



Ethos statement: We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

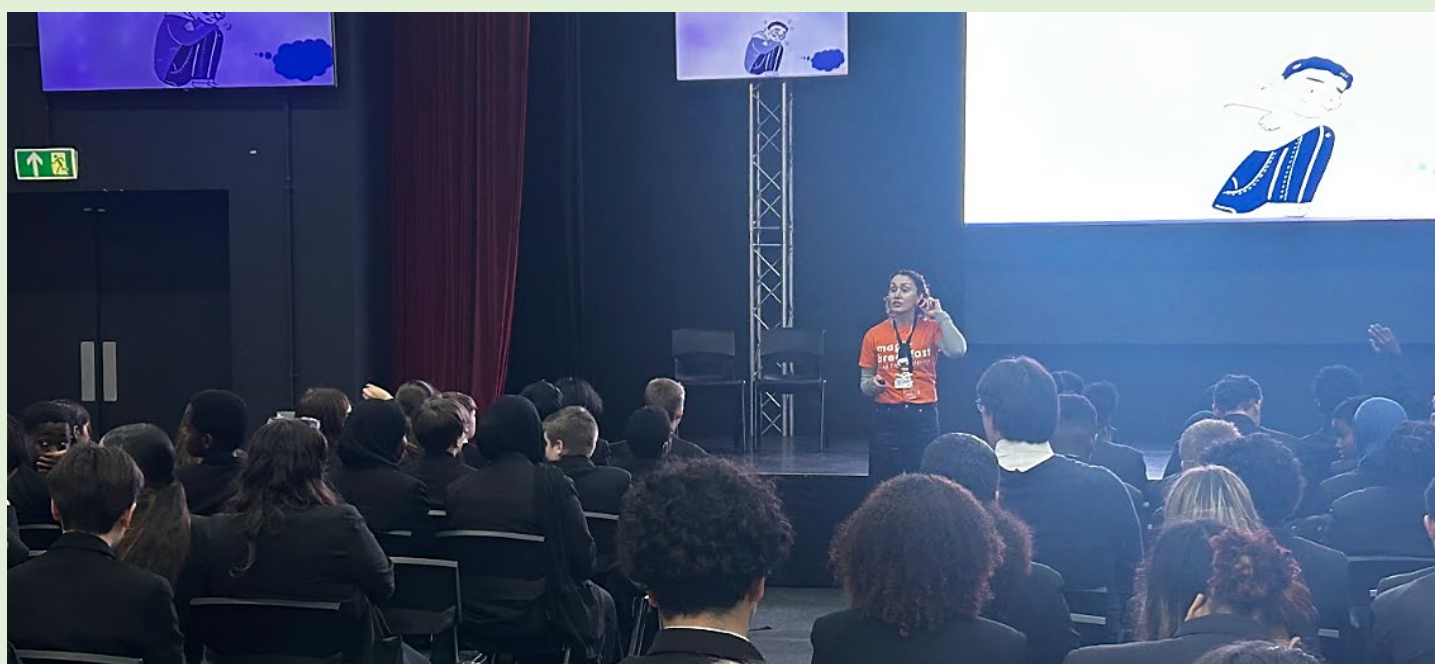
Year 8 Newsletter - Ms Gbolonyo and Mr Salter

'Magic Breakfast'- Guest Speaker Assembly

Last term, Year 8s had the pleasure of hosting Lucy Freer from the 'Magic Breakfast'. She delivered an engaging talk about the importance of eating a well-balanced breakfast and the impact of skipping breakfast.

Lucy shared interesting statistics that approximately 30% children skip breakfast and the impact this can have on concentration and energy levels throughout the day. Lucy left students with a challenge to reflect on one thing Year 8s can change to their daily breakfast routine.

All students can continue to receive free breakfast in the canteen from 7.35-8.10am every morning.



National Careers week

To celebrate national careers week (2nd March-7th march), the careers department have put together an exciting event on Thursday 5th March 2026. Year 8s will be given the opportunity to meet a range of employers from different careers in our 'Meet the Employers' workshop.

The careers team and Year 8 team are looking forward to seeing the inspirational questions students ask employers and the actions they take following the session.

Student led tutor sessions

Following the last IEAP day, Year 8s have engaged high quality group work on selected pastoral themes that they decided would benefit their tutor groups. Throughout the spring term students have led tutor sessions to their peers on various themes including financial literacy, kindness, friendship, healthy lifestyle, discrimination, bullying, road safety and so on.

The Year 8 team have been incredibly impressed with the quality of the preparation, team work and delivery of these sessions.



Thought for the Week

“The content of a book holds the power of education and it is with this power that we can shape our future and change lives.” – Malala Yousafzai



Jack Petchey Ceremony – Mr Salter

We are delighted to celebrate two of our outstanding Year 8 students who have been honoured with the prestigious Jack Petchey Award, presented by the Jack Petchey Foundation. This award recognises young people who demonstrate exceptional commitment, leadership, and positivity within their school community.

The students recently attended a special awards ceremony at the Wandsworth Civic Suite, where they were recognised alongside other inspiring young people from across the borough. The evening was a wonderful opportunity to celebrate their achievements and the positive impact they continue to make in school.

We are incredibly proud of their hard work, dedication, and the example they set for others. Congratulations to Alicia 08HAD, and Alia 08HAD on this fantastic achievement!

International Women’s Day Competition

♥ Design an International Women’s Day Poster! ♥

🎨 Get creative

🏆 WIN A PRIZE!

📺 See your poster displayed around school!

Deadline: Friday 6th March 2026

Find more details on your PE Google Classroom



International Women’s Day Sports Festival

Monday 9th March | 3:00–4:30pm

🌟 **GIRLS ONLY SPORTS FESTIVAL** 🌟

Celebrate women in sport with an afternoon of fun, friends & fitness! ♥

🏐 Volleyball

🏀 Basketball/ Benchball

🗣️ Who Runs the World Cheer Workshop

🏊♀️ Trampoline

Be active. Be confident. Be powerful. 💪🌟



Creative Writing – English Department

For this week's letter, Kymani Edwards (11SMH) has written an amusing, but also thoughtful, letter to an editor of a newspaper, reflecting on our modern celebrity culture. Well done Kymani for his skillful use of humour and imagery! This is especially impressive as he wrote the letter in exam conditions.

Dear Editor,

My name is Señor Timbletops. I believe it is no unknown fact that the modern scene of celebrities is like a lineup of clones. Every celebrity nowadays has the same features; hair as smooth as silk, flawless makeup you'd suspect the person you're looking at is partly - if not wholly - artificial - the whole 9 yards. The problem is you never see anyone disobey the unwritten rules of being a celebrity. While I don't intend to toot my own horn, as a rather well-known fellow myself believe me: I know precisely what I'm talking about. Allow me to explain.

I don't mean to discredit my peers from the scene of well-known individuals, but it is not uncommon for celebrities to be attractive. In general, something attractive is subjective to the beholder, but the unspoken conventions of being attractive are the common denominators in almost every famous person you'll bear witness to. Recently, I ran a survey to the hundreds upon thousands of my loyal fans, questioning who their favourite celebrity was and why. While I was expecting to see my name in great abundance, (disappointingly, not the case) the names I received were no shock. There was no man or woman among the results whose names came under any reasoning other than: "She's so wonderfully skinny" or "she's got a rather large posterior" or maybe even a question about her (or his) makeup. These "positive" comments upon the physical appearance of celebrities is exactly the reason why there is very little variety in our celebrity lineup: people fear the prospect of their natural appearance not conforming to the unfair, unrealistic gender standards set by society that supposedly dictate whether you're allowed to be famous or not, and steers people away from rightfully pursuing their dreams.

While I have spoken to you thus far as a friend, I must unfortunately shift the tone of this letter; many celebrities are bad people. By "bad" I don't mean whatever slang the word means nowadays, I mean *bad*. Face value. Celebrities tend to take on this unhealthy tendency of letting their fame bloat their heads like a balloon of pure, rancid ego. This ego is a weed; it blooms in your brain, competing against your better judgement, and it typically finds itself the victor. Famous people who lose the mental feud against their hubris find themselves ensnared in the tendrils of trouble: murder, assault, fraud - the list knows no bounds. It is something that many of us refuse to acknowledge to let ourselves succumb to the bliss of "innocent" ignorance.

Well - that was a lot. I don't mean to pry open your ear and hurl a storm of negativity inside, but things like this must be addressed to be overcome. I've mentioned what a celebrity should and shouldn't be, so what **should** they be? It's important to be humble. You should never let fame corrupt you, no matter how euphoric the sensation of a fanbase is (trust me, I'd know). You should use your influence purposefully by spreading awareness of real world issues and events. People are more likely to listen to someone who they idolise over some bloke with a cause and no knock-on-effect with his words. Even the basics are important: be kind, compassionate, brave, upstanding, uplifting. It can all be summarised in one phrase: "*be a role model*".

All-in-all, it boils down to a simple moral code. Everyone is human, including those who may look so unbelievably attractive you think they're a figment of your imagination. You should consider everyone equal. Whether you're an apprentice of Aphrodite or a rather "mediocre" person in the department of physicality, it makes no difference. Fame is deserved by those who possess the nature required to be famous, not someone who builds the foundation of their platform off of great looks or something trivial or vain.

Yours sincerely,
Kymani Edwards

Run Club – Ms Toffolo

I have won a teacher's place in the **London Marathon on Sunday 26th April** - better get training! I'm absolutely terrified but part of my reason for applying was to inspire my tutor group, many of whom navigate daily battles with ADHD, anxiety or chronic medical conditions. I want to show them competing in a marathon isn't just a personal milestone, it's a vehicle to build resilience and goal-setting.

By sharing the raw "highs and lows" of my training, I want to show them the grit required to tackle daunting challenges and the importance of self-belief – **students should keep an eye on the noticeboard outside A326 for updates on my journey!**

9TOO and I, with the support of Ms Hoy, Mr Hayman and Mr Robertson, will be starting a **run club every Tuesday at 3:15pm** – starting next week!

This is open to all year groups no matter their sporting ability!

We will be going around King George's park and students can go at any speed they like for as long as they like.

Run club is designed to encourage students to take a few minutes out of their day to step away from a screen, have a chat with another student or staff member, and take some time outside.

9TOO will also be organising some **competitions** and **fundraising** so please ask students to keep their eyes peeled over the next few weeks!

STAFF AND STUDENT RUN CLUB

ALL YEARS AND ABILITIES WELCOME!



**RUNNING THE LONDON MARATHON
SUNDAY 26TH APRIL**



WITH MS TOFFOLO AND SPECIAL GUESTS...



AND MORE!



every Tuesday



3:15pm start



meet on the tennis court



MR ROBERTSON

MS HOY



MR HAYMAN

**choose your distance
1.2km or 3km loop,
all abilities catered for**

RUN FOR ENJOYMENT!

***must wear appropriate running shoes and clothing**

Dates for Your Diary

Wednesday 4th March 2026 – Year 9 Parents' Evening
Wednesday 25th March 2026 – Year 11 Parents' Evening
Friday 27th March 2026 – INSET Day
Monday 30th March 2026 – Start of Easter Holidays
Monday 13th April 2026 – Academy Resumes
Monday 4th May 2026 – May Bank Holiday

**FREE school
breakfast available
here!**

**Served each day from
7.30-8.15am in the canteen**



**magic
breakfast**

SEND Support Explained

SEND Support Explained – Parent / Carer Session Wednesday 4th March 10:00 – 12:00 at Providence House, 138 Falcon Road, SW11 2LW.

Participants will discuss what to expect if their child or young person is receiving SEN Support, Ordinarily Available Provision and the SEN Support Cycle.

There will be time to share views and ask questions. Please note that this session is not suitable for families of children with EHC plans. Book via this link: <https://www.eventbrite.co.uk/e/sen-support-explained-tickets-1980863265350?aff=oddtcreator>

Upcoming Events For Secondary Parents Spring Term 2026

Supporting your teenager's mental health webinars

2ND MAR 26
7 PM - 8 PM



Supporting your
teenager with Exam
Stress (Years 11-13)

[SCAN OR CLICK HERE](#)

3RD MAR 26
12:30 PM - 1:30 PM



[SCAN OR CLICK HERE](#)

9TH MAR 26
1 PM - 2 PM



Conflict, Communication
and Compromise - the
teen years

[SCAN OR CLICK HERE](#)

12TH MAR 26
7 PM-8 PM



[SCAN OR CLICK HERE](#)

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)



Making Life
Better Together



wellbeinginschoolevents@swlstg.nhs.uk

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

Education Wellbeing Service Webinar

Supporting your teenager with Exam Stress in the run up to big exams (Years 11-13)

Upcoming GCSE & A level exams (as well as BTECs etc) can be a stressful time for your teenager.

This workshop talks through some of the common challenges many young people face when their stress around revising or sitting an exam becomes too much. It will also cover how, as a parent or carer, you can best support your child to manage these feelings and do their best.



Education
Wellbeing
Service

DATE / TIME

Monday 2nd March
7.00-8.00pm



Scan the
QR code
or
click here

LOCATION

Online - Hosted on Teams

Sign up to either event
for free on Eventbrite
by scanning the QR Code.

You can also check out
our other events by
clicking here

wellbeinginschoolevents@swlstg.nhs.uk

DATE / TIME

Tuesday 3rd March
12.30-1.30pm



Scan the
QR code
or
click here

Education Wellbeing Service Webinar

Conflict, Communication and Compromise - The Teen Years

This online workshop is designed for parents navigating the challenges of raising teens. Discover strategies to manage conflicts at home, gain insights into the teenage brain, and learn how to handle big emotions effectively.

This workshop will equip you with practical communication tools to build a stronger, more understanding relationship with your teen.



Education
Wellbeing
Service

DATE / TIME

Monday 9th March
1.00-2.00pm



Scan the
QR code
or
click here

LOCATION

Online - Hosted on Teams

Sign up to either event
for free on Eventbrite
by scanning the QR Code.

You can also check out
our other events by
clicking here

wellbeinginschoolevents@swlstg.nhs.uk

DATE / TIME

Thursday 12th March
7.00-8.00pm



Scan the
QR code
or
click here