[NHS – Is my child too ill for school?](#)

Even a small improvement in attendance can have a significant impact on a child's learning and future outcomes. We encourage all families to prioritise attendance and to contact their child's tutor, Head of Year or the academy's Educational Welfare Officer if there are any concerns or barriers preventing regular attendance.

We are here to work in partnership with you and provide support where needed.

Thank you for helping us ensure every student has the best possible opportunity to succeed.

  
South West London and  
St George's Mental Health  
NHS Trust

Education  
Wellbeing  
Service



## Education Wellbeing Service Webinar

### Supporting Your Teenager With Emotional Difficulties and Self-Harm

Being a teenager can be difficult to navigate, with lots of change and emotional ups and downs.

Parents and carers can have key roles in supporting their teenagers through this by understanding emotional regulation, and how to facilitate healthy responses to difficult or testing situations.

#### DATE / TIME

Wednesday 10th June  
1.00-2.00pm



Scan the  
QR code  
or  
[click here](#)

#### LOCATION

Online - Hosted on Teams

Sign up to either event  
for free on Eventbrite  
by scanning the QR Code.

You can also check out  
our other events by  
[clicking here](#)

[wellbeinginschoolsevents@swlstg.nhs.uk](mailto:wellbeinginschoolsevents@swlstg.nhs.uk)

#### DATE / TIME

Thursday 18th June  
7.00-8.00pm



Scan the  
QR code  
or  
[click here](#)

## Practical Advice for University – Ms Stewart

### [The UnitasterDays Parents' Guide to University 2026](#)

Released this month, the 2026 edition is the biggest yet, featuring 115 pages of practical advice from more than 80 university and education experts. Parents and supporters will be able to

- Find open day travel scholarships
- Learn how to access student finance, funding and free money
- Understand the latest changes to the UCAS personal statement
- Pick up application tips from current university students

Hear inspiring advice from educator and Gogglebox star Baasit Siddiqui

Free to download. No registration. No data capture. Just expert advice for parents and supporters

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<https://www.unitasterdays.com/university-support-for-parents/parents-guide-to-university-brochure/>

# Neuronauts Summer School

Hands-on learning in computational neuroscience, electrical engineering, computer science, machine learning and AI for young people in years 9-12.

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2026!**

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attend

includes lunch  
and transport

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