



Ethos statement: We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

Year 9 News – Mr Munro

Our Year 9 students have been performing excellently across the Academy since our last update. It has been a busy and productive period; here is a look at what they have been up to:

Careers in Football: Chelsea Football Club

Sixteen of our prospective BTEC Sport students have begun a Careers in Football workshop organised by Chelsea FC. Over this four-week programme, students are working in groups to analyse various roles within the industry. Their final task is to design their own football club from scratch—overseeing everything from management and the playing squad to stadium design! The work produced so far has been fantastic, and I look forward to sharing highlights in a future newsletter.

Once the workshops conclude, the group will head to Stamford Bridge for a stadium tour to see how their "mythical" clubs compare to one of England's biggest teams.

Sports Leaders

Our Year 9 Sports Leaders continue to impress. Most recently, they led a golf tournament for fifteen local primary schools. Each leader was responsible for delivering activities to and monitoring their own assigned school. As always, the feedback from visiting staff was overwhelmingly positive. It's going to be a busy summer for this group as they prepare to host the Primary School Sports Days here at Southfields Academy!

Loudmouth Theatre: "Calling it Out"

Thanks to the PSHE Department, the entire year group participated in a performance and workshop delivered by Loudmouth Theatre. The session tackled sensitive issues in a relatable way, and our students were exceptionally well-behaved and engaged, asking thoughtful questions to the performers. In the follow-up workshops, students explored the pressures facing young people today, including toxic gender stereotypes and the role of social media.

The maturity and depth of the students' contributions regarding how to challenge derogatory behaviour and be "the change" in society was truly noteworthy.

Jack Petchey Maths Challenge

Five of our mathematicians recently took part in the Jack Petchey Foundation Maths Challenge. From the fast-paced arithmetic game "24" to high-energy algebra rounds, the event proved that maths can be both exciting and engaging. We are eagerly awaiting the results over the coming weeks—fingers crossed we make it to the final!

Behaviour and Attitude

Year 9 are consistently demonstrating that they are ready for the transition to Year 10. They are frequently at the top of the leader boards for positive points awarded, reflecting their dedication to learning.

Equally impressive is that they consistently record the fewest negative points in the school, showing great maturity.

I am incredibly proud of their commitment and hope to see this standard continue as they move into Key Stage 4.

Upcoming Events:

The Summer Term is packed with exciting opportunities, including:

- Year 9 Enterprise Day: Students will act as "school fete" organisers for local primary schools.
- End-of-Year Reward Trips
- Sports Day: Their final one!
- Year 9 Graduation: A wonderful way to conclude the term, where all Year 9 parents and carers are invited!

If you require any further information regarding the updates above, please contact me directly at gary.munro@southfieldsacademy.com.



Thought for the Week

"Surround yourself with only people who are going to lift you higher." — Oprah Winfrey

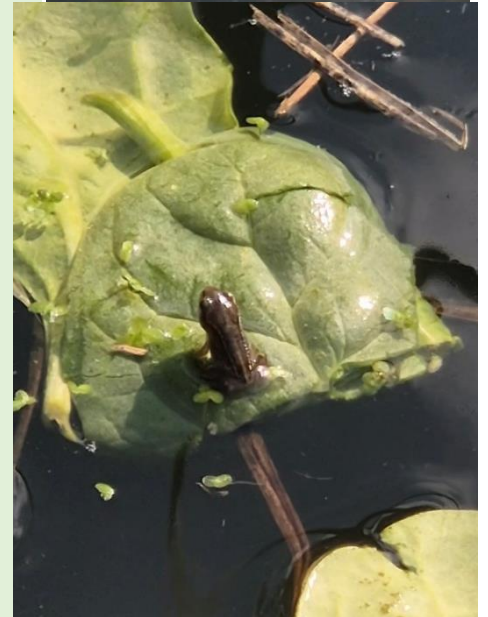
Froglet Update – Mr Clarke

Newsletter readers may remember there were some new additions to the science department in the form of tadpoles! As was predicted by our expert team of biology teachers, these tadpoles have indeed slowly turned in to frogs.

Students have loved watching the development of these tadpoles - they have become a firm fixture of the department and will be missed. Thank you once again to Keith, Declan and Raheleh for this initiative!

However, all good things must come to an end, and unfortunately these little amphibians are in need of a place to move. We need your help! Do you have a pond? Do you know anyone who has a pond? Do you just fancy a tasty snack? (For legal reasons, the last comment has been withdrawn.)

If so, please send your student in with a box so they can take some froglets and rehome them! If you would like any further details, please email me at jack.clarke-slimming@southfieldsacademy.com.



ADT – IG Update – Ms De Feo-Walsh

IG2 have completed two projects this term. The first was designing and making a desk tidy inspired by the Memphis movement, including creating artwork to finish and personalise the final piece. The second project was a culture viewing box inspired by the artist Joseph Cornell. Throughout both projects, students followed the full design process: researching, sketching, developing ideas, and producing their final outcomes. Along the way, they strengthened their drawing skills, gained confidence in using the workshop, and learned to handle a range of tools and machines safely and effectively. They have also developed their ability to communicate ideas and tell a story through their work.

We are very proud of the creativity, effort, and quality shown in their finished pieces.

Congratulations — مبارک شه (Pashto), Hambalyo (Somali), تهنينا (Arabic), Felicitades (Spanish), A jaaraama (Fulfulde), مبارک ہو (Urdu).

Dates for Your Diary

Monday 25th May 2026 – Half Term Begins

Monday 1st June 2026 – Academy Resumes

Thursday 18th June 2026 – IEAP Day

Thursday 18th June 2026 – IG Leavers' Celebration

Tuesday 23rd June 2026 – Year 13 Leavers' Celebration

Thursday 25th June 2026 – Year 11 Leavers' Celebration

Friday 26th June 2026 – INSET Day

Tuesday 30th June 2026 – Year 6 Induction Day

Riverside Radio and Sarah Crossan – Ms Reynolds

On Thursday, 30th April, Riverside Radio broadcast their breakfast show live from Southfields Academy to celebrate The National Year of Reading. The hosts, Jason Rosam and Alison Palmer interviewed some of our staff- asking what their favourite children's books were when they were growing up-and how our school community promotes reading for pleasure across all year groups.



The Riverside Radio team also invited a group of our students to speak on the show to discuss their passion for reading. All involved enjoyed this incredible opportunity and they showed remarkable enthusiasm and professionalism throughout the experience.

It was wonderful to see the confidence of the students who were interviewed as they stepped up to the microphone and represented the school so brilliantly. The feedback from the radio team was overwhelmingly positive—they were impressed by our students' communication skills and maturity when responding to questions.

Southfields Academy is very proud of everyone involved for embracing this unique opportunity and making it such a success!

As if having a local radio station broadcast live from the school wasn't enough, on the same day we were also thrilled to welcome Sarah Crossan, the multi-award-winning author, for a very special visit.

Crossan is best known for her novel *One*, which won the VILIP Carnegie medal and YA Book Prize in 2016. Some of her other popular titles include, *The Weight of Water* and *Apple and Rain*.

After speaking on the radio, Sarah Crossan delivered a presentation to all of our Year 10 pupils. This hour was filled with discussions about poetry, writing in verse and the appreciation of language constantly changing and adapting.

Crossan also gave the audience a deeper understanding about her latest release- April's Book of the Month at Waterstones bookstore: *Gone for Good*.

The presentation ended with every Year 10 pupil being gifted a signed copy of Crossan's new thriller- courtesy of Book Clubs in Schools- who were celebrating their birthday that day too!

Sarah Crossan enjoyed visiting Southfields Academy so much, she extended her time at our school to spend break time with the Year 10s.

Many asked her about her journey to become an author and how she plans for new writing projects.

Some wanted extra tips on ways they can improve their own creative writing when sitting English Language Paper 1 assessments.

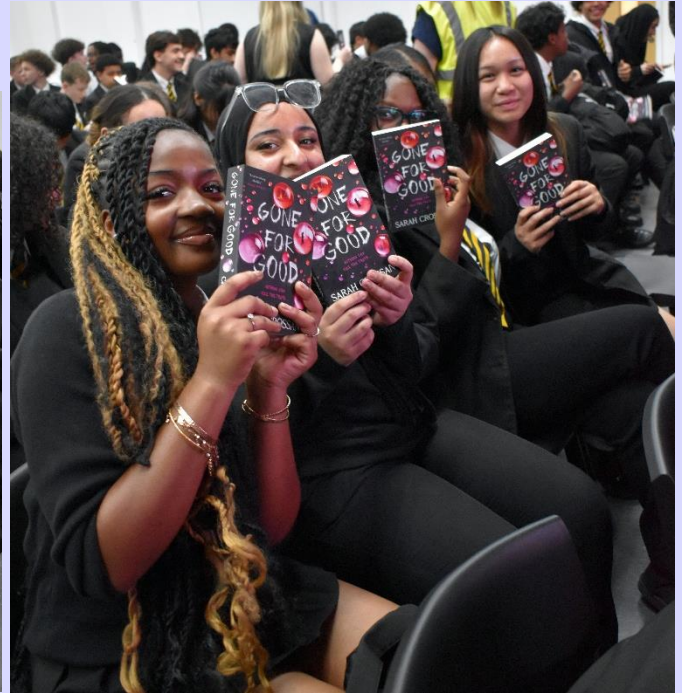


Riverside Radio and Sarah Crossan continued...

All Year 10 pupils left the assembly hall feeling inspired and excited about reading Crossan's new novel and were eager to follow the new tips gained to write their own stories.

These events highlight the importance of reading - not only as a key skill- but as a source of joy, imagination and connection. We encourage families to continue this celebration at home by reading together and talking about books your child/children enjoy.

We would like to thank Book Clubs in Schools for the 175 copies of *Gone for Good* they bought for our school. Our relationship with the organisation has been going strong for over a decade and we look forward to working with them further.



Creative Writing – English Department

This week, the English Department is sharing the first of several entries to the Wimbledon Bookfest 2026 Young Writers Competition. Students were given a 500 word limit to write either a story or a poem, and the competition is open to all students – from KS1 to Sixth Form.

Jayden Permejo (07TON) chose to interpret this year's theme, 'The Light,' with a charming poem about moonlight and the hushed beauty of the night-time world. We look forward to several more Wimbledon Bookfest submissions in the coming weeks!

While the sun sets, it paints the sky with its golden gleaming tint.
As the moon ascends, obscuring the land below, it mounts its silver self into the sky.
The sun takes its final look above the hills descending below as the moonlight spills across the meadows,
enchanted by the grace of the moon.

The charm of the moonlight causes many critters to dream.
The world finally softens to a silent, soothing state of itself.
It is beautiful isn't it?

The breeze blows throughout the abandoned fields, they begin to awaken with wild animals.
While the clouds in the skies dissolve quietly, as shining stars begin to appear.
Many unfamiliar creatures emerge under the celestial crescent, guided by the radiant light that showered
down from the heavens.

The once barren skies and lands swiftly begin to prosper in unusual creatures.
The light guides us to reveal what is underneath the blanket of the dark.
It is beautiful isn't it?

The bustling streets become hushed and cleared.
The once hectic mall turns still and serene.
While the restless cities soften into stillness.
It is a perfect time to go out, to have fun, to look back at the ethereal moon.
It is beautiful isn't it?

The shining stars, the magnificent moon, the **light**, woven together like a piece of fabric creating the
stunning skies.

Skies illuminated by the moonlight and the lands that thrive with wildlife.
It creates calmness in the air as the light makes everything visible.
It's beautiful isn't it?

The Lime Hawk Moth

Spotted by two of our Y7s, Denis and Nana - a Lime Hawk Moth!

The boys proudly shared their find with their science teachers, who have praised their keen eye for natural world around us!

Future Attenboroughs in the making!

The Lime Hawk Moth is recognised by its scalloped, olive-green and pinkish-buff wings. Adults emerge from May to July, with sightings often occurring in urban areas... so keep your eyes peeled!



Wandsworth Athletics Championships – Mr Munro & Ms Maguire

On Thursday, our Year 9 athletes headed to Battersea Park for the annual Wandsworth Athletics Championships. It was a fantastic day of sport, with twelve of our students competing against a wide range of secondary schools from across the borough in various track and field events.

Our students conducted themselves superbly throughout the day. Every individual stepped up to compete in at least two events, with several taking on three! What was even more impressive than the physical effort, was the team spirit on display. When they weren't on the track or in the field, our students were vocal in cheering on their teammates.

It is a testament to the supportive culture building within this year group, and as both their PE teacher and Head of Year, I couldn't be more proud of them.

Notable Achievements

While everyone performed brilliantly, we would like to give a special mention to:

Yousuf: 2nd Place in the Shot Put Final

Perle: 1st Place in the 100m Heat & 3rd Place in the Final

Boys Relay Team: 3rd Place in the Final

Lurdes: 3rd Place in the 100m Heat

Well done to all involved for representing the school so well!



The London Dungeon – Ms Hodgson

On 7th May, the Year 10 Travel and Tourism students visited The London Dungeon as part of their learning for Component 2, focusing on meeting customer needs and tourism trends. As well as being educational through exploring the history of London, the experience was also thrilling and immersive. The theatrical performances were incredible, keeping everyone on edge - and there were certainly plenty of screams!

We also had time to explore a bit of the South Bank and enjoyed lunch on the green. It was a fantastic visit, with all students fully engaged and representing the school exceptionally well.



Mental Health Awareness Week 11-17 May 2026

Take action:
for yourself, for someone else, for all of us!

Connect

with the people around you



Be active

discover an activity
you enjoy



Take notice

be aware of the world
around you



Keep learning

try something new or
rediscover an old interest



Give

do
something
good
for the
community



Next week is **Mental Health Awareness Week**. The theme this year is TAKE ACTION!

Like physical health, mental health is managed through action, not wishful thinking. Looking after ourselves sensibly (sleep, diet, exercise, etc.) might seem obvious, but many people do not realise that problems in these areas can greatly impact mental health.

The not so obvious actions are related to staying active within friends and family groups, our communities, and in our own brains. This means being connected and actively involved with a circle of people you care about (and who care about you!), and staying cognitively fit by learning new things and staying interested in life.

By modelling an active approach, you will show your kids how to be equally well in body and mind. However, if they are struggling in ways that make you feel out of your depth, Place2Be has some wonderful parenting resources (short articles and videos) that you can access [here](#). You can also contact your child's tutor if you'd like our pastoral support team to check in with them, or get in touch with our Mental Health Lead directly with any concerns: tricia.nearn@southfieldsacademy.com

Newsletter:

Please click to access the [25th Edition of the Careers Newsletter](#) and learn about careers relating to Space. There is also a couple of opportunities to learn how to [make your CV](#) as good as it can [possibly be](#), and to sign up for webinars/talks to and

Work Experience Help:





Our **Year 10 students** have their **Work Experience Week 2026 in July: 6th – 10th July 2026** and they are looking for placements. **Please let the [Careers Team](#) know if you have any contacts who could help us.**

[Uptree](#) is an organisation which gives students from Year 10 – Year 13 access to summer Industry Insight Webinars, Work Experience opportunities – sign up on link attached

[Career Compass](#) offers similar opportunities for Sixth Form students





Events	May	June	July	August
Parent Workshops ALL events are online via Microsoft Teams (due to ongoing building works and refurbishment of the SEND & Inclusion Hub on Seward Road)	Social Stories and Comic Strip Conversations Wednesday 20 th May 10am-11:30am  With Barbora Slosarikova (Speech & Language Therapist)	Supporting Sleep Friday 12 th June 1pm-2:30pm  With Emma Dreyer (Occupational Therapist)	Navigating puberty, sex and relationships with autistic teenagers Thursday 9 th July 10am-11:30am  With Charlotte Richardson (Family support worker) and Andrew Trigg (autism advisor)	EBSA: Supporting school attendance through exploring values and motivation Tuesday 11 th August 10am-11:30am  With Dr Mollie Higgins (Educational Psychologist)
Coffee Mornings The last Wednesday of the month with Charlotte Richardson (family support worker)	Autism Parent Support Group Online via MS Teams Wednesday 27 th May 10:30am-12:00pm	Autism Parent Support Group Online via MS Teams Wednesday 24 th June 10:30am-12:00pm	Autism Parent Support Group Online via MS Teams Wednesday 29 th July 10:30am-12:00pm	Autism Parent Support Group Online via MS Teams Wednesday 26 th August 10:30am-12:00pm

Please contact: AutismAdvisory@wandsworth.gov.uk with any questions or queries

JOIN US FOR A CUPPA



Want to ask for advice, share strategies, or simply let off steam with those who get it?

Meet other Parents/carers and join **Her, Me & ADHD** for a cuppa as we build community, connection, and understanding.

When: Monday 11th May 2026 **Time:** 10:15AM – 11:45AM

Where: Henry Prince Clubroom, SW18 4UN

Book a space now:
<https://forms.office.com/r/9XwFBhPlpG>





For parents and carers of young people with ADHD/on the assessment pathway who live or go to school in Wandsworth.

[@HERMEADHD](https://www.instagram.com/HERMEADHD)

ACTION

FOR YOURSELF.
FOR **SOMEONE ELSE**.
FOR **ALL OF US**.



**MENTAL
HEALTH
AWARENESS
WEEK**

11-17 MAY 2026

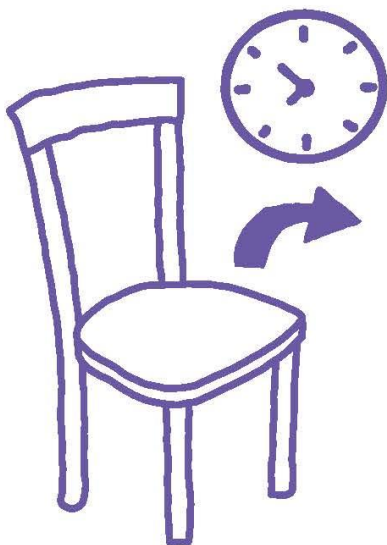
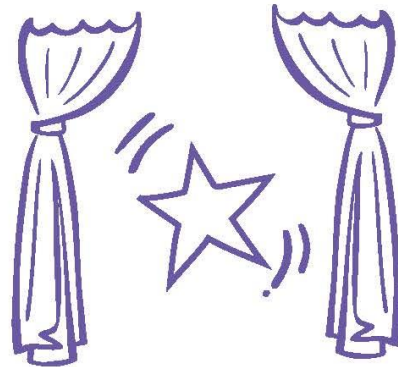
Ten quick actions to boost your mental health

Quick, easy daily habits are a great way to boost your mood and wellbeing, even on days when your energy levels might be low.

Here are ten quick actions to try that may improve your mood and mental wellbeing.

1. OPEN THE WINDOWS

For a quick mental health boost, try opening your windows. Letting fresh air in and stale air out can allow natural light to come in, help you feel closer to nature and lift your mood.



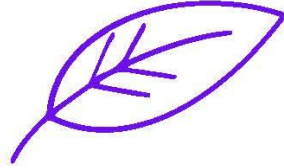
2. TRY CHAIR YOGA

Chair yoga lets you enjoy the health benefits of yoga while sitting down. It's a great way to reduce stress quickly, help you sleep, and improve mood fast.



3. HEAD OUTSIDE

Spending time in nature is linked to lower stress levels, improved mood and better concentration. Even brief outdoor activities like a walk in a local park, gardening or sitting in a green space, can provide real benefits.



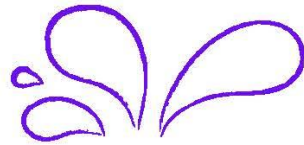
4. TRY A MINUTE OF MINDFULNESS

When we're stressed or anxious, mindfulness can be a great way to break the cycle and bring ourselves back into the moment. You don't have to spend ages doing it to feel the benefits.



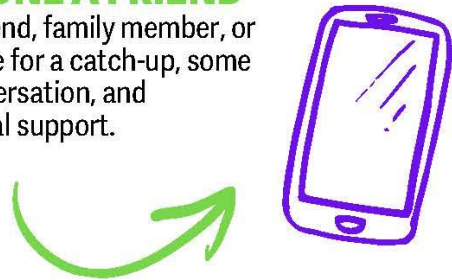
5. DRINK WATER

Staying hydrated can help you concentrate, improve short-term memory, and boost your overall mood, making it one of the simplest mental wellness tips.



6. PHONE A FRIEND

Call a friend, family member, or loved one for a catch-up, some fun conversation, and emotional support.



7. TRY A BREATHING EXERCISE

Deep breathing exercises can bring instant stress relief and relaxation, as well as help you get a better night's sleep.



8. CREATE A RELAXING BEDTIME ROUTINE

Good quality sleep helps your brain work better, improves your mood, and is good for your overall health. Having a pre-sleep ritual, something as simple as settling down in bed with a book and a warm decaffeinated drink, can help you wind down ready for sleep.



9. PRACTICE GRATITUDE

Remind yourself each day of three things you are grateful for.



10. BE KIND TO YOURSELF

If you're finding it hard to cope in the moment, try not to beat yourself up. Instead, aim to appreciate or celebrate the smaller things you've done.



Everyone deserves good mental health.
For more tips and information visit [mentalhealth.org.uk](https://www.mentalhealth.org.uk)