



Southfields Academy Weekly Newsletter

Week Commencing Monday 13th May 2024



Ethos statement: We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

Year 8 PGL Trip – Mr Lamboi

Residential trips should be part and parcel of every student's journey at school! What a marvellous weekend Year 8 students had!

On Friday 26th April, Ms Bensalah, Ms Minto, Mr Sawbridge, Ms Hall and I took 42 exceptional students to PGL in Surrey. It was a memorable experience for staff and students, I am certain.

On arrival, students dived straight into their first activity – combative archery tag. Pitched against one another in a battle royale format, students displayed exceptional teamwork and endurance.

In the evening students returned to their rooms and were set another challenge- to make their own beds! Students had to put their duvet cover and sheet linen on! Again, students came together and worked as a collective. I am certain they will continue this skill at home. The fun did not stop there. Students ended the day patiently and quietly listening to intriguing tales at an indoor campfire.

Over the weekend, students had the opportunity to do the following activities:

Quick zip (zip line), Jacob's Ladder, leap of faith, problem solving, rifle shooting, Giant Stand Up and Paddle Boarding-All students demonstrated independence, resilience and confidence.

Each student represented Southfields Academy and made us proud. The level of support and kindness they exhibited was phenomenal.

A special thanks to Ms Millward for organising the entire trip, without her efforts the trip would not have been an unforgettable one.

What did the students think?

Students were asked to share their highlights from the trip. Please see below some of our students' memorable experiences.

Devon 8BEN: "it was spectacular, I am so happy I got to go and challenge myself"

Mason 8BEN: This is definitely a trip that allowed me to grow as a person. I would very much like to go again

Emily 8CRT: "There is nothing more refreshing than the outdoors and getting the chance to do a range of adventure learning activities with friends."

PROBLEM SOLVING



LEAP OF FAITH



GIANT STAND UP AND PADDLE BOARDING



RIFLE SHOOTING



JACOB'S LADDER



COMBATIVE ARCHERY



GROUP PHOTO





Thought for the Week

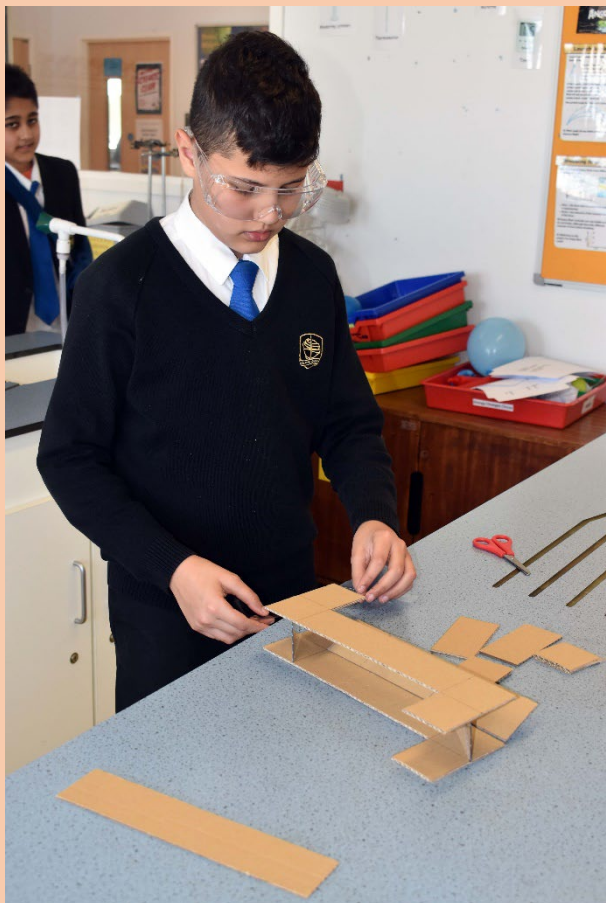
Initiative is to success what a lighted match is to a candle. Orlando Aloysius Battista



Science Club – Ms El Maadi

In Science Club, we've been diving into the world of optics! This week, we channelled our inner inventors by building our very own periscopes. Using everyday materials like cardboard, cunningly angled mirrors, and a sprinkle of creative tape, we embarked on a voyage of discovery.

We learned first-hand how the fascinating science of reflection allows us to bend light and see around corners – perfect for peeking over obstacles or keeping a lookout from a hidden position! It wasn't just about building cool gadgets, though. We saw the principles of reflection come to life! Join us in Science Club for our next experiment every Wednesday break 2.



Dates for Your Diary

- Monday 27th May 2024 – Half Term Holiday Starts
- Monday 3rd June 2024 – Academy Resumes
- Tuesday 25th June 2024 – Year 13 Prom
- Wednesday 26th June 2024 – IEAP Day
- Thursday 27th June 2025 – Year 11 Prom
- Friday 28th June 2024 – INSET Day
- Tuesday 2nd July 2024 – Year 6 Induction Day
- Thursday 4th July 2024 – International Group Prom

Nuffield Hospital Poster Competition

Southfields Academy was very lucky to be invited to design new posters for the Children's wing of Nuffield Parkside Hospital with the winning designs being transformed into actual posters displayed at Parkside Hospital in the Children's Wing. Nuffield Health is providing generous prizes for the top three winners of an Amazon Voucher for £25, £15, and £10

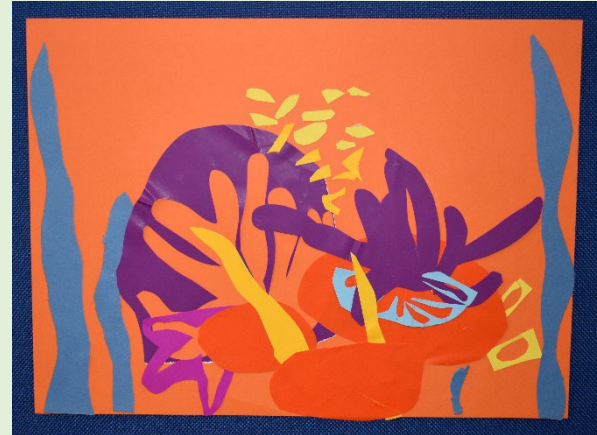
On Wednesday 8th May, three senior members of Nuffield Health Parkside Hospital (Liz Dowling - Director of Nursing and Clinical Services, Kate Farrow - Health System Director, and Allison Bullivant – Head of Nursing and Governance) came to meet Ms Wu, from Southfield Academy's Art Department to view the shortlisted entries for the competition, which they have taken with them and will announce their decision in due course.

Ms Wu said 'I'm thrilled to share with you the results of our Poster Design Competition, a wonderful collaboration between Southfields Academy and Parkside Hospital. I am proud to announce that six of our students have been chosen as winners for their outstanding creativity:

Tiffany Saisani (08SAW),
Gouri Methosh Menon (08LAN),
Bailey Heath (08HBG),
Sophia Bielykova (08ELM),
Nahila Addou (08BEN),
Dawood Chaudhry (07WOD)

These talented individuals, who are active members of our Art Club under my guidance, poured their hearts into their designs. Their vibrant artworks, accompanied by thoughtful words and collages, will be proudly showcased in the hospital to bring joy to patients.

I extend my sincere gratitude to Vera Shah for her coordination, Allison for sponsoring the competition, and Ms. Jaffer for spearheading this collaboration. Special thanks to all the tutors and parents for their unwavering support of our students' creativity and success.



Sextortion

The National Crime Agency's Education team has asked us to raise awareness amongst parents/carers about the recent rise in reporting of financially motivated sexual extortion (a type of online blackmail often known in the media as 'sextortion'). Children and young people worldwide are being targeted.

This type of crime involves an adult offender (often from an organised crime group based overseas) threatening to release nude or semi-nude images and/or videos of a child or young person, unless they pay money, or meet another financial demand, such as purchasing a pre-paid gift card.

Victims of any age and gender can be targets, however a large proportion of cases have involved male victims aged 14-18.

A child or young person is never to blame if they have been a victim. Offenders will have tricked, groomed and/or manipulated them into sharing an image.

Find out more about online blackmail on CEOP Education's parents and carers website

<https://www.thinkuknow.co.uk>

Summer School Residential Volunteering opportunity

The Director of Young Learners at Wimbledon School of English, Paul Greaves, is looking for young people aged between 12-17 to join their summer school as a student mentor.

The student mentor lives at their summer school which is a residential programme and would need to come for a minimum of 1 week. They run for four weeks beginning 7 July.

The programme is completely free and their student mentors take part in the summer school as if they were one of our international students. It is based at a boarding school in Hampshire, approximately an hour from Wimbledon in a lovely location.





More information is available here <https://www.englishstudycamps.co.uk/student-mentors>

Official



Summer Term 2024 Parent Events




Sign up link: <https://forms.office.com/e/Zmy72zHnMK>

| Events | May | June | July | August |
|---|--|---|--|--|
| Parent Workshops Online via Microsoft Teams (unless otherwise stated) | Supporting independent toileting at home for autistic children ONLINE via Microsoft Teams Friday 10 th May 1pm-2:30pm  With Emma Dreyer (Occupational Therapist) | Understanding Behaviour as Communication: prevention and de-escalation strategies ONLINE via Microsoft Teams Monday 10 th June 1pm-2:30pm  With Patricia Guerrero-Wickham (Behaviour Analyst) | Supporting school aged autistic children with understanding, expressing and regulating emotions (Using the Zones of Regulation framework) IN PERSON at the SEND and Inclusion Hub (1 Siward Road, SW17 0LA) Wednesday 3 rd July 10am-12  With Leah Jones and Natalie Fairhurst (Speech & Language Therapists) | Neurodiversity: focus on girls and young women ONLINE via Microsoft Teams Tuesday 20 th August 10am-11:30am  With Dr Rose McGeown (Educational Psychologist) |
| Coffee Mornings (the last Wednesday of the month) With Charlotte Richardson (family support worker) | Autism Parent Support Group IN PERSON at the SEND and Inclusion Hub (1 Siward Road, SW17 0LA) Wednesday 29 th May 10:30am-12 | Autism Parent Support Group IN PERSON at the SEND and Inclusion Hub (1 Siward Road, SW17 0LA) Wednesday 26 th June 10:30am-12 | Autism Parent Support Group IN PERSON at the SEND and Inclusion Hub (1 Siward Road, SW17 0LA) Wednesday 31 st July 10:30am-12 | Autism Parent Support Group IN PERSON at the SEND and Inclusion Hub (1 Siward Road, SW17 0LA) Wednesday 28 th August 10:30am-12 |

Education Wellbeing Service Webinar

The Education Wellbeing Service is offering a Live webinar for parents and carers of young people 'Supporting Your Teenager with Emotional Difficulties and Self-Harm'. Being a teenager can be difficult to navigate, with lots of change and emotional ups and downs. This webinar aims to help parents gain an understanding of emotional regulation and self-harm, including ways to respond and regulate your teen when they are emotionally distressed and engaging in harming behaviours.

The webinar will be presented on Tuesday 14th May 7-8pm and again on Thursday 16th May at 12.30pm. You can sign up for one of the sessions by using this link: [Secondary/College Parents -Workshops | Eventbrite](#).




SUPPORTING YOUR TEENAGER WITH EMOTIONAL DIFFICULTIES & SELF HARM

A parent webinar to help understand & support your Young Person

Being a teenager can be difficult to navigate, with lots of change and emotional ups and downs. Parents and carers can have key roles in supporting their teenagers through this by understanding emotional regulation, and how to facilitate healthy responses to difficult or testing situations.

This webinar aims to help parents:

- To understand what is meant by emotion regulation
- To support their teen to self-regulate
- To gain an overview of self-harm, including what we mean by self-harm, the ways in which somebody may self-harm, and reasons behind it.



To book onto the webinar, sign up for free on Eventbrite using the link or QR Code:

<https://www.eventbrite.com/cc/emotional-difficulties-self-harm-3344049?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=odclsxcollection>

DATE & TIME

Tuesday 14th May 7 - 8 pm
Thursday 16th May 12.30 - 1:30 pm



wellbeinginschoolsevents@swlstg.nhs.uk