



# Southfields Academy Weekly Newsletter

## Week Commencing Monday 9<sup>th</sup> May 2022



**Ethos statement:** We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

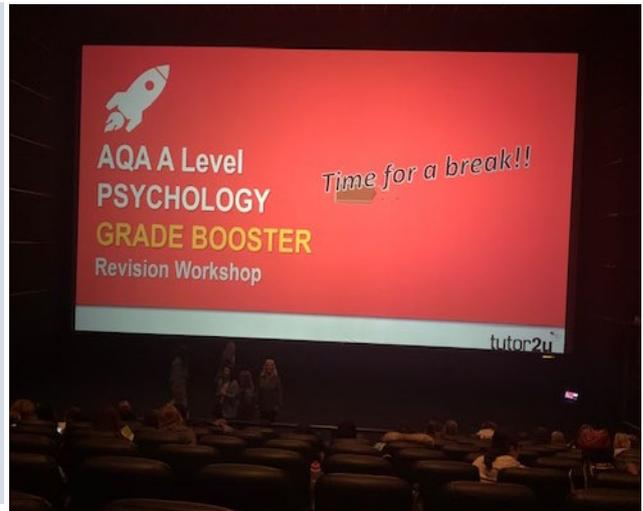
### Tutor2u Grade Booster Workshop – Ms Swann

On Tuesday 26<sup>th</sup> April, a group of sociology and psychology A-level students attended the Tutor2u Grade Booster Workshop in Westfield Stratford City.

The students all participated in the sessions and found the workshops useful preparation for the exams.

They were excellent throughout the day and had an hour lunch break to explore the shopping centre.

As well as the day itself, students get access to an online revision course they can use at home.



### Rising Above Bullying – Ms Nearn

Helping a young person who is being bullied is very difficult; stopping a bully is even more difficult. What does help is teaching students that bullying is actually a power game that they can easily win with the right strategy.

Banter has an important place in British culture where exchanging “friendly” insults is commonly accepted. Bullying, on the other hand, is repeated behaviour that causes emotional harm by shaming, upsetting, belittling or offending.

When students come to see me about being bullied, I first help them discern between banter and bullying (true banter is not something malicious in disguise) and then talk to them about “perfecting the eye roll.” This means being able to shrug off and rise above insults or unkind remarks without taking them on board. This “I couldn't care less” response is powerful at upending the bullying game.

Another approach advocated by bullying expert Brooks Gibbs is to employ ‘The Golden Rule’ - the principle of treating others as one wants to be treated. I often show students this brilliant [video](#) where he explains that while we can't control the behaviour of another, we can control how we respond.

Both approaches foster resilience rather than creating victims, and help young people learn a valuable skill for life. Do watch the video and please get in touch if you need any advice on supporting your child if they are dealing with bullying. ([tricia.nearn@southfieldsacademy.com](mailto:tricia.nearn@southfieldsacademy.com))



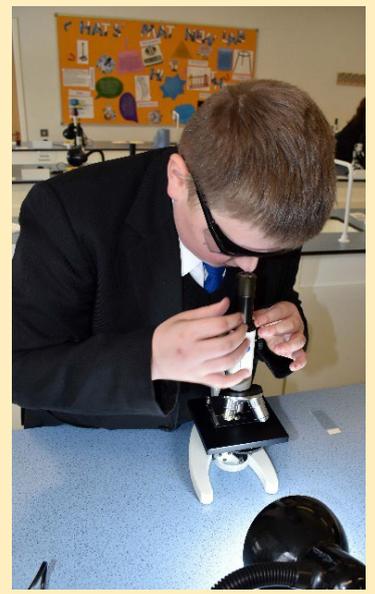
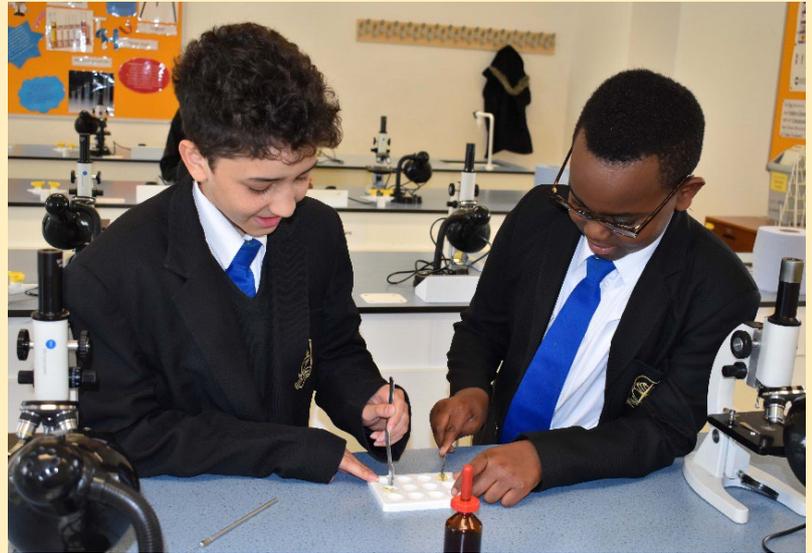
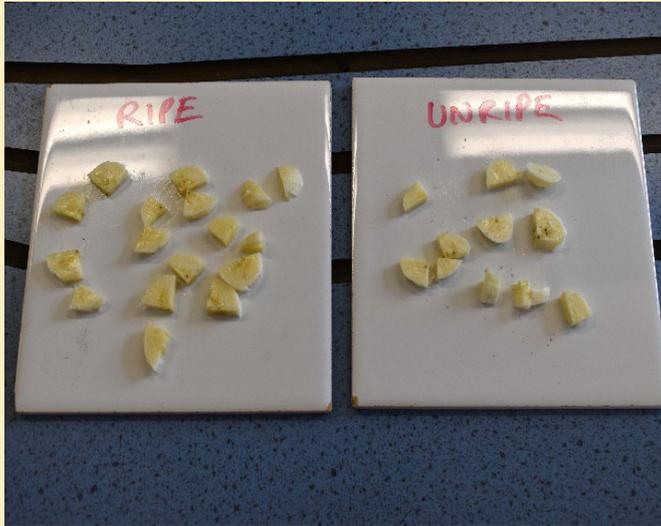
## Thought for the Week

Never relinquish the initiative. - Charles de Gaulle

### Science Club – Mr Clarke

In this week's science club, students investigated a question that has been on many of our lips for years - just why does Andy Murray gobble down a banana between sets?!

Iodine solution stains starch, so after adding this to the banana and viewing it under a microscope the students were able to see the granules of starch contained inside the banana cells, and answer the burning question on everyone's lips: he eats them for energy!



### Dates for Your Diary

- Wednesday 18<sup>th</sup> May 2022 – Year 7 Parents' Evening
- Friday 27<sup>th</sup> May 2022 – Academy Breaks for Half Term
- Monday 6<sup>th</sup> June 2022 – Academy Resumes
- Friday 17<sup>th</sup> June 2022 – IEAP Day
- Monday 27<sup>th</sup> June 2022 – Year 10 Mock Examinations Begin
- Thursday 30<sup>th</sup> June 2022 – Year 13 Leavers' Prom
- Friday 1<sup>st</sup> July 2022 – INSET Day



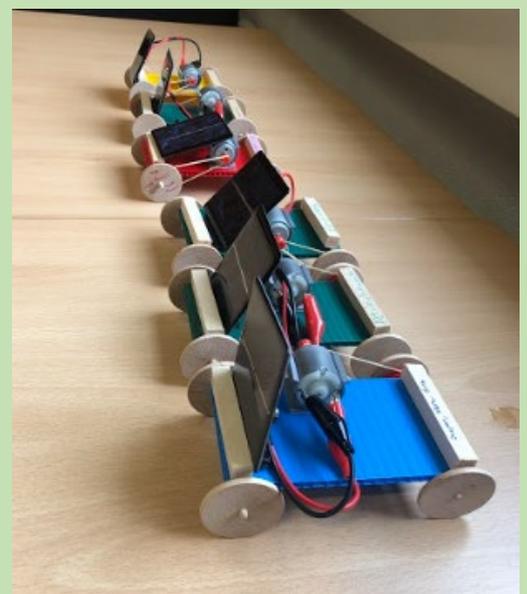
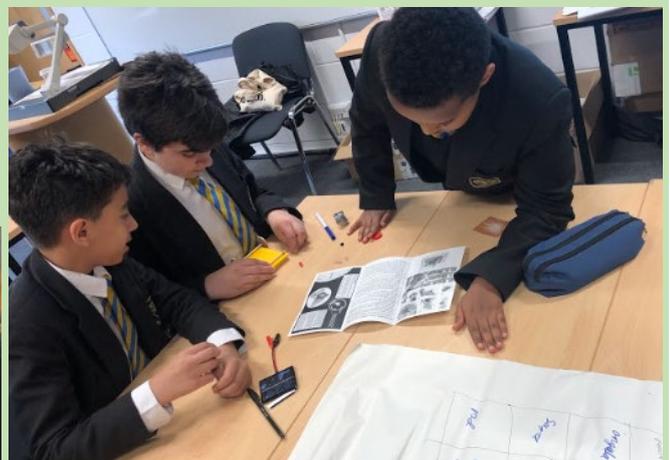
## Year 8 Maths Trip to Roehampton University - Ms Ahmad



On Friday 29<sup>th</sup> April, students from Year 8 participated in a workshop run by the Talent Foundry at Roehampton University. Students were given an opportunity to gain an insight into higher education and the world of work, whilst taking part in a problem solving challenge that focussed on solving global social issues using technology. Students were extremely engaged through all the tasks, which included building a solar panel car, human bingo and presenting a technological solution to a global social issue. Students were also treated to a tour of the university, which saw them visiting the green screen room, learning about Foley in the sound studio and visiting the E-sports room.

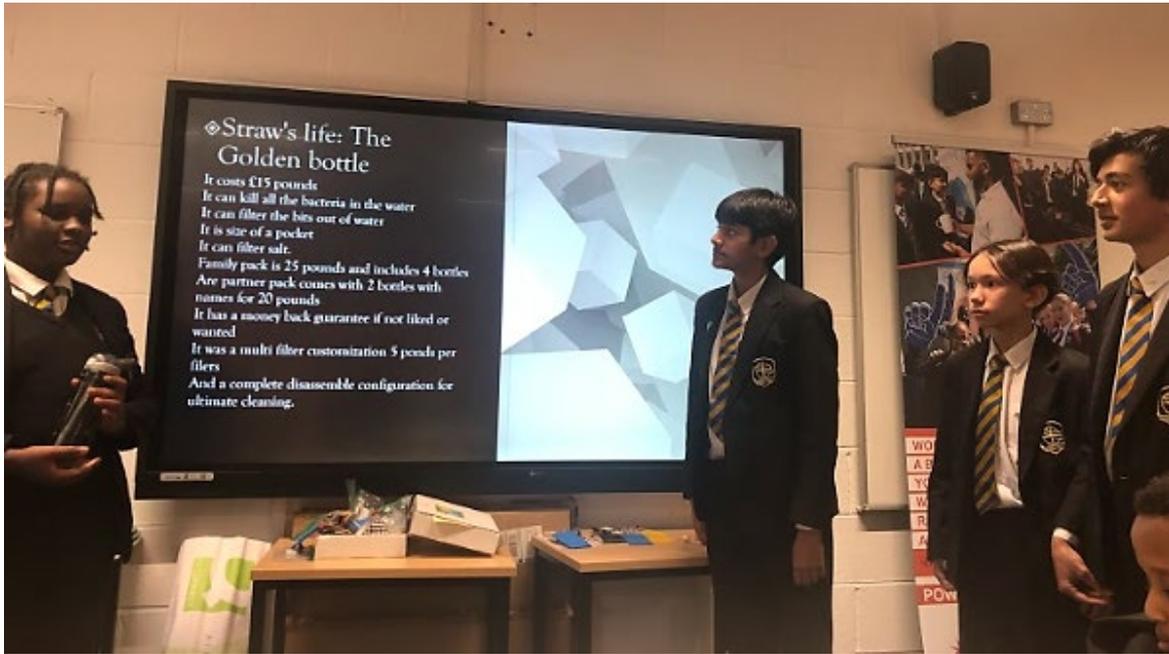
Overall, both students and teachers enjoyed the day. Students were well behaved and below is what the facilitators said about the students:

'This Year 8 group have been absolutely amazing! Honestly as a facilitator of this session for a number of years, this has been my favourite session. They are intelligent, creative, resilient and give me hope for the future. Their ideas and sense of fun was contagious! Congrats to all, many adults would not have been able to do what you did and to that ability.' - Rad and Angela





# Year 8 Maths Trip continued.....



Students disseminating details of the visit to the Year 8 Assembly.

Winners of the challenge with their certificates!



# REGENERATE

## YOUR TIME TO MOVE

**FREE SPORTS SESSIONS FOR YOUNG PEOPLE EVERY TUESDAY EVENING:**

- FITNESS CIRCUITS
- BOXING
- FOOTBALL TRAINING
- ROUNDERS
- TAG RUGBY
- AND LOADS MORE!

**WHERE?** Roehampton Sport & Fitness Centre  
Laverstoke Gardens, SW15 4JB

**WHEN?** Every Tuesday 5-6pm  
(Starting from the 26th April)

**WHO?** Absolutely anyone aged 11-18

**HOW DO I GET INVOLVED?**  
Contact Louis: 07581 032329  
Or simply drop in to a session!

### Coffee Morning – Ms Ramirez

Whether we have a partner or not; sometimes it might feel as if we are doing it all on our own.

If this statement resonates with you, this event is for you. Come and find out how we can support you.

**AFC WIMBLEDON**

# Family Fun Day

**SUNDAY 15 MAY 2022**  
**10AM TO 5PM**

**CHERRY RED RECORDS STADIUM,**  
PLOUGH LANE, LONDON, SW17 0NR

- Live music, DJ & Disco Bus · Festival style food
- Cocktail bars & drinks from the Phoenix pub
- Shopping stalls · Picnic area on the pitch
- Inflatables & face painting
- Stadium Tours · Wimbledon legends (past & present) + surprise guests
- 5-a-side football tournaments on the main pitch run by the AFC Wimbledon Foundation · Beat the keeper games & much more...

To help raise funds for Dons Local Action Group there'll be games including a raffle and tombola as well as our abseil challenge from the roof of the stadium.

**DONS Local Action Group**

**AFC WIMBLEDON FOUNDATION**

Registered Charity no. 1054398

**FREE ENTRY - NO TICKET REQUIRED**  
VISIT [www.donslocalaction.org/family-fun-day](http://www.donslocalaction.org/family-fun-day)



## Parent Support Coffee Morning

(Supporting you to support your child!)



Thursday - 12th May 2021 - 9:00 am-10.00am

### Southfields Academy

(entrance through 'The Aspire Centre')

*This month we will be talking about:*

### Solo Parenting

#### When parenting gets hard, what and who can help

- Join us for a hot drink and biscuits
- Meet other parents going through similar experiences
- Learn how to best support your child and each other



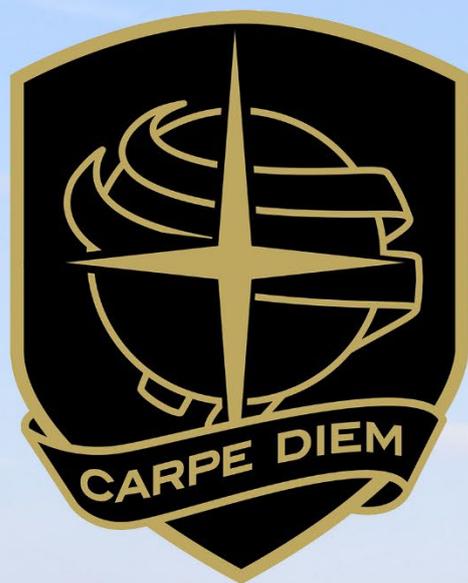
At Southfields Academy, we believe in working in partnership with parents, school staff, and other professionals to support pupils' resilience and wellbeing. Your views are important to us!

For more information contact Nancy Ramirez

[nancy.ramirez@southfieldsacademy.com](mailto:nancy.ramirez@southfieldsacademy.com) 020 8875 2600

Southfields Academy, 333 Merton Road, London SW18 5JU

# Southfields Academy



## Open Events 2022

Southfields Academy welcomes prospective students and their parents to our community to find out what makes it special.

### Summer Term 2022 Open Events

Tuesday 7 <sup>th</sup> June	09:00-10:15
Wednesday 8 <sup>th</sup> June	09:00-10:15
Tuesday 14 <sup>th</sup> June	09:00-10:15
Wednesday 15 <sup>th</sup> June	09:00-10:15
Tuesday 21 <sup>st</sup> June	09:00-10:15
Wednesday 22 <sup>nd</sup> June	09:00-10:15

At other times, we welcome visits by appointment. For visits during this time or at any other time, please email: [sean.french@southfieldsacademy.com](mailto:sean.french@southfieldsacademy.com) or phone: 020 8875 2661