



**Ethos statement:** We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

### Year 7 News – Miss Watkinson (HoY 7) and Mr West (DHoY 7) Welcome to Southfields Academy Year 7s!

The Year 7 team would like to take this opportunity to welcome Year 7 to the start of what is destined to be an exciting journey at Southfields Academy. The students have now completed their first full week of secondary school, and have made an incredible impression with their effort, manners and behaviour on not only the Year 7 team, but the wider school staffing body. On their first day, the students had a tour of the academy and learnt about our academy values which our community demonstrates every day. Over the last week, they have spent valuable time with their form tutor, met all their subject teachers, learnt about the importance of organisation and not to be afraid to ask for support in lessons if they need it. They have also had their tutor group photos taken, capturing moments that will become treasured memories as they move through their years at Southfields Academy.

Every Friday afternoon, we end our week with a year group assembly until 3:15pm. This is the perfect opportunity to recognise and praise individual students for their effort in lessons, excellent work and overall superb behaviour. It also allows myself and Mr West to recognise a tutor group that have performed exceptionally well over the duration of the week by rewarding them with an edible treat to enjoy at the start of their weekend, with the current champions of the week being 7ABM. The academy theme for this term is Kindness and we have also been recognising specific acts of Kindness in assembly. The students have shown their helpfulness, kindness and friendship and these acts have not gone unnoticed with winners due to be announced in assembly this week!

As I write this the year group currently have 1155 positives averaging 10.6 per pupil and I know this number will only continue to rise, with the winner of the week being announced in assembly. I have been incredibly proud of the year group since their start here and had several members of staff requesting a shout-out in assembly which is amazing! Well done Year 7!

As your child begins their time here, this platform will keep you connected to their progress and the school life they're experiencing. A reminder that your child's tutor will always be the first point of contact. We look forward to meeting you all on Thursday 18th September for our 'Meet the Tutors' evening.





# Thought for the Week

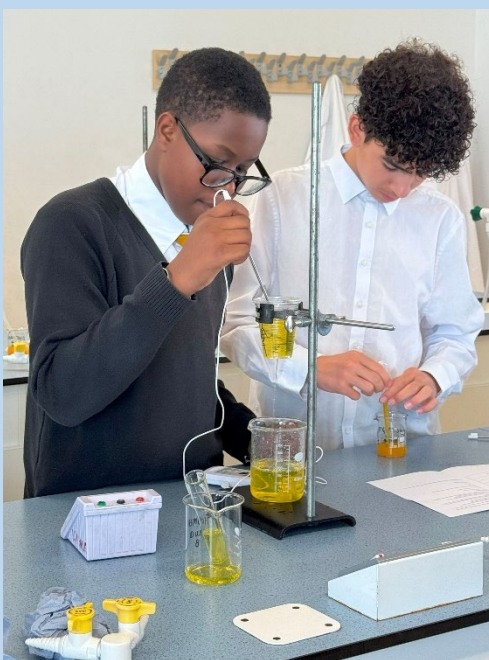
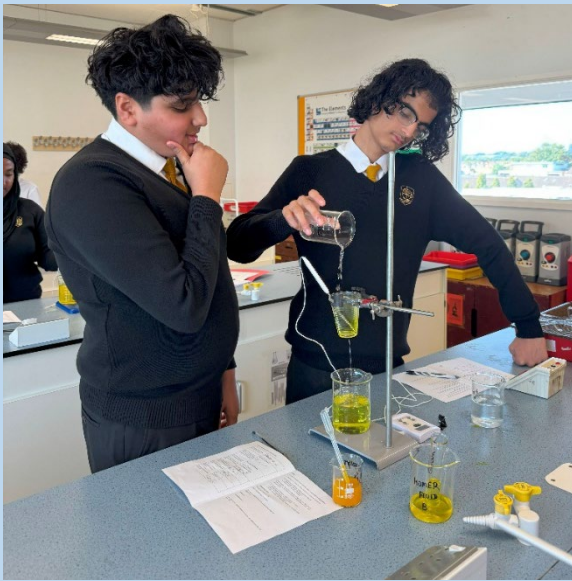
'Kindness can become its own motive. We are made kind by being kind.' - Eric Hoffer





## Year 11 Biology – Ms Toffolo

This week Y11 students got straight to work on a Simpsons-inspired Biology practical: "Homer-ostasis"! They were against the clock to keep Homer alive by maintaining his fluid levels, glucose and temperature, modelling how the body regulates its internal conditions.



## EXTRA CURRICULAR / STUDY SUPPORT – Autumn Term 2025

Day	Subject	Support/activity	Venue	Teacher	Year information	
<b>Monday</b>	PE	Dance	Dance Studio	Ms Lanning	All Years	
	PE	6 <sup>th</sup> Form Gym	Fitness Suite	Mr Sia	6 <sup>th</sup> Form	
	PE	Year 7 Football	Astro	Mr Boyce	Year 7	
	PE	Year 10 Football	Astro	Mr West	Year 10	
	PE	Year 7 & 8 Netball	Courts	Ms Lenton	Year 7 & 8	
	PE	Year 7 – 9 Basketball	Sports hall	Mr Purens	Years 7 - 9	
	PE	Brazilian Ju Jitsu	Activity studio	Mr Hillman/Robertson	All Years	
	<b>4pm – 5pm</b>	PE	Year 11 Football	Astro	Mr West	Year 11
	PE	Year 10 & 11 Basketball	Sports hall	Mr Purens	Years 10 & 11	
	Crochet	Crochet club	A131	Ms Hoy	All Years (Break 1)	
Maths	Chess club	A227	Mr Spencer	All Years		
Music	GCSE and Band club	Music dept	Mr Q	Break 2		
Science	Science Club	Labs	Science Staff	Years 7 & 8 (Break 2)		
Science	Gardening Club	A301	Ms Croissant	All years (Break 1)		
<b>Tuesday</b>	PE	Girls' Gym	Fitness suite	Ms Lenton	Girls only	
	PE	Pickleball	Sports hall	Ms Nearn	Years 7 - 10	
	PE	Gymnastics club	Activity studio	Ms Lanning	All Years	
	ADT	Art club	B155	Ms Preston	KS 3 students	
	Music	GCSE and Band club	Music dept	Mr Q / Mr Pinder	Break 1 & Break 2	
	Pride	Pride Club	A131	Ms Hoy	KS 3 & 4 (Break 2)	
	Wellbeing	Board & card games Club	D184	Ms Nearn	Years 7 - 9 (Break 2)	
	<b>Wednesday</b>	PE	Trampolining	Activity studio	Ms Watkinson	Years 7 - 10
PE	Indoor athletics	Sports hall	Ms Nilsson	All Years		
PE	Gym	Fitness suite	Mr Boyce	Years 9 & 10		
English	KS 5 L2 and L3 English/EPQ club	D288	Ms Hillier	6 <sup>th</sup> Form drop in		
PSHE	Drop in for a Chat / support	D388	Ms Molloy	All Years (Break 1)		
<b>Thursday</b>	PE	Girls' Football	Astro	Ms Watkinson	Girls only	
	PE	Badminton	Sports hall	Ms Croissant	All Years	
	PE	Rowing	Fitness suite	Ms Maunder	Year 10 only	
	PE	Gymnastics club	Activity studio	SWL Gymnastics	All Years	
	<b>4 – 5.30pm</b>	PE	6 <sup>th</sup> Form Football	Astro	Mr Markland	6 <sup>th</sup> Form
ADT	Theatre set design & making	B156	Ms Darby	All Years		
Drama	Whole school production	Black Box	Ms Perera/Ms Lanning	All Years		
Music	GCSE and Band club	Music dept	Mr Pinder	Break 2		
Pride Club	Pride Club	C278	Ms Saiker	6 <sup>th</sup> Form (Break 1)		
PSHE	Social Science research club	D385	Ms Hine / Ms Hill	KS 5 students		
Science	Engineering club	A301	Ms Croissant	Years 9 – 13 (Break 1)		
Wellbeing	Board & card games club	D184	Ms Nearn	Years 7 - 9 (Break 2)		
<b>Friday</b>	PE	Year 9 Football	Astro	Mr Munro	Year 9	
	PE	Year 8 Football	Astro	Mr Robertson	Year 8	
	PE	Year 7 – 9 Basketball	Sports hall	Mr Purens	Year 7 - 9	
<b>4pm-5pm</b>	PE	Year 10 – 11 Basketball	Sports hall	Mr Purens	Years 10 & 11	
English	Year 8 Book club	D282	Ms Reynolds	Break 2 (invitation)		

The Library is Open Mon-Fri. 7.30 – 3.30pm.

ART – GCSE – open door policy on a Thursday.

HSC - Homework Support: Every day break 1 and period 6 on Tuesday, Wednesday and Thursday.

International Group Homework club – Tuesday, Wednesday and Thursday P6.

Sociology – Individual drop in and break time revision sessions when required – Years 12 & 13.

No students should be on site unsupervised.



### Dates for Your Diary

Thursday 18<sup>th</sup> September 2025 – Year 7 Meet the Tutor Evening

Thursday 25<sup>th</sup> September 2025 – Year 10 Parents' Workshop

Friday 26<sup>th</sup> September 2025 – Year 7 Enrichment Fayre

Thursday 2<sup>nd</sup> October 2025 – Open Morning

Tuesday 7<sup>th</sup> October 2025 – Open Morning

Thursday 9<sup>th</sup> October 2025 – Open Evening

Friday 10<sup>th</sup> October 2025 – INSET Day

The SWLSTG Education Wellbeing Service is offering lunchtime and evening parent Webinars across the year to help support your child's wellbeing and mental health.

You can sign up to any of their free webinars by copying this URL:

<https://www.eventbrite.com/cc/secondarycollege-parents-wellbeing-workshops-725989?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=escb>

Education  
Wellbeing  
Service

**NHS**  
South West London and  
St George's Mental Health  
NHS Trust

## Upcoming Events For Secondary Parents Autumn Term 2025

Supporting your teenager's mental health webinars

**10TH SEPT 25**  
**7.30 PM-8.30 PM**



**SCAN OR CLICK HERE**

Mental Health During  
the Teenage years

**17TH SEPT 25**  
**12.30 PM-1.30 PM**



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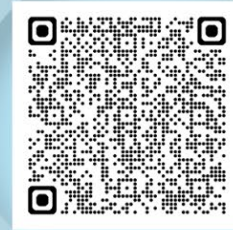
**23RD SEPT 25**  
**1 PM-2 PM**



**SCAN OR CLICK HERE**

Getting into school -  
common challenges and  
supporting school  
avoidance

**24TH SEPT 25**  
**6 PM-7 PM**



**SCAN OR CLICK HERE**

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

**[Click here](#)**



[wellbeinginschoolsevents@swlstg.nhs.uk](mailto:wellbeinginschoolsevents@swlstg.nhs.uk)

We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.

# Education Wellbeing Service Webinar

## Mental Health During the Teenage Years An introduction and Overview

A one-hour online webinar introducing and providing an overview of mental health and wellbeing in teenagers, with practical ideas for parents and carers.

The session will cover topics including:

- What is mental health and being a teenager in today's world
  - Supporting wellbeing during the teenage years - what research tells us
- Introducing a way of thinking about teenage wellbeing - the 'three areas' model
- Responding to teenagers and communication tips
- Problem solving challenging situations and options for help



Education Wellbeing Service

### DATE / TIME

Wednesday 10th September  
7.30-8.30pm



Scan the QR code or [click here](#)

### LOCATION

Online - Hosted on Teams

Sign up to either event for free on Eventbrite by scanning the QR Code.

You can also check out our other events by [clicking here](#)

wellbeinginschoolsevents@swlstg.nhs.uk

### DATE / TIME

Wednesday 17th September  
12.30-1.30pm



Scan the QR code or [click here](#)

Education Wellbeing Service

# Education Wellbeing Service Webinar

## Getting Into School: Common challenges and supporting school avoidance



It can be incredibly difficult to know how to support your child and help them when they are struggling emotionally with managing and attending school.

This workshop provides some key tools, understanding and resources for supporting your teen.

### DATE / TIME

Tuesday 23rd September  
1.00-2.00pm



Scan the QR code or [click here](#)

### LOCATION

Online - Hosted on Teams

Sign up to either event for free on Eventbrite by scanning the QR Code.

You can also check out our other events by [clicking here](#)

wellbeinginschoolsevents@swlstg.nhs.uk

### DATE / TIME

Wednesday 24th September  
6.00-7.00pm



Scan the QR code or [click here](#)



# Wandsworth Family Hubs Online Workshops for Parents/Carers

**September - December 2025**

**Monday 1 - 2.15pm,  
some Wednesday mornings and some evening workshops!**

Grab yourself a cuppa and enjoy some helpful tips and support on a range of topics aimed at the **under 5s** from Wandsworth colleagues and partners, **all online**

Date and Time	Workshop	Delivered by
Monday 8 <sup>th</sup> Sep 1 - 2	<b>NSPCC Talk PANTS</b> Simple conversations to help keep your kids safe	Hayley Garner
Wednesday 17 <sup>th</sup> Sep 10-12	<b>Overwhelm, meltdowns and shutdowns</b> Please book directly using this link <a href="https://www.eventbrite.co.uk/e/1509418624739?aff=oddttdtcreator">https://www.eventbrite.co.uk/e/1509418624739?aff=oddttdtcreator</a>	London Autism Hub
Monday 22 <sup>nd</sup> Sep 1 - 2.15	<b>Communication and language for the under 3s</b>	Joanna Hardman Highly Specialist Speech and Language Therapist
Monday 29 <sup>th</sup> Sep 1 - 2.15	<b>Understanding the importance of health checks</b>	Early Years Advisors
Monday 6 <sup>th</sup> Oct 7 - 8.15pm *evening*	<b>How you can support your child with social communication differences</b>	Joanna Hardman Highly Specialist Speech and Language Therapist
Monday 13 <sup>th</sup> Oct & Monday 8 <sup>th</sup> Dec 1-2.15	<b>Introduction to solids</b>	Daisy Gresswell Infant feeding lead
Wednesday 22 <sup>nd</sup> Oct 10 - 11.30	<b>Positive Parenting in the Early Years</b>	Shravani Purandare CAMHS under 5
Monday 3 <sup>rd</sup> Nov 1 - 2.15	<b>Pathways of Support for children with emerging needs</b>	Monika Hammel-Lobo & EY Send Inclusion Team
Monday 17 <sup>th</sup> Nov 7 - 8.15pm *evening*	<b>Enjoying time with your child part 1: Understanding their behaviour</b>	Henrietta Ogbonna Educational Psychologist
Monday 24 <sup>th</sup> Nov 7 - 8.15pm *evening*	<b>Enjoying time with your child part 2: Approaches and strategies to support positive behaviour</b>	Henrietta Ogbonna Educational Psychologist
Monday 1 <sup>st</sup> Dec 1 - 2.15	<b>Developing a love of reading through play</b>	Tara Coffin Learn2love2read

To book onto a workshop you can scan the QR code or click on the link below

<https://forms.office.com/e/qXdqNSEn20>

For more information contact [Hannah.skaife@richmondandwandsworth.gov.uk](mailto:Hannah.skaife@richmondandwandsworth.gov.uk)

