



# Southfields Academy Weekly Newsletter

## Monday 19<sup>th</sup> January 2026



**Ethos statement:** We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

### Year 9 News – Mr Munro

Happy New Year Happy New Year to you all! I hope you enjoyed a wonderful winter break with your family and loved ones. It has been a pleasure to welcome Year 9 back to school; they have returned with a fantastic sense of motivation and a clear readiness to succeed.

#### Core Assessments:

This week, Year 9 completed their core assessments in English, Mathematics, and Science. These exams are a vital stepping stone as we look toward Key Stage 4. I am delighted to report that the entire year group took these assessments incredibly seriously. Every pupil arrived fully equipped and their behaviour was impeccable throughout.

In fact, several members of the Senior Leadership Team specifically approached me to praise the year group's maturity. I was thrilled to pass this feedback on to the students, as it was very well deserved. If they maintain this focused attitude, they will be in an excellent position as they transition into Key Stage 4.

#### Foundation Assessments:

Next week, students will undertake assessments in their foundation subjects. Given their exemplary conduct this week, I am confident they will bring that same level of maturity to these exams. These assessments are particularly important as they relate to the subjects pupils may wish to select for their GCSE options; performing well here will help ensure they have the best opportunity to secure their preferred choices.

#### Options Week & IEAP Day:

Next week is also Options Week, a time for students to fully immerse themselves in the decision-making process.

We have a variety of exciting activities planned to help them make informed choices, including:

- A special Options Assembly.
- Q&A sessions with Year 10 Options Ambassadors.
- An Options Fair where pupils can speak directly with teachers about KS4 subject content.

The week culminates in our second IEAP Day on Thursday, 22nd January. This day is dedicated entirely to the options process.

#### Preparation for IEAP Day:

- Presentation: Pupils must prepare a short presentation on the three options they would like to take and why. They should consult the Options Booklet to complete this effectively.
- Aspirations Task: Students need to identify one future aspiration or interest to share with their tutor. This task is now live on Google Classroom, and we encourage you to discuss this with your child.
- Parent Meetings: You are warmly invited to attend the IEAP Day meetings, which consist of individual 15-minute appointments.

### Important Dates

IEAP Day 22nd January 2026

Year 9 Options Evening 4th March 2026

Options Form Deadline 5th March 2026

This is an exciting term for Year 9, and we value your engagement during this process. If you have any questions, please do not hesitate to contact your child's tutor or email me directly at [gary.munro@southfieldsacademy.com](mailto:gary.munro@southfieldsacademy.com)



## Thought for the Week

“The process of learning requires not only hearing and applying but also forgetting and then remembering again.” —John Gray

### Bebras Challenge – Mr Shillingford

At the start of November, 526,915 students across the UK, from Year 2 to Year 13, participated in the Bebras Challenge. The challenge introduces computational thinking through a series of engaging, age-appropriate tasks designed to develop logical reasoning and problem-solving skills.

At Southfields, 324 students across Years 8 to 12 took part in the challenge, with five students achieving a Gold Certificate, meaning they were in the top 10% nationally for their age group.

Well done to our Top 10 students:

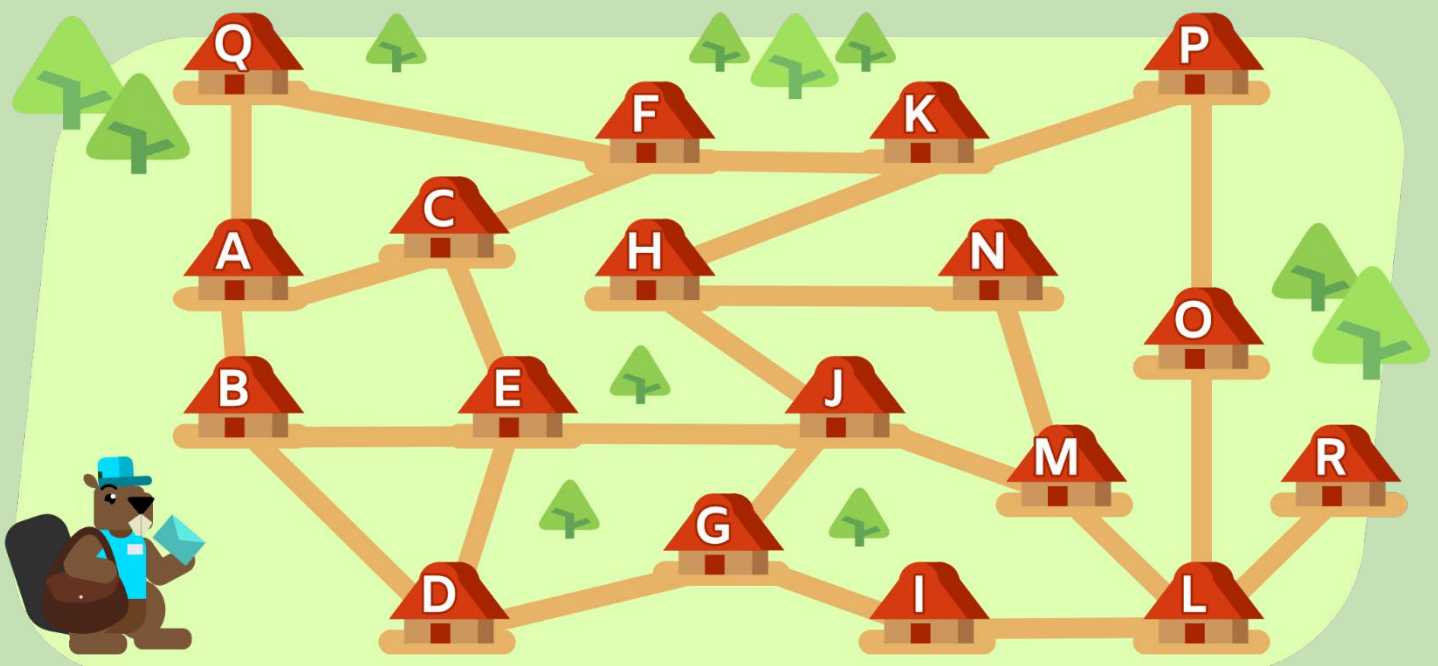
1. Pelham 11BZI - 159 – Seniors – Gold Certificate
2. David 11GLH - 154 – Seniors – Gold Certificate
3. Izel 11BZI - 121 - Seniors– Gold Certificate
4. Mattia 10FBR - 116 - Seniors
5. Abdelrahman 10FBR - 114 - Seniors
6. Aliza 09SWN - 109 – Intermediates – Gold Certificate
7. Waleed 10LAN - 108 - Seniors
8. Safir 12PTN - 108 – Elites – Gold Certificate
9. Mahid 10QTP - 104 - Seniors
10. Dabeer 10CRT - 104 - Seniors

Can you solve one of the Senior challenges?

There are 18 villages on Beaver Island, as shown in the picture below. Each village has many mail carriers; whenever a village needs to send a message or receives a new one, its mail carriers will deliver the message to all connected neighbouring villages on the next day.

For example, if Village A sends a message, it takes 1 day for the message to reach Villages B, C, and Q. It takes 2 days to reach D, E, and F; and so on, until all villages have received the message.

If a new message starts from Village J, how many days does it take to reach all villages?



## Creative Writing – English Department

*This week's, the English Department entry comes from Amelie Epitime (07AAD) and her vibrant creative writing about an Enchanted Forest. Amelie carefully expands on the Year 7 work studying William Shakespeare's play A Midsummer Night's Dream, which itself is a story of fairies and magic and curiosity, and adds her own imagination of what that setting would be like. Amazing job, Amelie!*

As I dragged my feet through the dry, depressing forest, amidst all the darkness, I saw something shimmering on the horizon. I started to sprint towards it, desperate to see what this hope of life was. I started to slow down as a curved wooden doorway, surrounded by lush bushes and a crown of pastel flowers, looked down on me. I slowly twisted the golden doorknob to reveal a magical land with mountain snow tops reaching the clouds and trees as tall as skyscrapers. Spiralling around the dark oak tree were clumps of moss. Haloed around its base were a lovely assortment of different coloured flowers, guarded by cute, little fairies. Colourful leaves crunched under my feet as doors in fallen branches opened to reveal fairies in their homes. Tiny voices filled the forest as they clamoured around to understand what the commotion was. I ran, not wanting to attract more attention to myself. Finally, I reached a shimmering lake with fish jumping in and out. That's when I saw a lovely, homey cottage right by it. I walked towards the light, wooden door and looked through the small, stained-glass window at the top before knocking. No answer. I knocked again. Still no answer. Convinced no one was home, I twisted the doorknob. The inside was similar to the one before. After a few minutes of looking around the place, I decided I wanted to live there. I mean, who wouldn't? I took one last glance at the breath-taking view in front of me before dozing off, the setting sun reflecting onto the glistening lake visible from my window.

## Football Trials

**Sporting FC are looking for players from current school years 9 and 10, who would like to train and play matches with us this season. If interested please attend our open training sessions every Thursday at Furzedown Rec, Ramsdale Road, SW17 9BP. We also have other year groups.**

**Years 9  
(5pm to 6pm)**

**Years 10  
(6pm to 7pm)**

**Please contact Coach Amin for more details!**

**Email: [aminmiah@zoho.com](mailto:aminmiah@zoho.com)**

**Phone: 07552 943050**

**Twitter: @sportingjfc**

**[www.sfdlondon.com](http://www.sfdlondon.com)**



**All coaches are FA Qualified and DBS checked.  
Sporting FC are a FA Charter Standard Club.**

## EXTRA CURRICULAR / STUDY SUPPORT – Spring Term 2026

Day	Subject	Support/activity	Venue	Teacher	Year information	
<b>Monday</b>	PE	Dance & Cheer	Dance Studio	Ms Lanning	All Years	
	PE	Basketball (Years 7 – 9)	Sports hall	Mr Purens	Years 7 - 9	
	PE	Football (Year 7)	Astro	Mr Boyce	Year 7	
	PE	Football (Year 10)	Astro	Mr Boyce	Year 10	
	PE	Brazilian Jiu-Jitsu	Activity studio	Mr Hillman/Robertson	KS 4 & 5	
	PE	Year 12 & 13 Booster	B080	Ms Nilsson	Years 12 & 13	
	<b>4.30-6pm</b>	PE	AFC Foundation – 6 <sup>th</sup> Form	Astro	AFC Coaches	Selected
	Chess	Chess club	A227	Mr Spencer	All Years	
	Music	GCSE and Band club	Music dept	Mr Q	Break 2	
	Science	Science Club	Labs	Mr Abdirahim	Years 7 & 8 (Break 2)	
<b>Tuesday</b>	PE	Gym (Girls Only)	Fitness Suite	Ms Lenton	Girls only	
	PE	Pickleball	Sports hall	Ms Nearn	Years 7 - 10	
	ADT	Art club	B155	Ms Preston	KS 3 students	
	ADT	Photography club	B156	Ms Darby	KS 3 students	
	Music	GCSE and Band club	Music dept	Mr Q / Mr Pinder	Break 1 & Break 2	
	Wellbeing	Board & card games Club	D180	Ms Nearn	Years 7 - 9 (Break 2)	
	<b>Wednesday</b>	PE	Volleyball	Sports hall	Ms Lanning	All Years
PE		Gym Club (Year 9 & 10)	Fitness Suite	Mr Boyce	Year 9 & 10	
PE		Trampolining	Activity Studio	MS Watkinson	All Years	
PE		Booster – Year 11	B080	Ms Lenton	Year 11	
ADT		Homework club	B147	Mr Smith	KS 3 students	
English		6th form drop in	D288	Ms Hillier	6 <sup>th</sup> Form	
PSHE		Drop in for a Chat / support	D388	Ms Molloy	All Years (Break 1)	
	Science	Engineering Club	A301	Ms Croissant	Years 10 -13 (Break 1)	
<b>Thursday</b>	PE	Girls Football	Astro	Ms Watkinson	Girls only	
	PE	Badminton 4 All	Sports hall	Ms Croissant	All Years	
	PE	Swimming (girls only)	Pool	Ms Lenton	Girls only	
		Crochet club	Crochet club	A131	Ms Hoy	All Years (Break 1)
		History	Warhammer	A123	Mr Hillman	All Years
		Music	GCSE and Band club	Music dept	Mr Pinder	Break 2
		PSHE	Social Science research club	D385	Ms Hine / Ms Hill	KS 5 students
		Science	Gardening Club	A301	Ms Croissant	Break 2
		Wellbeing	Board & card games club	D180	Ms Nearn	Years 7 - 9 (Break 2)
	<b>Friday</b>	PE	Football (Year 8)	Astro	Mr Robertson	Year 8
PE		Football (Year 9)	Astro	Mr Munro	Year 9	
PE		Basketball (Years 7-11)	Sports hall	Mr Purens	Years 7 -11	
		Pride	Pride Club	A131	Ms Hoy	All Years (Break 2)

The Library is Open Mon-Fri. 7.30 – 3.30pm.

DHSC - Open break 1 every day and Break 2 Wednesday to Friday. Homework club period 6 on Wednesday and Thursday. Film Club period 6 on Fridays.

International Group Homework club – Tuesday, Wednesday and Thursday P6.

Sociology – Individual drop in and break time revision sessions when required – Years 12 & 13.

No students should be on site unsupervised.

### Dates for Your Diary

Thursday 22<sup>nd</sup> January 2026 – Year 12 L2 Work Shadow Day

Thursday 22<sup>nd</sup> January 2026 – IEAP Day 2

Thursday 29<sup>th</sup> January 2026 – International Group Parents' Evening

Friday 30<sup>th</sup> January 2026 – INSET Day

Thursday 12<sup>th</sup> February 2026 - Year 7 Parents' Evening

Monday 16<sup>th</sup> February 2026 – Half Term Starts

Monday 23<sup>rd</sup> February 2026 – Academy resumes



For ages: **11-25**

Kooth is an online **mental wellbeing** community for young people

Here are some of the features young people can access on Kooth:



**Magazine**

The Kooth magazine shares personal experiences and tips from young people and our Kooth team



**Discussion Boards**

Young people can start or join a conversation with our friendly Kooth community, with lots of topics to choose from



**Chat**

Young people can chat with our helpful team about anything that's on their mind



**Daily Journal**

Young people can view their daily journal to track feelings or emotions and reflect on how they're doing



Sign up for free at **Kooth.com**

### Kooth Webinars for Parents: Anxiety & self-care

Kooth is a digital mental health provider offering free, online, anonymous support for young people. They also offer free webinars for parents on a variety of subjects. The next one is on supporting children with anxiety where you will learn:

- how to spot the signs of anxiety
- how to offer support if your child is struggling
- how Kooth can help.

There are two dates available. Please click the links below to sign up!

[Book 26th Jan](#)

[Book 28th Jan](#)

**Newsletter:**

Please click to access [12<sup>th</sup> edition of the School Careers Newsletter](#): We have loads more information on Apprenticeships, and a bit of a focus on Engineering and Infrastructure.

**Creative Careers:**

If your child is in KS4/KS5 then [Creative Dimension](#) has some amazing free workshops planned for teenagers over half term – it's all good content for a CV – Architecture, Enamelling, SFX for Movies, Butchery, Calligraphy, Jewellery, and much more...

**Work Experience Help:**

Our **Year 12 students** have their **Work Experience Week 2026 in February: 9<sup>th</sup> – 13<sup>th</sup> Feb 2026** and some of them are still looking for placements. Please let the [Careers Team](#) know if you have any connections who might be able to provide placements (ideally for the 5 days)



## Upcoming Events For Secondary Parents Spring Term 2026

**Supporting your teenager's mental health webinars**

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

**12TH JAN 26  
1 PM - 2 PM**

Screen Time, Social  
Media and gaming -  
what parents need  
to know

**14TH JAN 26  
7 PM - 8 PM**

**9TH FEB 26  
7 PM - 8.30 PM**

Supporting Siblings  
of Children with  
SEND

**10TH FEB 26  
1.30 PM - 3 PM**

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

[Click here](#)



Join our webinar on

**teenage vaccines**

**Join our upcoming information session to learn more about the vaccines that are offered to your child in year 8 and 9.**

**Tuesday 20 January**

**13:00 – 14:00**

**Scan the QR code to join the call!**



**WAAS**  
Wandsworth Autism Advisory Service

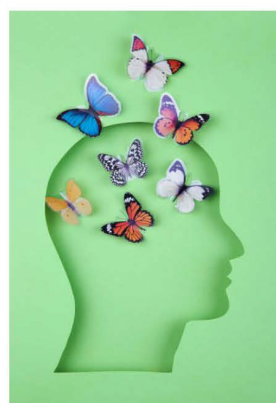
**What do course attendees say...?**

“As a mother of a newly diagnosed son, I found this course incredibly valuable, insightful, practical and beneficial.”

Our new one day course is intended as an introduction to autism, this includes:

- ☺ Promoting early communication skills
- ☺ Understanding sensory processing differences
- ☺ Reducing levels of anxiety through co-regulation strategies

...as well as understanding best practice in



Do you live in the London Borough of Wandsworth and have a recently diagnosed autistic child?

**P.A.C.T**

Parenting Autistic Children Together

Upcoming course date:

**Friday 23rd January 2026 10am– 2:30pm IN PERSON**

**Location:** Conference room 1A Wandsworth town hall,

Wandsworth High Street, London SW18 2PU

Refreshments (tea, coffee and biscuits) provided!

For course enquiries or to secure your place please email:

[Charlotte.Richardson@RichmondandWandsworth.gov.uk](mailto:Charlotte.Richardson@RichmondandWandsworth.gov.uk)

**Join our webinar on**

**teenage vaccines**

**Join our upcoming information session to learn more about the vaccines that are offered to your child in year 8 and 9.**

**Thursday 29 January**

**16:00 – 17:00**

**Scan the QR code to  
join the call!**



# JOIN US FOR A CUPPA



**Want to ask for advice, share strategies, or simply let off steam with those who get it?**

Meet other Parents/carers and join **Her, Me & ADHD** for a cuppa as we build community, connection, and understanding.

**When:** Monday 19th January 2026      **Time:** 10:00AM - 12:00PM

**Where:** Henry Prince Clubroom, SW18 4UN

***Book a space now:***

<https://forms.office.com/r/9XwFBhP1pG>



**HER, ME & ADHD**

For parents and carers of young people with ADHD/on the assessment pathway who live or go to school in Wandsworth.

 @HERMEADHD