



Southfields Academy Weekly Newsletter

Week Commencing Monday 19th June 2023



Ethos statement: We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

Southfields Chess Tournament – Mr Spencer

On Monday 12th, 28 students took part in the first Southfields Academy Chess Tournament. We had boys and girls from Years 7-10. Everyone played 5 matches with a 10 minute time control per player. The attitude, fair play and politeness of all the players was excellent. Alan Bielecki (09HRB) won with a perfect score of 5/5. And 4 players tied for 2nd place.

Position in tournament	Name	Total Score (5 rounds)
1st	Alan Bielecki	5.0
Tied 2nd	Dirk Olivier	4.0
Tied 2nd	Piotr Bobrek	4.0
Tied 2nd	Gabriel Campos De Oliveira	4.0
Tied 2nd	Mattia Bonincontro	4.0



A reminder that chess club runs every week in A222, from 3:00-3:45.





Thought for the Week



“Do not judge me by my success, judge me by how many times I fell down and got back up again.”
— Nelson Mandela



Courtney Black – Ms Lenton

On Tuesday, we were very lucky that Courtney Black came to the Academy and shared her fitness journey, from suffering with an eating disorder in her teens, to recovery and becoming one of the country’s most well-known fitness influencers, with a number of our PE students.

Courtney led the students through a high-energy workout and followed that with a talk and a question and answer session. The students asked a range of thought provoking questions and Courtney described one of the keys to her happiness as having variety in her training routine: from running, to Pilates, to high intensity interval training coupled with eating a nutritious balanced diet.



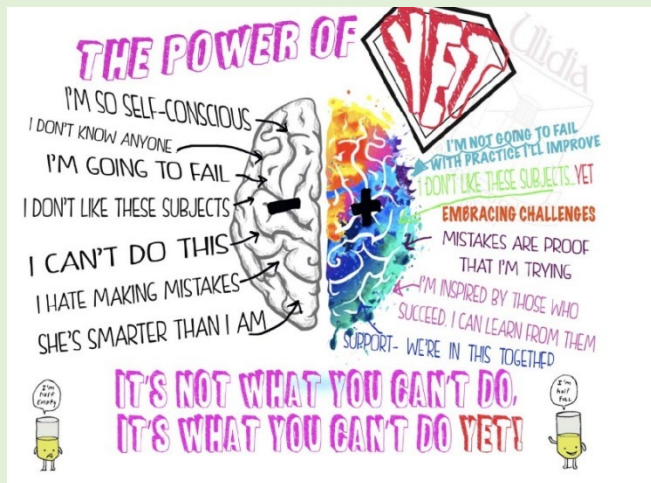
Year 7 News – Ms Millward

As we embrace our new theme of resilience for the last half of term and come together for one final push, Year 7 have much to celebrate and lots to look forward to. The Year 7 team were hugely impressed with the effort put into the IEAP day presentations and we look forward to rolling with this topic for the last half of term. Congratulations to all those that represented the year group in the chess tournament, I was so proud to watch so many of our Year 7s take part.

WHAT IS RESILIENCE? SAI MITHUN SATHISH KUMAR 07LAN

In simple words....

- Self – Care/Self Awareness
- Moving forward
- The ability to bounce back after a difficult experience
- It allows us to adapt and grow in the face of challenges



GOURI METHOSH MENON 07LAN

Quidsmart – Ms Frost

Southfields Academy were privileged to welcome a charity called Quidsmart in on Wednesday to run two workshops with students from Years 7, 8 and 9.

The charity's founder, Danny Sam, accompanied four other colleagues from Bank Santander, leading interactive sessions that posed questions such as, 'Piggy Bank or Bank Account?'; 'spend or save?'; 'variable rate or fixed rate?'.

One Year 7 student suggested it would be a very good idea if parents or carers could open fixed rate bank accounts for students that matured on their 18th birthday (I was glad my own children weren't in the room), while another warned about the effect of inflationary pressures on savings. Year 9 were in heated debate about whether to spend or save £50 if it came their way. One student decided that some part of it should definitely go to homeless charities.

So thoughtful were the students' answers that I was left wondering whether I was in a room with future members of the Treasury! I look forward to welcoming back Quidsmart again in the future to see how the students' financial personalities change over the years.



Stamford Bridge Business Tour – Mr Munro

On Tuesday 13th June, Mr Munro and Mr Haines took 25 Level 3 business students to Stamford Bridge for a tour of Chelsea FC. During the tour, the students learned about the business side of how a football club is run, such as ticket sales, TV broadcasting deals and player wages. They were then taken around the stadium, where they were taken to the pressroom, home and away changing rooms and then out into the stands to look at the pitch.

The Students were allowed to take pictures throughout the tour, so they made the most of this opportunity. The tour ended in the museum, where they were able to see a multitude of trophies including Champions Leagues, Premier Leagues, FA Cups and signed shirts from many big matches from across the years.

The students were excellently behaved throughout the trip, asked many questions and learned a lot of information that should help them with their upcoming coursework. Maybe next time, we can take them to a team who finished in the top half of the table!



Warhammer World – Mr Hillman

On Monday Jigme and Matthew from the Warhammer club visited Warhammer World in Nottingham to compete in the annual schools' tournament. A very early start, leaving St Pancras at 7.30, saw us in Nottingham with plenty of time to spare, we began with a walk along the canal to prepare for the battles to come, and also build up some much needed Vitamin D!

When we got to the centre the boys posed for photographs with the iconic space marine and Rhino Tank statues before the days hostilities began. There were students from all over the country competing, all students had to prepare their own armies, building and painting the models and ensuring their army lists were legal! Points were awarded for winning games, and for having completed armies. There were also awards for sportsmanship and painting ability.

The boys performed admirably, playing against a wide range of opponents, fielding armies of imperial loyalist, chaos heretics and inscrutable aliens! Matthew narrowly missed out on a podium place in the gaming category and Jigme picked up a runner's up prize in the painting section.

The competitive element is however really only a small part of the day and the ethos of the game. The boys met likeminded students who share their passion for the hobby. Stories and laughter were exchanged as freely at the table top as laser fire and swordplay was exchanged on it. There was a great feeling of comradery and inclusivity and the students of all schools played and talked with an openness and genuine passion that is rarely seen.

If you would like to go next year then come along to Warhammer Club every Wednesday 3 - 5 in room A123, no previous experience or equipment necessary, we've got the expertise to get you started. I first played this game in 1983, it's hard to express how much pleasure it's brought me over the last 40 years. Come along and see if it's for you!



Business Celebration – Mr Hertz

To celebrate their hard work and the end of the Business GCSE exams, our IG students brought in lots of traditional food from their countries for a little party. Amazing Brazilian cheese and meat breads, Ukrainian pancakes, Mexican orange cakes, Ethiopian lamb and rice, Somalian Halwa and Albanian puddings were all on the menu and absolutely delicious.

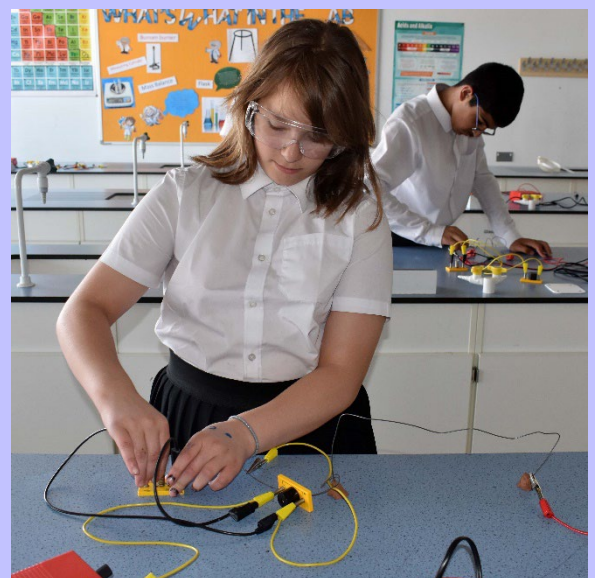
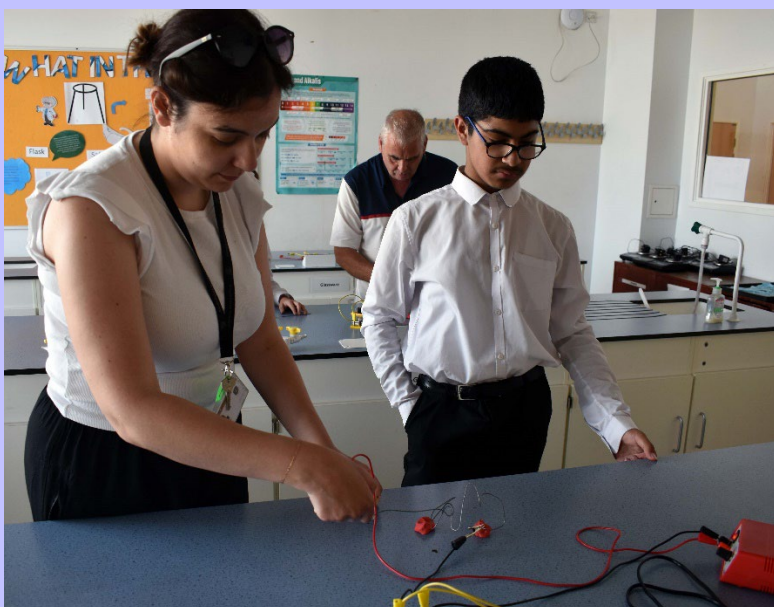
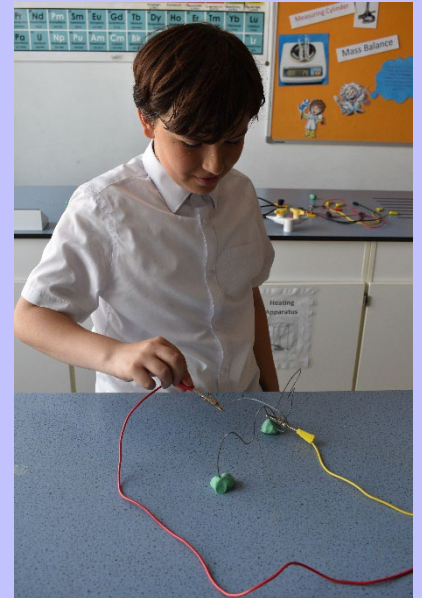
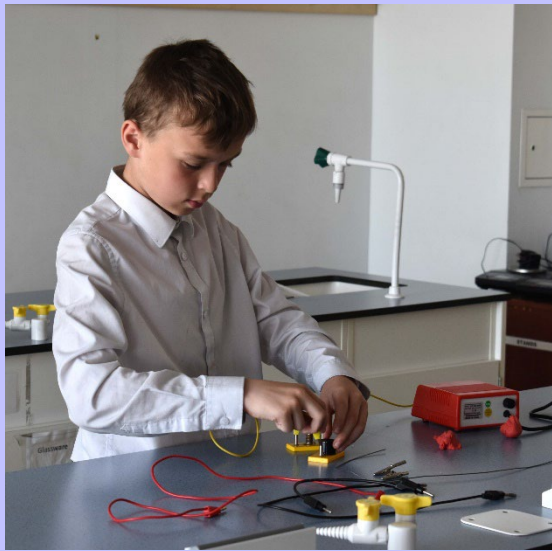


Science Club – Ms El Maadi

In this week's science club, students made their own steady hand game!

By making an incomplete circuit with a buzzer, they ensured that any time their handle made contact with the wire the circuit would become complete and the buzzer would sound and the bulb light up.

They made them as challenging as possible and then tried each other's to see who was the most successful!





Hampton Court Visit – Ms Atley

On Friday 9th June 60 Year 10 students went to Hampton Court to learn about life there under the Tudor monarchs as part of their GCSE Early Elizabethan topic.

The students were in two groups and each group had a talk about life at court focusing on Elizabeth I, a picnic lunch by the lake and got to explore the beautiful Georgian gardens and house. Highlights of the day included finding out how the court fell into disorder during Edward VI's reign (when there were no women at court), the students debating who should succeed Elizabeth if she died of smallpox in 1562 (in the very chamber where her Privy Council did this) and Group A successfully making it out of the maze.

Thank you to all the staff and students for making this such an enjoyable day which will hopefully inspire the Year 10s in their mock assessment on Elizabeth.



Gardening Club: planting up our new raised bed - Mr Millard



Gifted by the London Children's Flower society, this is the second of two beds to be planted up with herbs, flowers and strawberry plants.

Many of the herbs were simply bought from the supermarket and divided up into small clumps. Once planted these will quickly send out new roots and grow into healthy herbs for the students to taste.

Bernardo Sampaio Cerda Florencio and Samuel Preece (left to right), helped to plant up the raised bed.



Placing the plants with tallest to the back



Carefully planting and firming in the new additions



Watering in the new plants

This raised bed has:

- Rosemary
- Greek basil
- Green basil
- Purple basil
- Chives
- Strawberries

The rosemary, chives and strawberries will come back year after year. Basil only grows through the summer so we'll replace it each year with new plants, or try growing something new.

London Schools Roundnet Spikeball Tournament 2023 – Ms Lenton

On Wednesday 14th June, 12 of our Year 8 & 9 students attended the London schools spikeball tournament at Twickenham school. It was a great day where students learned the basic skills of spikeball and then competed against other schools. All students did extremely well; some students had never played spikeball before so it was a good opportunity for them to try a new sport.

All students were a credit to the academy, they all went out of their way to show good sportsmanship and meet new people from other schools.



UCL's London Campus Visit Information – Mr Samuels



Please see the information below if you would like to sign up for this university visit:

We are contacting you from [UCL's Access and Widening Participation team](#) with a reminder about an exciting series of opportunities at UCL for Years 7-11. Sign-ups for June have now closed but your students and their parents/carer can still apply to the July event.

If your students have not signed up yet, we're offering them the opportunity to visit the UCL campus with their families for a day in July 2023.

[Bring Your Family to University Days](#) are a series of free one-day events aimed at providing information, advice and guidance about university to young people and their parents and carers through fun and interactive sessions on UCL's central London campus.

These events will include activities such as subject taster lectures, panels, support sessions for parents/carers, campus tours and the opportunity to talk to current university students. A **FREE** packed lunch will be provided.

Secondary School Dates

- **Saturday 22 July:** Secondary school (Years 7-11)

Places are limited and, as Bring Your Family to University Days are an [Access and Widening Participation](#) initiative, we will prioritise schools who have a high number of students who meet our [widening participation criteria](#). **Please do check the criteria before applying and encourage parents to do the same.**

Dates for Your Diary

Thursday 29th June 2023 - Year 11 Prom
Tuesday 4th July 2023 – Year 6 Induction Day
Tuesday 4th July 2023 – International Group Leavers' Celebration
Thursday 6th July 2023 – Year 13 Leaving Celebration
Friday 14th July 2023 – KS3 Trips Day
Monday 17th July 2023 – KS3 Sports Day
Thursday 20th July 2023 – Academy Breaks for Students for Summer Holiday
Friday 21st July 2023 – INSET Day