



**Ethos statement:** We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

### Year 11 News – Ms Marshall

Year 11 students have had a mostly positive start to the year - with many embracing the intensity and demands confronting them. To support students at this transition point, there are a few key events on the Year 11 calendar.

The first event is the Careers Fair (23/10/24), which will enable students to meet with a vast range of course/ apprenticeship providers and employers. For many, this will give them the opportunity to explore a range of avenues previously unknown to them. We are hoping that this will motivate and incentivise further focus in Year 11, and complement the Year 10 work experience placement and subsequent careers interview each student has had.

Straight after the half term break is the first of two Year 11 parents / carers' evenings (6/11/24). This will give staff the opportunity to feedback to parents and carers, details of how students have met the challenges of their first half term. For many, it provides an opportunity to highlight both success and ways forward. Parents will receive a letter, via BromCom, by the end of the week.

Also, starting straight after the half term break - for two consecutive weeks - in order to support the students to prepare for the challenges of the examinations, we have worked collaboratively with the NHS. Specialist NHS practitioners will be on site to facilitate two one-hour workshops designed to give students strategies to manage exam stress and anxiety. This bespoke intervention will supplement work already being done through the pastoral and PSHE programme.

### Year 7 Book Selection Event – Ms Litwin-Roberts

On Wednesday, 16<sup>th</sup> October 2024, sixteen Year 7 students were invited to take part in a book selection event in the library. The students were encouraged to choose at least three books each from a wide range of books provided by Laburnum House - an educational book supplier.

The selected books will be included in a special book display in the library and later become available for students to borrow and read. Hopefully, the books will be well received and popular amongst young readers as there is no better book recommendation than the one made by one's peers.

On the whole, the event was very successful, filled with excitement along with the shared love of books and reading.





## Thought for the Week

“In a world where you can be anything, be kind.” — Clare Pooley

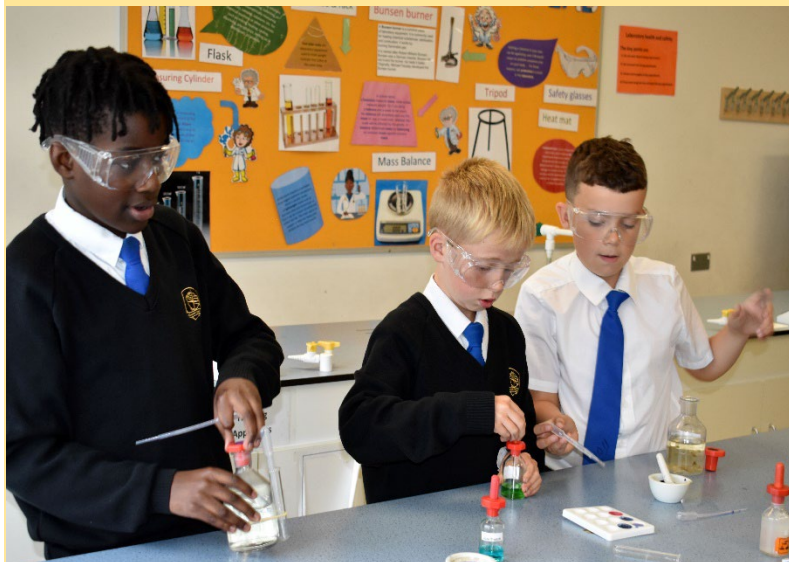


### Science Club - Mr Abdirahim

This week, we turned cabbage into our very own universal indicator and tested the pH of everything from lemons to laundry detergent! Who knew cabbage could be so *acidically* cool?

Next week, we'll be *attracted* to a whole new challenge—testing which materials are magnetic and which are not. Don't let this one slip away; it's going to be *magnetic*!

Join us as we continue to discover the wonders of science!

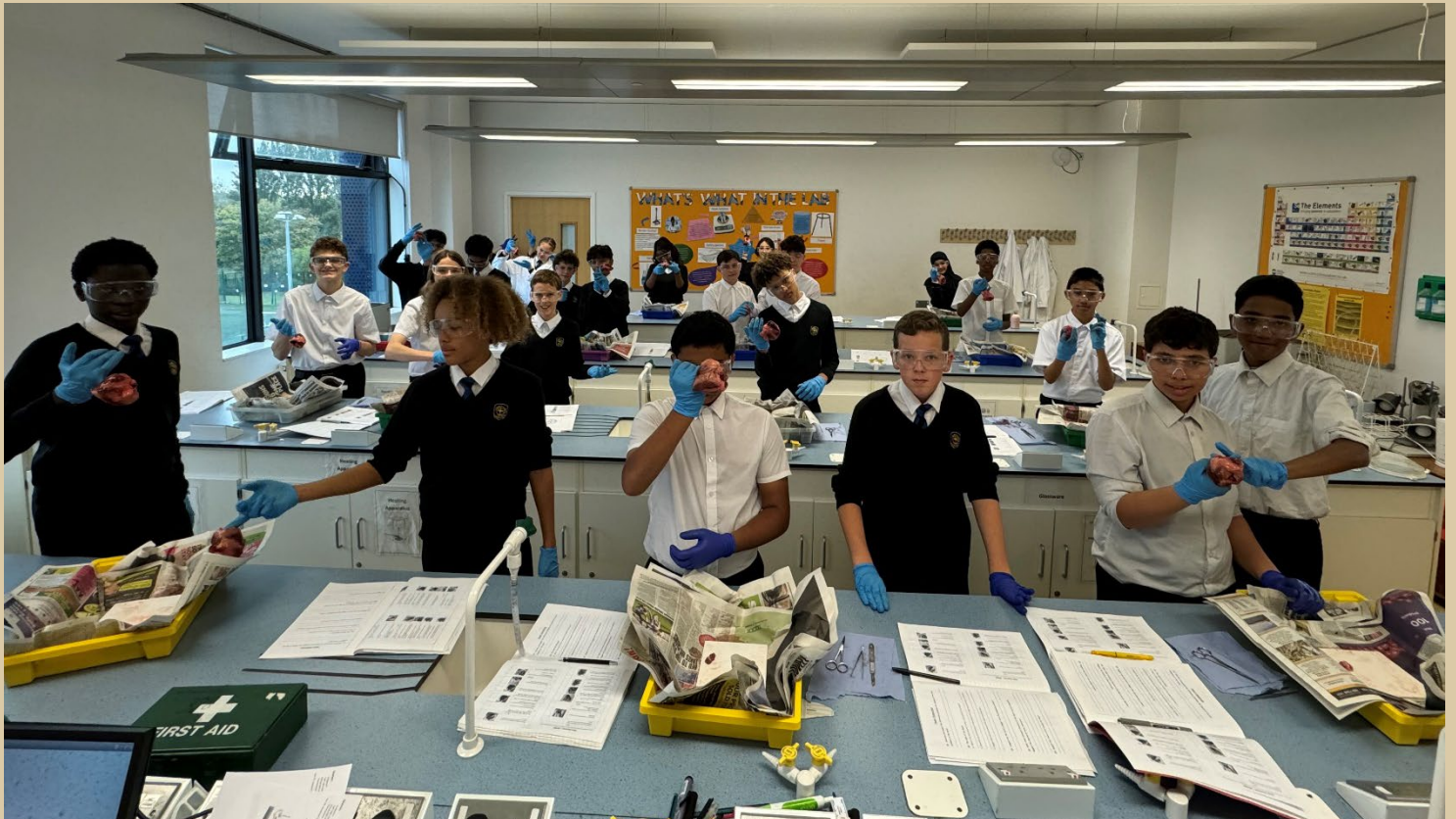


## Heart Dissection – Ms Toffolo

In science on Wednesday Year 9 were dissecting a heart and whilst doing so they were:

- comparing the size of the right and left side of the heart
- identifying the blood vessels that carry blood away from and into the heart
- explored a-level content by looking at the valves
- testing strength of the valves to hold mass of the heart

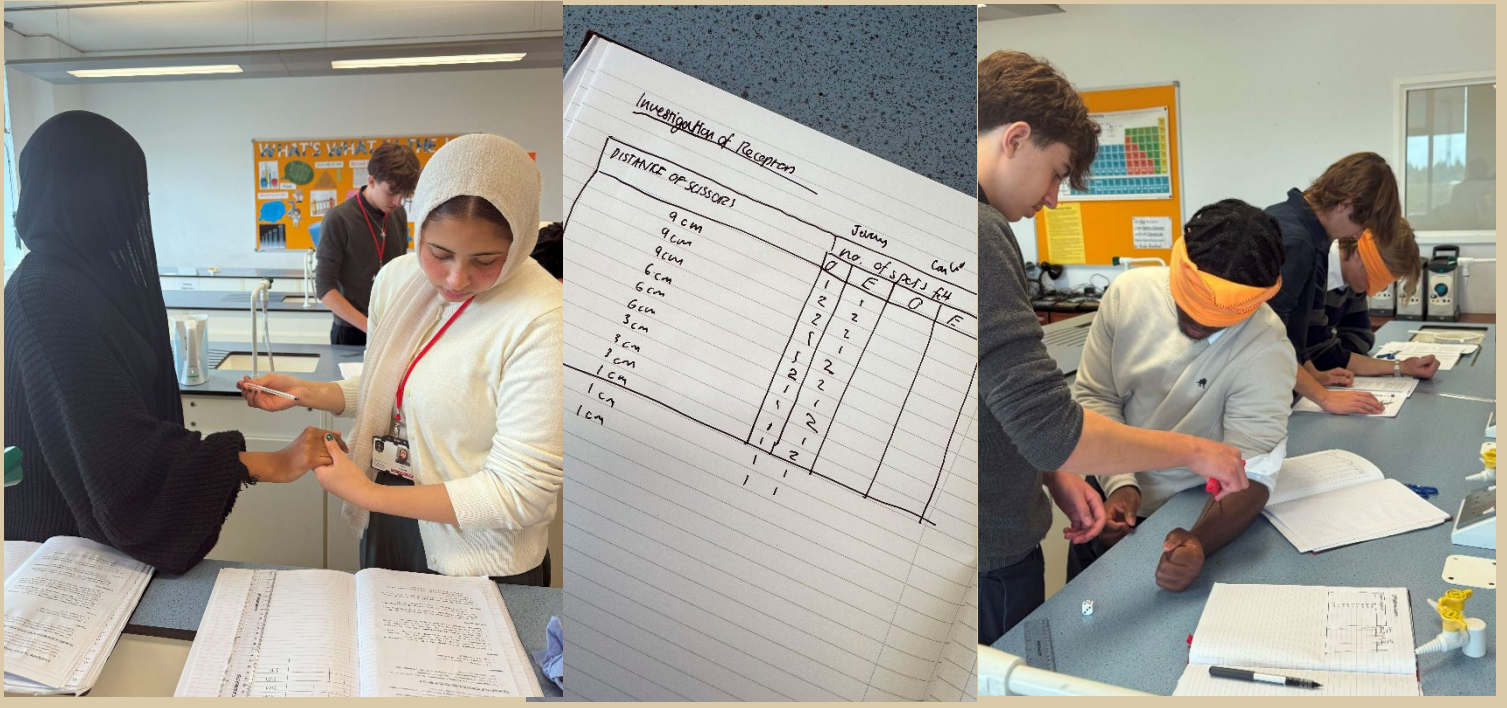
The whole class conducted a thorough dissection and showed great scientific curiosity throughout the lesson. Also they cleaned the lab to an excellent standard! Very impressed by all the students who were in this practical!



## Y13 A-Level Biology – Ms Toffolo

Y13 A-Level Biology have been learning about how organisms respond to their environment in order to survive. Receptors are cells in the body that detect changes in the environment such as light, touch and temperature.

On Wednesday they investigated the sensitivity of temperature receptors using thermometers to show the limit of their receptors. They then tested the resolution of their touch receptors by gradually changing the distance between two points.



## International Group – Ms Hillary

Students in the International Group attend after school clubs to have support with homework, develop their IT skills and improve their vocabulary.

The students in Zambezi and Mississippi classes have been enjoying the opportunity for dedicated reading time in an after school book club on Tuesdays. Reading as often and as widely as possible helps students to develop their vocabulary and writing skills, so the International Team have started the club to share the enjoyment of reading a great book. Salmo shared her enthusiasm for the book she is currently reading, 'The Declaration'. She loved the strong mentality of the main character, Anna, who is struggling to understand who and what she can believe. She is living in a dystopian world where a pill can give long life but the government has banned people from having children. Salmo was clearly engaging with the problems that Anna faced and the ethical issues addressed in the book.

Alongside the club, students are also involved in an online programme called Accelerated Reader. This is a valuable tool for staff and students to monitor reading habits, assess comprehension and regularly test students' reading age.





## Art Therapy – Ms Millward

The Academy was delighted to welcome the Art Room team from Place 2 be who hosted a creative wellbeing workshop for a small group of Year 9 students exploring the theme of 'identity'. The aims of the workshop were to explore one's personal identity and the myriad of factors that shape it. Build self-confidence through appreciation for both what unites and makes us unique and most importantly understanding what is important to one's sense of identity. The students worked incredibly hard creating a map of an imaginary island which charts out important aspects of one's identity.

Place2Be is a leading children and young people's mental health charity and the Art Room is a project that uses art to support students' mental health and wellbeing. Creative expression is crucial for children and young people's healthy emotional development.

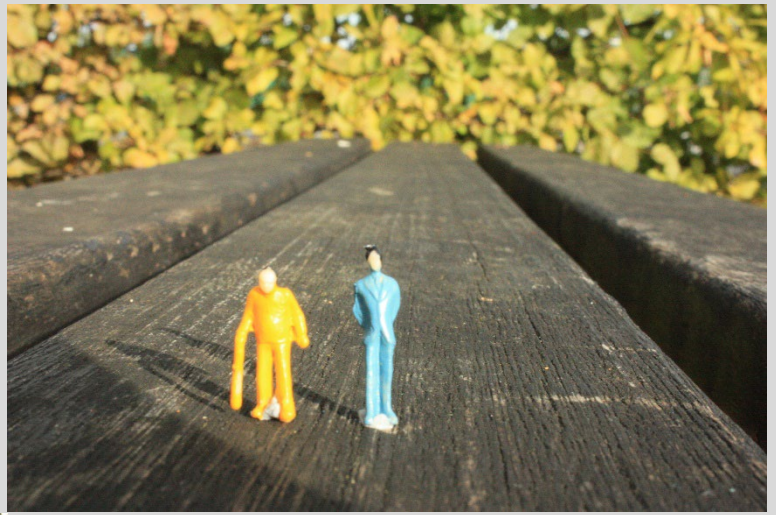


## Photography Club – Ms Darby

With the nicer weather, photography club went outside this week to look at aperture. We used our digital camera to change our depth of field, replicating the style of photographer David Gilliver.

We practiced changing the depth of field in the classroom, and then went outside to place small figurines around the school. The photos were amazing, with some great work from Tom and Emily-Rose!

Next week we will look at directional lines, and the work of Alexander Rodchenko.



## National Fitness Day 2024 Winners – Ms Lenton

A massive well done to our National Fitness Day competition winners. These students took part in a range of 1 minute challenges on National Fitness Day and managed to get the highest score. Well done to all of our winners for being physically active, we hope you like your prizes.



## Year 7 Girls' Football – Ms Lenton

An amazing start to the Inner London Cup for our year 7 girls' football team. Last Monday they played against Holland Park in the first round of the cup, the girls played extremely well as a team with some excellent passing and attacking opportunities.

It was a close first half but the girls stepped up their game in the second half and Tyra scored a great goal. The game ended 1-0 to Southfields. The girls are now through to the second round of the cup. Keep an eye out for how they get on in the next round. More to come!



## Southfields Girls Can

Congratulations to Fabi in Year 7 who was our first Southfields Girls Can winner for this academic year. Fabi has worked extremely hard this half term to attend lots of PE extra-curricular clubs including: gym, futsal, football and dance.

To get involved in the Southfields Girls Can initiative make sure to collect a stamp card from the PE office. Every time you attend a PE club you will receive a stamp, collect 15 stamps to win a prize.

If you complete 8 or more cards by the summer term, you will get the opportunity to attend a PE trip.



## Crochet Club Update – Ms Hoy

Crochet Club continues to be a success, with 11 students attending this week. We have moved on to mastering the single crochet, and it's wonderful to see the students' skills and confidence growing with each session.

Crochet Club takes place Thursday B1 in room A131.



## U13 Boys football - Mr Munro

Congratulations to the U13 football team on winning their Inner London Cup game 5 -1 vs Sacred Heart. Marley scored two goals, Tyler also scored two and Mikail scored one. Joint player of the match goes to Harlem & Remi



## Author Event – Ms Reynolds

Happy Black History Month! To celebrate, the English Department took a group of Year 8 and Year 9 students to an exclusive author event at Brixton Library on Monday, 14th October where David Arlo shared his journey to become an author.

The recording artist, songwriter, actor, writer, director and executive producer- who is signed to Arista/Sony Music US- has worked with high-profile producers and creatives. He is a versatile, vital and visionary creator who tells stories through various media. *Damien Ike and the Fallen House of Draven* is his debut work of fiction.

Southfields Academy students discussed their love of literature and music with David Arlo- which was the perfect segue for the writer to inform the invited guests that his production company, No Ordinary, are simultaneously developing *Damien Ike and the Fallen House of Draven* for film audiences. This sparked further enthusiasm and resulted in one of our Year 9 students asking, "When you hold auditions, will you ask students here today from these schools to attend?" To which he replied, "YES!"

David Arlo shared his contact details with Southfields Academy and we hope he will visit us here at our school soon.

If you would like to learn more about Arlo's work, please check out his Instagram account: [@iamdavidarlo](https://www.instagram.com/iamdavidarlo)

Southfields Academy would also like to thank Brixton Library for always being very accommodating.

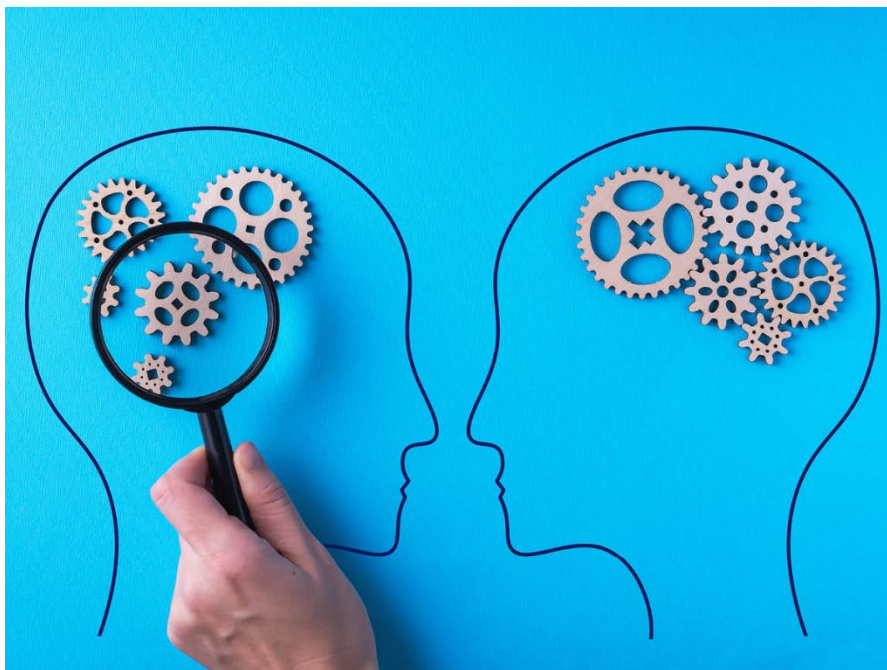
Students who attended the trip will all receive a free copy of the novel which has been gifted from Books Clubs in Schools as part of their 10 year anniversary celebrations. If you would like to know more about this organisation, please check them out on these social media platforms:

Instagram - [@bookclubsinschools](https://www.instagram.com/bookclubsinschools)

X (formerly known as Twitter) - [@schoolbookclubs](https://twitter.com/schoolbookclubs)



## Mental Health Awareness focus in PSHE



This term, our PSHE curriculum is focusing on mental health. All lessons are taught weekly by trained staff and come from accredited government and PSHE resources. This is just one way that our school invests in and supports your child's mental wellbeing.

- Yr10 are focussing on different mental health disorders, as well as support that is available alongside healthy coping strategies.
- Yr11 are looking at managing stress and workload and strategies to support mental resilience.
- Yr9 are looking at unhealthy and healthy coping strategies with an in-depth analysis on issues such as self-harm and eating disorders.
- Yr8 are focusing on social media and how that can affect our mental health alongside strategies for managing this.
- Yr7 are looking at rights and responsibilities and how we can be successful learners.

In addition, students are encouraged to access break-time drop-in support with our mental health lead (Ms Nearn), or with Ms Molloy - Head of PSHE - if they have worries or questions. By making mental health a regular part of the conversation at school, we aim to reduce stigma and smooth the often tricky transition through adolescence.

Parents sometimes need a little support as well! If that's you, download our "[Mental Health and Emotional Wellbeing Butterflies](#)" booklet, or join Ms Nearn's adolescent brain development webinar which is run several times per term. Keep an eye on upcoming newsletters for dates after half-term, or email Ms Nearn directly: [tricia.nearn@southfieldsacademy.com](mailto:tricia.nearn@southfieldsacademy.com)

If you have questions about the PSHE curriculum, please get in touch with Ms Molloy: [jenaya.molloy@southfieldsacademy.com](mailto:jenaya.molloy@southfieldsacademy.com)

### Dates for Your Diary

Tuesday 22<sup>nd</sup> October 2024 – Open Morning  
Wednesday 23<sup>rd</sup> October 2024 – Open Morning  
Wednesday 23<sup>rd</sup> October 2024 – Careers Fair  
Thursday 24<sup>th</sup> October 2024 – Open Morning  
Monday 28<sup>th</sup> October 2024 – Half Term  
Monday 4<sup>th</sup> November 2024 – Academy resumes  
Wednesday 6<sup>th</sup> November 2024 – Year 11 Parents' Evening