



Southfields Academy Weekly Newsletter

Week Commencing Monday 20th May 2024



Ethos statement: We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

English Trip – Mr Sawbridge

On Thursday 16 May, 10 Year 8 students went to see Hamilton at the Victoria Palace Theatre. Despite the flooding of Victoria Station, we arrived just in time to watch a spectacular show. Although there was widespread indignation at the way Hamilton treats his wife, Eliza, students very much enjoyed the story and theatricality of the show.

Well done to the students involved for representing Southfields Academy in exemplary fashion, and for their exceptional work in English over the last two years.



Dates for Your Diary

Monday 27th May 2024 – Half Term Holiday Starts

Monday 3rd June 2024 – Academy Resumes

Tuesday 25th June 2024 – Year 13 Prom

Wednesday 26th June 2024 – IEAP Day

Thursday 27th June 2025 – Year 11 Prom

Friday 28th June 2024 – INSET Day

Tuesday 2nd July 2024 – Year 6 Induction Day

Thursday 4th July 2024 – International Group Prom

Maths Challenge – Jo Lunt

The results from the Junior Maths Challenge are in and we are so delighted and proud of all the students that participated!

Every student who took part showed enthusiasm to challenge themselves and do something different and have been rewarded with a certificate to recognise their effort.

The below students were able to achieve Bronze, Silver or Gold awards:

Year 7



Who can win **GOLD** in year 8?

Year 8



A special shout out goes to Ayan Ali in Year 8 who did so well he has qualified for the follow on round – the Junior Kangaroo – which will take place in June. This has not happened for a number of years and we are so proud of him, and all the participants who challenged themselves by competing in this year's competition.





Thought for the Week

A lot of people never use their initiative because no-one told them to.
— Banksy, Wall and Piece



Drama in English - Ms Camargo

Last week, a group of IG students (IG2 EN2) enjoyed a more relaxed approach to English language learning just before the ESOL exam season. There was no writing! It was unconventional but it was a truly immersive approach.

The students worked in small groups to read and perform a short play called “Count One Two Three”. The students enjoyed choosing their own characters, negotiating parts and supporting one another with reading for greater fluency.

One student, Chayma Azouzi, asked if we could read and perform plays every lesson. Many others expressed this wishful thought, which only highlights to me as a teacher the importance of a participatory approach to English language teaching. Drama for English language teaching is one of the most immersive approaches in which students can be themselves or whoever they want to be. It makes me smile whenever I see my students emotionally invested in language, something only achieved through acting. “More plays please Miss!” perhaps after the exam season. So roll on Summer Term 2...

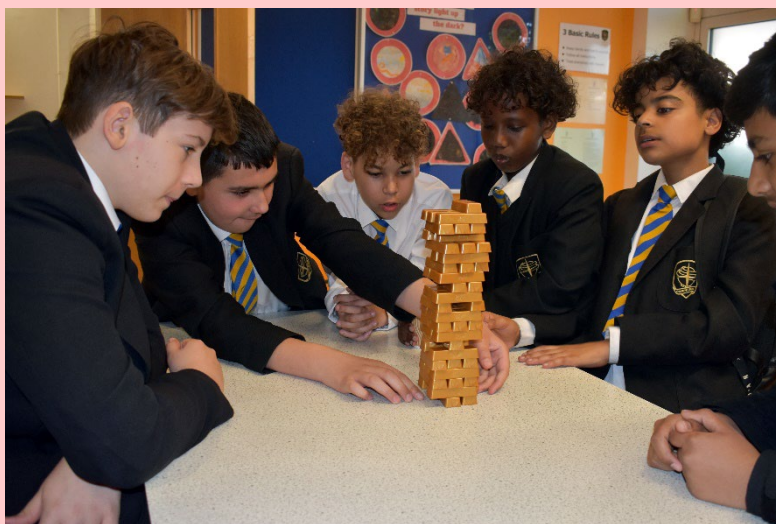


Year 8 Breakfast Club – Ms Millward

The Year 8 breakfast and games club was in flow with a record turn out this week. It has been remarkable to see the dedication from this group of students who turn up promptly every Friday morning more than often waiting outside my office at 8am.

This club provides a safe space for students to socialise, play games and most importantly, it has been the making of new friendships.

Eyes on the prize for this week’s winner of Uno...Watch this space.

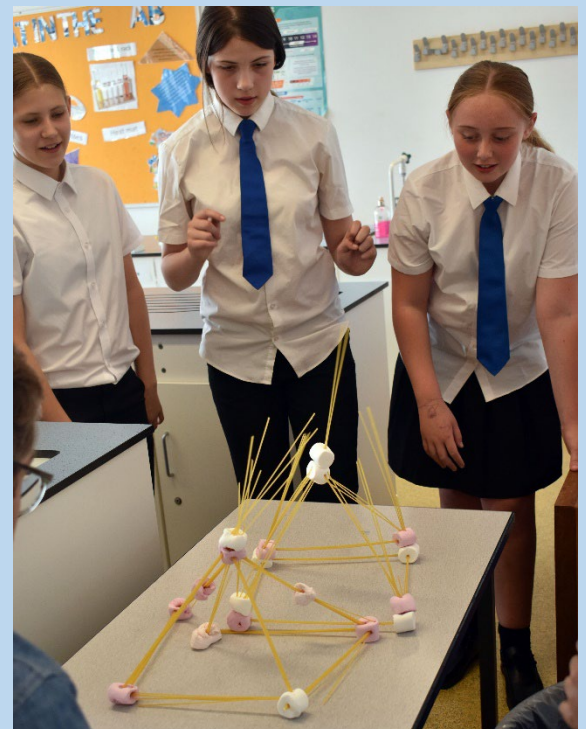
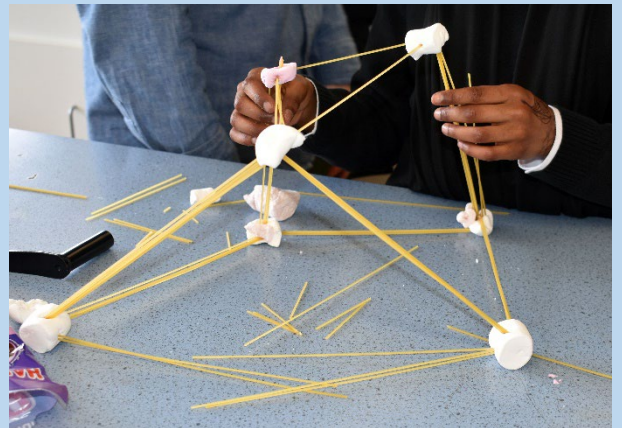
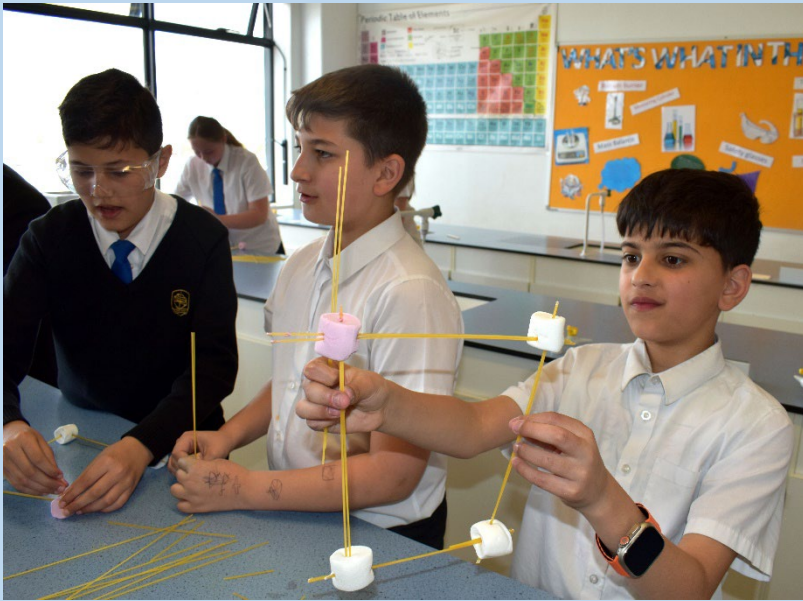
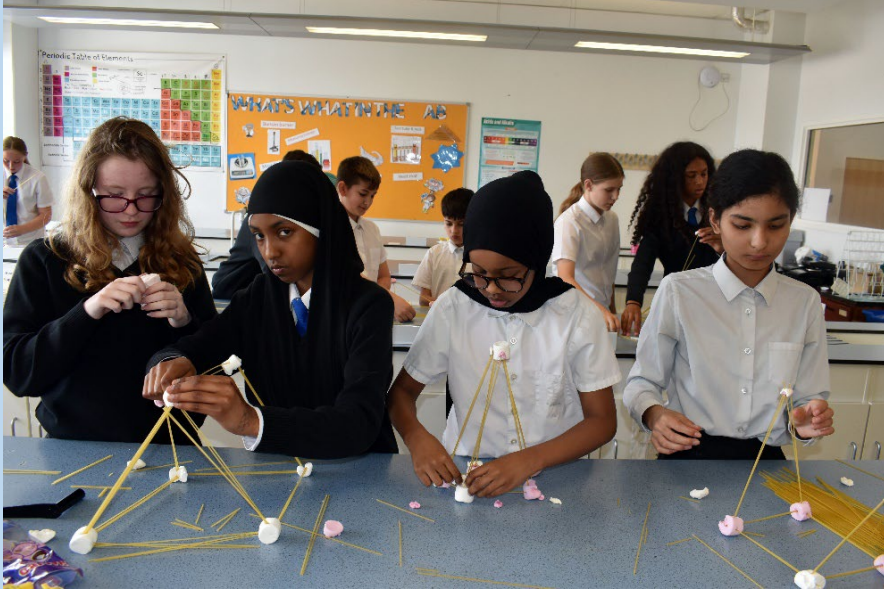


Science Club – Mr Vickers

'Science Club this week was off the scale!

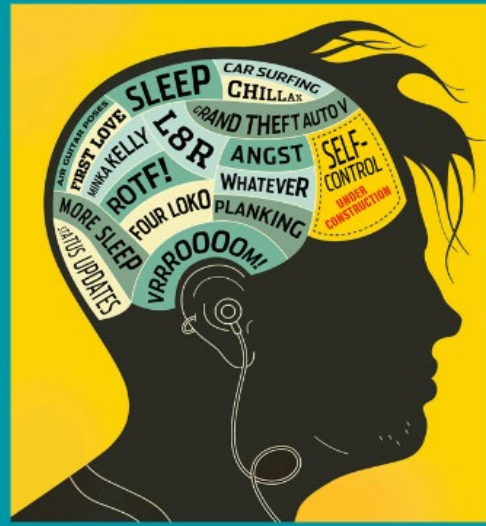
The Richter Scale that is... Students had their engineering hats on and were constructing earthquake-proof buildings. Competition was fierce on who could create the tallest, stable building out of the popular building materials, spaghetti and marshmallows.

Let's hope there were no aftershocks after this week's seismic Science Club.'



Who is this stranger?

Understanding teenage development through the lens of neuroscience

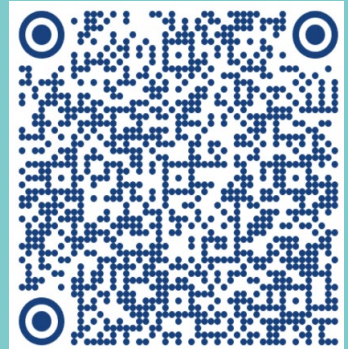


Has your child begun spending more time in their room alone? Are they becoming secretive? Are they trying out different personal styles - clothing, hair, makeup, mannerisms, etc? Are they pushing boundaries and experimenting with risky behaviour? We'd like to blame "hormones", but it's more complicated than that. In fact, it all starts in the brain.

Join our free webinar to learn what's happening in your child's brain, how it affects them, and how you can help. There are two dates and times to choose from:

NEW DATES!

- Tuesday May 21st, 9:30-10:30 am
- Thursday May 23rd, 4:00-5:00 pm



The webinar will take place on Google Meets.

If you have any questions, please contact

tricia.nearn@southfieldsacademy.com or scan the QR code to Sign up!

REGENERATE

CREATING OPPORTUNITIES FOR YOUNG PEOPLE TO THRIVE

Regenerate's Youth Club is open to any one aged 11-19.

We offer loads of activities and opportunities, as well as a safe place to hang out, build positive health and wellbeing, learn new skills and grow in confidence.

MAY HALF TERM

Meeting Points for Trips:

ASH:
Ashburton Youth Centre
Westleigh Avenue
SW15 6XD

REC:
Roehampton Rec Centre
Laverstoke Gardens
SW15 4JB

PLEASE NOTE:
Trips must be signed up to by Monday 20th May.

Returned sign up forms/consent don't always guarantee a space

SCAN TO SIGN UP:



Follow us to stay in the loop!
@regenerate_ldn



Any questions or for more info, text AJ: 07394 185 785

Monday
27th May

CLOSED FOR BANK HOLIDAY

Tuesday
28th May

TRIP: Chessington World of Adventures
9AM - 6:30PM, Meet @ ASH

Wednesday
29th May

DROP IN/Pizza Making
3:30 - 6PM, ASH

Thursday
30th May

DROP IN/Game Day
3:30 - 6PM, ASH

Friday
31st May

TRIP: Laser Quest
12 - 5:30PM, Meet @ REC

Newsletter

Happy May Everyone! We have an edition full of activities for your SEND children and young people. We will look at the WAND Card, London Zoo's discounted tickets and our upcoming workshops!

The WAND Card

The WAND Card is a discount card for 0-17 year olds with special educational needs, disabilities, or complex health needs.

The Wand Card allows concessions and discounts from participating businesses and services in Wandsworth.

(The WAND+ card is for 18-25s)

Copy & Paste link:

<https://fis.wandsworth.gov.uk/kb5/wandsworth/fsd/localoffer.page?familychannel=2-10&localofferagebands=1>

Where can it be used?

- Wandsworth Leisure Centres - swimming pool, playzone or gym use
- Battersea Arts Centre
- Battersea Park Zoo
- Clip 'n Climb
- Go Ape
- Gambado Soft Play Area
- Gravity
- Putt in the Park



You will need to provide proof of ONE of the following:

Disability Living Allowance (DLA) or Personal Independence Payments (PIP).

Current tax credit which includes the disabled child element.

A document from a professional confirming a SEND or complex health need which impacts significantly on them getting about and accessing services/activities in the community.



London Zoo

£3 Tickets!

London Zoo are currently offering discounted tickets for families who receive Universal Credit and families who have children with Disabilities!

If you receive Universal Credit, you can buy tickets in advance for only £3 for up to six people per household (under 3's go free and do not need to book).

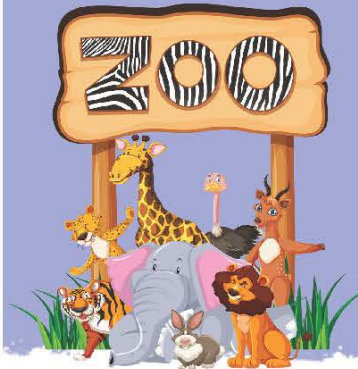
To book please use this [link](#).

London Zoo Accessibility Scheme also Provides:

- Monthly Relaxed Tours.
- Resources online to support with a visit, Sensory Story, Visual Story.

Carers are permitted free of charge.

The Zoo also have a downloadable Penguin Pass for children who struggle to wait in queues! Find the link for this [here](#).



SENSORY TOYS WORKSHOP with FritzTutoring!

**12th June
10am-12pm**

We are so excited to announce that we will be partnering up with Beth Fritz from @FritzTutoring to provide a workshop designed to teach the importance of play for communication and learning and how you can make sensory toys in your own home! This is for parents of SEND children ages 18months - 4 years.

Please contact us if you would like to join this workshop :)



**Learning
and Play
Hub**



Preparing for Adulthood - Feedback

Ofsted, and the Care Quality Commission (CQC) are looking for feedback from parents with SEND Young People regarding the support they have received in preparing for adulthood.

The survey will remain live until 5 p.m. on the 10th May.

It is a great opportunity for parents to outline what support they believe needs to be put in place and voice their experience of this transition.

Our Contact Details: Email SENDinMind@bwwmind.org.uk Tel no. 0208 947 5260

We would love any and all feedback or suggestions you may have regarding our service. Let us know what you would like to see more of or how our service has been so far.

Please find our feedback form [here](#).



Our Referral Form!



Thank you for reading!



**MENTAL
HEALTH
AWARENESS
WEEK**
13-19 MAY 2024

**FIND YOUR
MOMENTS FOR
MOVEMENT**

Get Moving for Mental Health

This week - May 15-19 - is Mental Health Awareness Week. One proven way to boost your mood and safeguard your mental health is to move more.

You don't have to do a heavy workout at the gym or go for a long run; Moving more simply means being more intentional about how and when you move your body.

It doesn't take a lot to turn a sedentary lifestyle into something more active. For example, instead of driving or taking public transportation, can you plan to walk or cycle more? Instead of ordering a take-out from your sofa, can you get up and cook something fresh, perhaps dancing to your favourite tunes while you're at it?

If you need a little motivation, or have questions about your own, or your child's mental health, consider logging into [Good Thinking](#), the NHS-approved digital service that has helped over 730,000 Londoners look after their mental health and wellbeing in a way that works for them.

Good Thinking is FREE, completely anonymous, and provides personalised advice, support and resources to help people struggling with:

- Stress
- Anxiety
- Low mood
- Sleep
- Other mental health concerns such as trauma, bereavement and eating disorders

Find out more: <https://www.good-thinking.uk/>

MENTAL HEALTH AWARENESS WEEK

13-19 MAY 2024

MENTAL HEALTH FOUNDATION



“MOVEMENT: MOVING MORE FOR OUR MENTAL HEALTH”

Being active is important for our mental health. But so many of us struggle to get enough exercise. We know there are many different reasons for this, so this Mental Health Awareness Week we want to help people to find moments for movement in their daily routines. Going for a walk in your neighbourhood, putting on your favourite music and dancing around the living room, chair exercises when you're watching television – it all

counts!

