



Southfields Academy Weekly Newsletter

End of Summer Term Newsletter



Ethos statement: We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

Year 9 Enterprise Fair – Ms Hodgson

On Wednesday 12th July, the Year 9 students hosted their very own Summer Fair. The students worked in small groups to design their stalls, create a price list and organise their stock.

Examples of stalls they ran include a tombola, splat the rat, glitter tattoo making and sponge the teacher! Various local primary schools visited and according to them, they “had the best day of their lives!”

The Year 9 students were fantastic and demonstrated their outstanding enterprise skills!





Thought for the Week

“Forget mistakes. Forget failures. Forget everything except what you are going to do right now, and do it. Today is your lucky day.” — Will Durant



NHS Education Wellbeing Service Summer Workshops



Our Service is going to be running 3 workshops this Summer for parents of current Year 6 students (& the students themselves!), all focusing on the transition to Secondary School. Each Webinar has two signup options.

Supporting Your Child With
Confident Transitions to
Secondary School

Parent Session

This session will provide an overview of evidence-based skills and ideas for helping your child with a confident transition and to manage common anxieties and fears.

Date/Times:

Tuesday **01/08/2023**
Option 1: 1-2pm
Option 2: 7-8pm

To book on to any of these Webinars, sign up (for free) on Eventbrite by scanning the QR Code or following the link:

Boosting Your Confidence With
Independent Travel Before Starting
Secondary School

Parent & Child Session

This session will provide an overview of evidence-based skills and ideas to build confidence with independent travel over summer in preparation for September. It also covers ways to build confidence in other chosen areas.

Date/Times:

Option 1: Tuesday **08/08/2023**
10-11am
Option 2: Wednesday **16/08/2023**
10-11am



[CLICK HERE](#) to book

A Toolkit to Tackle Fears and
Worries When Starting
Secondary School

Parent & Child Session

This session will talk about what anxiety is, and provide a range of tools for helping with common fears and worries associated with starting secondary school.

Date/Times:

Option 1: Tuesday **29/08/2023**
10-11am
Option 2: Wednesday **30/08/2023**
10-11am

You can contact our events inbox with any queries:
wellbeinginschoolsevents@swlstg.nhs.uk

Sports Day 2023 – Mr Sia

After a number of years, Southfield Academy Sports Day returned to Wimbledon Park and we were fortunate to witness a number of outstanding performances.

The weather was on our side and with over 450 students competing from Year 7 to 9, it promised to be a brilliant day. Reverting to a traditional format focusing on being inclusive with events and roles for all, the students were a real credit to their tutor groups, displaying multiple examples of sportsmanship and camaraderie.

The winners were as follows:

Year 7 – 7SAW (125pts)

Year 8 – 8NYR (129pts)

Year 9 – 9HUN (149pts)

Congratulations to all competitors!







Year 9 Graduation – Ms Gbolonyo

I really do have the best year group at Southfields Academy!

Years 9s you really have outdone yourselves!

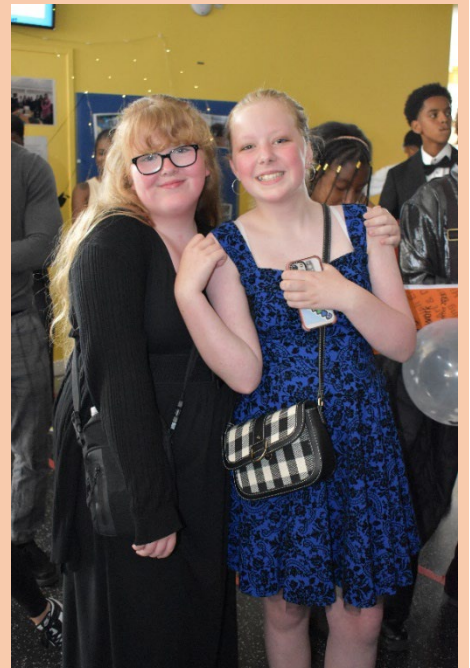
Well done to all the Year 9s who participated in celebrating the end of key stage 3 and a huge thank you to all the parents/carers who took time out to celebrate with us. It was such a joy to be able to not only witness but celebrate this occasion with you and to see you all looking so wonderful.

I am looking forward to September as you start your GCSEs and key stage 4. I am incredibly proud of the progress you made this year and I'm looking forward to the greater things you will achieve in the years ahead.

Have a great summer and I will see you all in September.







Year 8 Achievement Assembly – Mr Samuels

We are thrilled to share the achievements of our Year 8 students at our recent Achievement Assembly. The event celebrated outstanding attendance, punctuality, and behaviour, highlighting the importance of these qualities in the students' overall development.

We recognised students who demonstrated exceptional attendance, punctuality, and positive behaviour throughout the school year. The assembly also featured a special Peer Recognition segment, where students celebrated the accomplishments of their fellow classmates.

We commend all the students for their dedication, and we are excited to see their continued success as they build upon the values they have displayed.





Year 7 Achievement Assembly – Ms Millward

On Friday 14th July Year 7 not only took part in their summer fun day (the first and most successful one of its kind) but we also came together as a year group for our end of year achievement assembly.

The Year 7 cheer squad, who had only had a few hours training in their cheer workshop led by Ms Lanning earlier that day, treated us to an opening spectacle.

It really was a proud moment to see the students celebrating each other's tutor and individual achievements. Every single Year 7 student should be extremely proud of his or her accomplishments this year.

I hope you all have a restful summer break.



Important Summer Exam Results Information

Thursday 17th August – A Level Results Day.

Year 13 results will be available from the Academy between 9am – 11am. Staff will be on hand to interpret the results, provided guidance, and assist with UCAS applications (including advice on using Clearing and Clearing Extra).

Students must pick up their result in person and, if they are unable to do so, they will need to email the Examinations Officer at exams@southfieldsacademy.com. Alternatively, they may elect someone else to collect their results for them. Students must either complete the form available on our website or sign a statement naming the person they elect to collect their results. The named person must bring ID with them in order for us to check their identity. Failure to bring ID will mean that we will be unable to give them the results.

Thursday 24th August – GCSE Results Day.

Your son/daughter may come into the Academy canteen to pick up their GCSE results between 9.00am-11.00am on **Thursday 24th August**. Students must pick them up in person and, if they are unable to do so, they will need to email the Examinations Officer at exams@southfieldsacademy.com. Alternatively, they may elect someone else to collect their results. Students must either complete the form available on our website or sign a statement naming the person they elect to collect their results. The named person must bring ID with them in order for us to check their identity; failure to bring ID will mean that we will be unable to give them the results. A number of staff will be present to meet and greet your son/daughter and to discuss their results with them.

In addition to the above, **Southfields Academy Sixth Form will be holding student enrolment interviews on the 24th August** and the Sixth Form Team will be on hand to discuss any issues relating to enrolment onto Post-16 courses. Students will need to attend their interview on this day if they would like to secure their place in our Sixth Form. If they are unable to attend their interview on this day there will be mop-up interviews taking place early in September. You will be able to find details by clicking on "Sixth Form" and then "Apply" on the school's website. Please note, however, that courses fill up on a first come/first served basis

Autumn Term 2023 Start Arrangements

Year 7	Wednesday 6 th September	8.00-8.15am Arrive in school, entry via astro-pitch through the park. 12.10pm Students dismissed through the back gate back into the park to make their way home.
	Thursday 7 th September	Full school day.
Years 8 - 11	Thursday 7 th September	Students return for a full school day.
Year 12	Monday 11 th September	Induction 11.30am-3pm.
	Tuesday 12 th September	Full school day.
Year 13	Monday 11 th September	Full school day.
International Group	Monday 11 th September	Full school day.

Open Events at Southfields Academy

Autumn Term 2023

Wednesday 27 th September	09:00-10:15
Tuesday 3 rd October	09:00-10:15
Wednesday 4 th October	09:00-10:15
Thursday 5th October	17:30-19:30
Tuesday 10 th October	09:00-10:15
Wednesday 11 th October	09:00-10:15
Tuesday 17 th October	09:00-10:15
Wednesday 18 th October	09:00-10:15

At other times, we welcome visits by appointment. For visits during this time or at any other time, please email: sean.french@southfieldsacademy.com or phone: 020 8875 2661



Wandsworth Young People's Wellbeing Service



Self-care Summer Newsletter

NHS
South West London and
St George's Mental Health
NHS Trust



**Are you OK
Wandsworth?**

Wandsworth Education Wellbeing Service work in schools to support young people with their emotional wellbeing, offering 1-2-1 support, groups and workshops. This is our summer newsletter which provides information on activities and wellbeing events that you can try over the summer.

Relationships & Connection

Spending time with friends, family, pets and our community helps boost our wellbeing.



Creativity



Finding ways to be creative helps you express yourself and be more present. Try drawing, writing or making music!

Keeping active!

Keeping active improves our mood. Find something that works for you whether it's walking, dancing, online classes or sports.



Emotional Wellbeing Support



Take a look at **page 2** for self-care plans and mental health support helplines and websites.

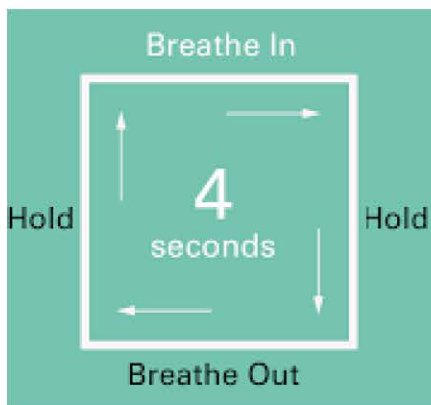
Relaxation

See below some relaxation strategies to try this summer. Click [here](#) for other relaxation ideas.



Fun and entertainment

Take a look at **page 3** for lots of free/lost cost and FUN activities in Wandsworth!



Take a deep breath. Look around you and name:

5 Things you can see

3 Things you can hear

Things you can feel **4**

2 Things you can smell

1 Thing you can taste

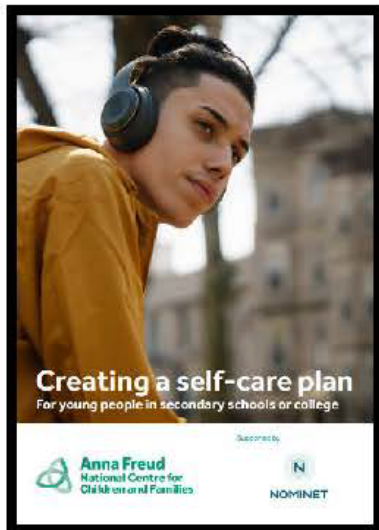


Wandsworth Young People's Wellbeing Service

Self-care Summer Newsletter



Are you OK Wandsworth?



Creating a self-care plan

Self-care is the **little things** we do to **look after our wellbeing** and to keep ourselves **feeling good!**

There are many aspects to self-care:

Physical



Emotional



Social



Practical



Anna Freud have created a self-care plan booklet for young people to fill out. Click [here](#) to access it.

Mental Health Helplines for young people:

If you are concerned about your mental health over the summer, you can contact the below services:

- ❁ **South West London 24/7 Mental Health Support Line** on 0800 028 8000
- ❁ **Childline:** Call 0800 1111 (available 24/7)
- ❁ **Hopeline UK (Papyrus):** Call 0800 068 41 41, text 07860 039967 or email pat@papyrus-uk.org (available 24/7)
- ❁ **Samaritans:** Call 116 123 or email jo@samaritans.org (available 24/7)
- ❁ **Shout:** Text SHOUT to 85258 (available 24/7)
- ❁ **The Mix:** Call 0808 808 4994 (available 4pm to 11pm, Monday to Friday) or text THEMIX to 85258 (available 24/7)

For emergencies, please call 999 or visit your local A&E



Are you OK
Wandsworth?



South West London and
St George's Mental Health
NHS Trust

Wandsworth Connected Summer Holiday Activity and Food Offer 2023

This summer there are **over 40 free** activity camps available for children across Wandsworth borough, including **2** specialist SEND provisions.

Activities include: **Climbing, Art & Crafts, Dance, Skating & Scooting, Day Trips, Cooking, Boxing & Football, Music & Drama, Beauty, Swimming, BMX** and much more!

***** Eligible for young people in receipt of benefit related free school meals. From school years reception to Year 11 *****

More info [here](#) or email wandsworthHAF@wandsworth.gov.uk

4 Week Wandsworth Summer Camp run by Parallel Youth Enterprise and the Metropolitan Police – more info [here](#).

£ payment required.

The camp will run on weekdays from Tuesday 25 July to Thursday 17 August and be open for **9- to 16-year-olds who** live or attend school in Wandsworth, Merton, Richmond or Kingston

Sports, creative workshops and off-site trips (**canoeing, bowling, rock climbing & more!**) To request an enrolment form please send an email to:

SWMailbox-.WandsworthSummerCampEnquiries@met.police.uk



You can find all of the above information on the Academy website.