



Southfields Academy Weekly Newsletter

Week Commencing Monday 30th January 2023



Ethos statement: We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

Year 9 News - Ms Gbolonyo

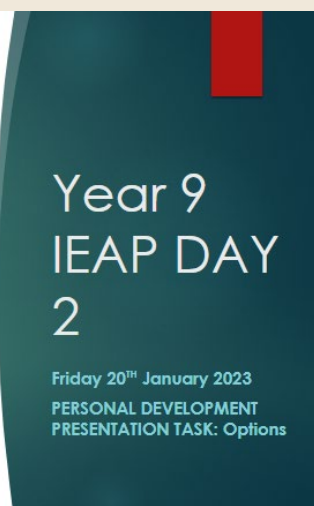
Year 9 Foundation and Core Mock Exams

Over the last fortnight Year 9s have been preparing for their foundation and core Mock exams. The year team and I are incredibly proud of how students conducted themselves throughout. I have heard such great feedback from so many subject teachers about Year 9's work ethic, engagement and quality of preparations. Keep up the fantastic work Year 9!

Attendance

In light of core mock exams, Year 9s had one of their best attendances last week! Well done 9AMD and 9HRB with 99% attendance. This is a very crucial year for Year 9 and it is very important that we maintain this high standard each week.

Group	WC 16.09.23 (Attendance %)
09AMD	99.20%
09HRB	99.11%
09HUN	98.40%
09TOO	97.82%
09LEN	96.25%
09CRL	96.00%
09ROZ	96.00%
09CAR	93.20%
Year 9	96.99%



Thank you to all parents/carers that attended the IEAP appointments with your child. Students met with their tutors to discuss their effort and preparations for their Year 9 foundation and core mock exams, discuss 2 or 3 foundation subject teachers they will be speaking to, to find out more about the course and finally students delivered high quality presentations with in depth research about the career paths their options can lead them to.

Special mentions go to: Abdullahi Abuukar 9HUN & Stanley Stainton 9HUN

My GCSE Options

For my GCSE's I will choose Spanish, Geography and History. These options will allow me to become a commercial pilot.

Why are my options important to me?

My options are important to me because they will help me in the future with my careers of choice. GCSE's are very important due to the fact that if I fail them, there is a chance I may not be able to do the jobs I wish to do. Although there still are A-Levels.

Year 9s will continue to speak to foundation subject teachers about GCSE options and have also been set the task to collect all their assessment grades/ effort grades from their subject teachers by Friday 3rd February 2023. Please ask your child to share all their feedback.

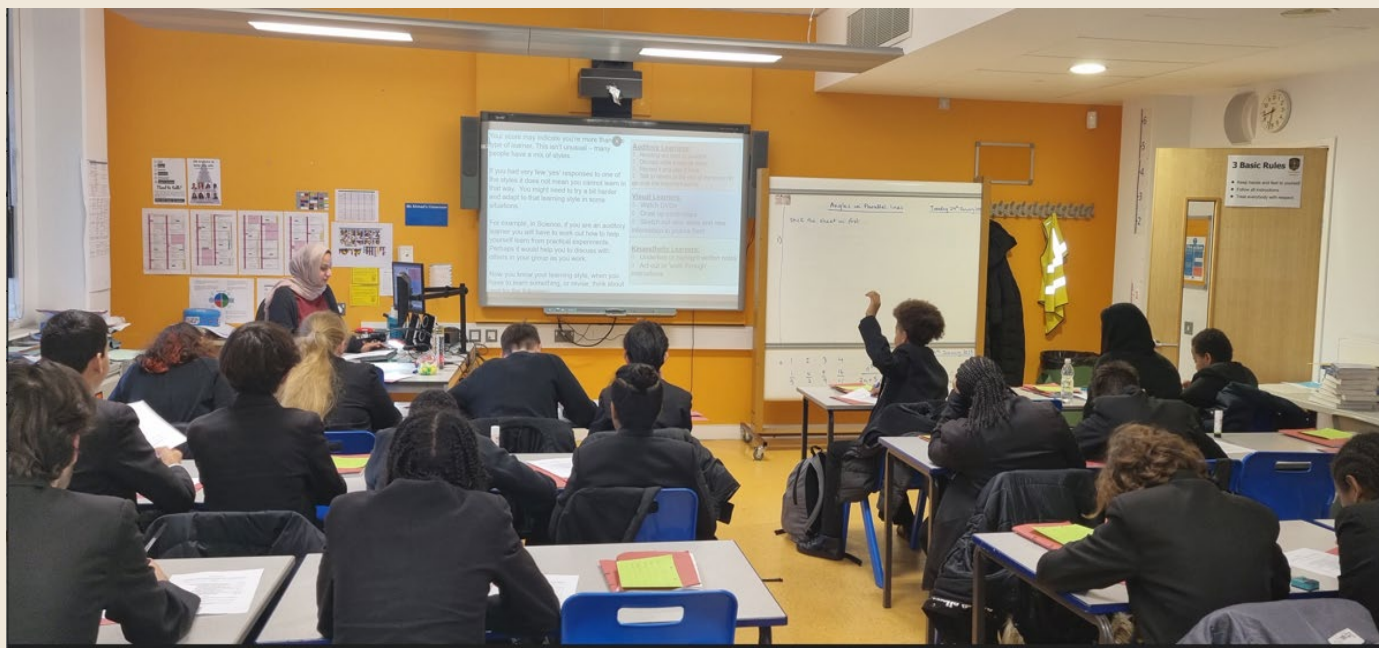
Year 9 Tutor Time Options Activities

During tutor time this week students have been completing a wealth of activities to support them with their options process. Students have considered their strengths and areas for development and really reflected on how their subject choice links to their chosen careers.

Year 9s will continue these engaging conversations and activities in their PSHE lessons.

A massive thank you to all the Year 10 volunteers that went into Year 9 tutor sessions and spoke to the students about the importance of making the right subject choices to study at GCSEs.

As always, I would like to thank you for your on-going support and questions you've asked so far about your child's GCSE options.



Year 9 Dates for diary:

Wednesday 8th March 2023 - Year 9 Options Parents' Evening

Thursday 9th March 2023 - Year 9 Option Forms deadline

Friday 10th March 2023 - 'Loud Mouth' Workshop

Friday 17th March 2023 - Sunday 19th March 2023 PGL Residential Trip



Thought for the Week

"Keep your fears to yourself, but share your courage with others." Robert Louis Stevenson



Year 12 Careers Workshops – Ms Skelley

Southfields Academy's Year 12 IEAP Day on 20th January saw a wide range of careers, professions and skills shared with our students through workshops with external presenters.

There were nineteen different workshops and students had the opportunity to attend two workshops with a maximum of 20 students per session.

- Three civil service departments were represented - Home Office, Ministry of Defence, and Corporate Services at 10 Downing Street
- An ex BBC journalist, a freelance marketing consultant, and a charity and campaign expert represented the creative and campaign industries
- Doyle Clayton, Bank of America and ex Ernst & Young represented Banking, Risk and Accounting
- A Barrister from Quadrant Chambers shared her law career experience.
- Berkeley Homes, Ringway Infrastructure Services, Royal Institute of Chartered Surveyors and National Grid represented construction, power, surveying, and housing
- Dexters represented estate agents, Bright Horizon nurseries and childcare, and UCFB a career in sport/football
- Finally, from the world of healthcare we had an NHS Dentist and an engineer designing and manufacturing orthopaedic medical products.

We are very grateful for the support the Academy gets from external organisations; it gives our students real insights into life in the working world in a wide variety of professions and careers.

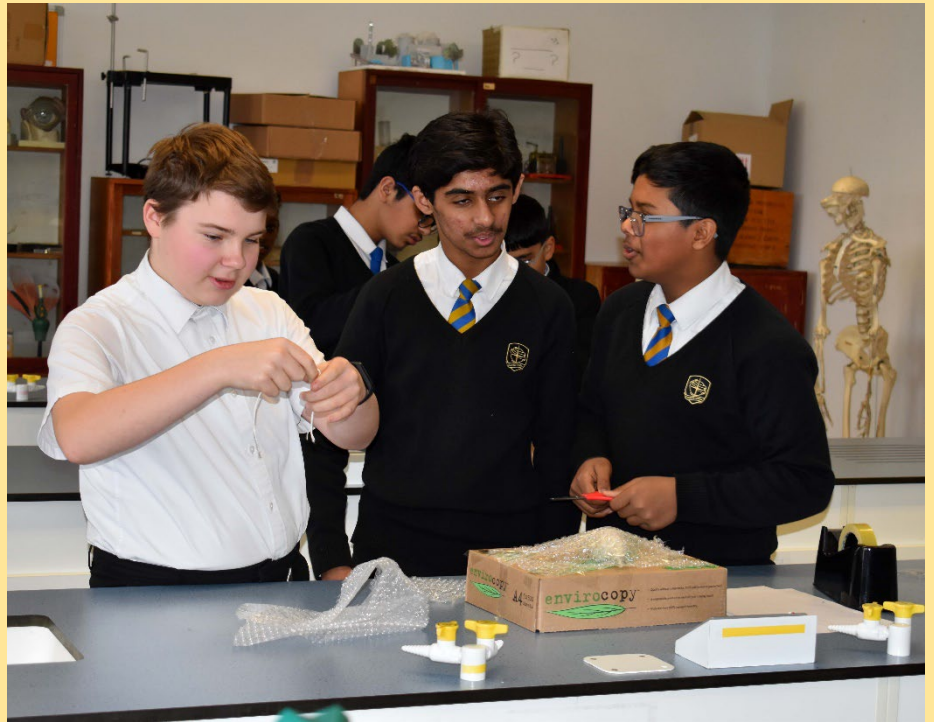
A take home message must be - go with your passion - but work hard at being very good at doing what you love. Career paths can be very varied and where you end up career wise is not necessarily where you start...



Science Club – Mr Clarke

In this week's science club, our activity was chosen almost eggsclusively as a means to fill this newsletter with puns. In the eggstracurricular eggssperiment, students were given a variety of packing materials and string, and tasked with slowing the deceleration of an egg to make sure it didn't break on impact.

It was, of course, an eggceptionally eggcellent activity, with many eggcited eggsspressions motivated by an eggsagurated promise of neggatives if their eggs eggsplored.



Dates for Your Diary

Wednesday 8th February 2023 – Year 12 Level 3 Parents' Evening

Friday 10th February 2023 – Academy breaks for Half Term

Monday 20th February 2023 – Academy Resumes

Wednesday 8th March 2023 – Year 9 Parents' Evening and Options Evening

Wednesday 15th March 2023 – Year 9 Parents' Evening

Options Week News – Mr Whitfield

Options week is well underway and on Wednesday the Year 9s arrived to the black box for the Options Fayre. The students took full advantage of the opportunity to interview subject teachers and research their options, demonstrating independence, enquiring minds and a thirst for knowledge .

One year 9 tutor reflected on their tutor group's post- fayre discussions :

"They all had lots to say about it. A lot of them said "I didn't realise it was going to be about that" etc... and said how they found out things they didn't know about."

A positive start to an exciting new chapter!



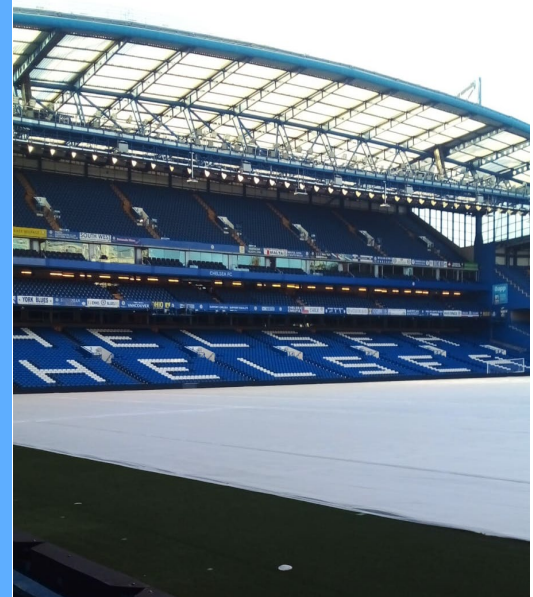
Chelsea "Standing Together" Project – Mr Samuels

Last Friday we took a group of Year 8s and 9s to Stamford Bridge to take part in the Standing Together project from Chelsea FC.

Our students sat through a series of workshops from organisations such as Exit Hate, Groundswell Project and Hope Not Hate.

The speakers were excellent and gave talks on a variety of issues such as extremism, prejudice and discrimination and youth crime but their main focus was increasing community cohesion. Student behaviour was excellent and their conduct whilst travelling and at the venue was superb.

This trip was the first part of the project which will include 3 sessions in-school to work on a campaigns aimed at increasing community cohesion. The project will end with a trip back to Stamford Bridge to present projects to a judging panel and the winning groups will be rewarded with tickets to a Chelsea game. Well done to the students who took part.



Support for Self-Harm – Ms Nearn

Alumina (formerly Self-Harm UK) is a free, online 7 week course for young people struggling with self-harm. Each course has up to 14 young people, all accessing the sessions from their own phones, tablets or laptops across the UK. The courses take place on different evenings of the week and are run by friendly, trained counsellors and volunteer youth workers.

If you are concerned about your child, encourage them to check out Alumina at www.selfharm.co.uk. If you'd prefer in-person/in-school support, we have a range of visiting professionals who can help. Get in touch with your child's tutor or contact our Mental Health Lead.

(tricia.nearn@southfieldsacademy.com)



Year 7 & 8 Wandsworth Sports Hall Athletics – Ms Lenton

A massive well done to all of our Year 7 & 8 students that took part in the indoor athletics competition on Thursday. Our students competed in a range of track and field events against other schools, their effort was amazing and they represented the academy very well.

A special mention to the Year 8 boys who came 2nd and took home silver medals, we have some very talented students. We look forward to seeing them compete in more athletics events in the summer term.



Tutees of the Week- congratulations to you all!

Every week, tutors select and recognise a standout member of their tutor group that have demonstrated excellence. Please see below for this week's Tutees of the Week



Ilahm (STE)

For always getting on with work despite distractions. She is a paragon of hard-work.



Ajla (11FBR)

For showing great effort during tutor time revision activities and for being incredibly organised with her own revision.



Noah (11DES)

For great effort in this weeks revision tasks in tutor time.



Mael (11HLN)

Achieving the most positives this week for effort in lessons.



Manthan (11QRA)

For having the highest number of positive logs this week, and for positive contributions and excellent effort in tutor periods.



Suada (11LNT)

For always bringing energy, enthusiasm and a friendly greeting to tutor time!



Willow (11BRY)

For her focus, zeal and application during tutor-time activities.



Summer-Rose (11GAR)

Completing English work in tutor time and independently.

Star of the Week

Every week a student is nominated by a member of SLT and the Year 11 Team for upholding our school values



Well done to Suada (11LNT) for her integrity and unassailable positive attitude to her learning.



Education Wellbeing Service Webinar

UNDERSTANDING AND SUPPORTING ANXIETY DURING THE TEENAGE YEARS

During the teenage years, anxiety and worries can be common. They can also lead to stress and a range of different emotions. *This webinar aims to:*

- *introduce you to some of the science, facts and research around teenage anxiety*
- *overview common ways you might help support and understand anxiety*
- *let you know about local and national resources that could be helpful.*

Copy the links or scan the barcodes below to register & join us
virtually (MS Teams) at one of our three webinars.

(The same webinar will be presented at all three sessions, so you only need to attend one.)

Thursday 26th January 2023

7 - 8.30pm

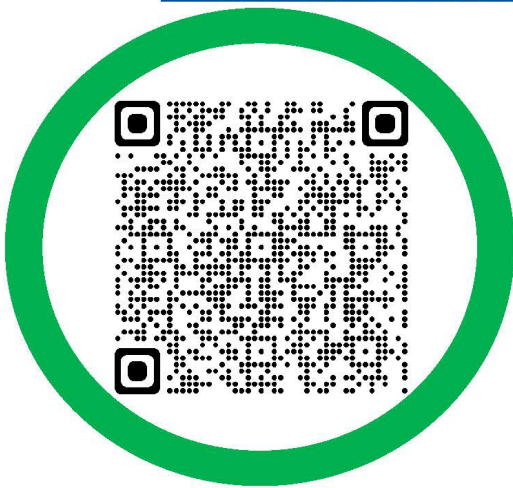
<https://www.eventbrite.com/e/understanding-and-supporting-anxiety-during-the-teenage-years-tickets-379058723847>



Monday 30th January 2023

6 - 7.30pm

<https://www.eventbrite.com/e/understanding-and-supporting-anxiety-during-the-teenage-years-tickets-414079020497>



Wednesday 1st February 2023

12 - 1.30pm

<https://www.eventbrite.com/e/understanding-and-supporting-anxiety-during-the-teenage-years-tickets-414085158857>



Please email wellbeinginschoolsevents@swlstg.nhs.uk with any queries.