



# Southfields Academy Weekly Newsletter

## Week Commencing Monday 7<sup>th</sup> February 2022



**Ethos statement:** We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

### Year 9 News – Mr Cameron

Last week was Options Week for the students. As we all know, Year 9 is a very important year for a student's school career as they get closer and closer to their GCSE exams. During their registrations, they were given various tasks which helped give them a better understanding of each subject, assessments, as well as helping them to decide which subjects would be best for them to do over the next two years.

Students were also given booklets that explained how each course works along with how they are assessed, what each topic covers as well as potential for A-Level or BTEC in our wonderful Sixth Form. We encourage all parents to look through the booklet with students to help them make a better choice as well as helping yourselves to become more familiar with what each subject will cover.

Well done to all the students who came in on IEAP Day. We saw some great presentations that were based on their GCSE Options. The students demonstrated excellent research and presentation skills and we are all proud of the hard work and effort that they put in. Well done to them all!

I would also like to give a special shout-out to Xen Clohessy, David Sznicer, and Jeremiah Daley-White of 09DWG. They have each been to every basketball session since the beginning and I'm starting to see a real difference with their performances in training, as well as break times!

### Chess Club – Tuesdays 3pm – A122 – Mr Spencer

The Academy Chess club continues to go from strength to strength. All ages and abilities very welcome.

Thank you to regular chess club members, See photos, who include Year 7: Alfie Godden, Ransom Murray, Pelham Miller, Youcef Boukhari, and Samuel Norman. Year 10: Aleks Bakardzhiev. Year 11: Asher Rankin, Asad Zaman, Carl Bautista De Leon and Uzair Arshad.

End of year school Championships to come plus matches against other schools.







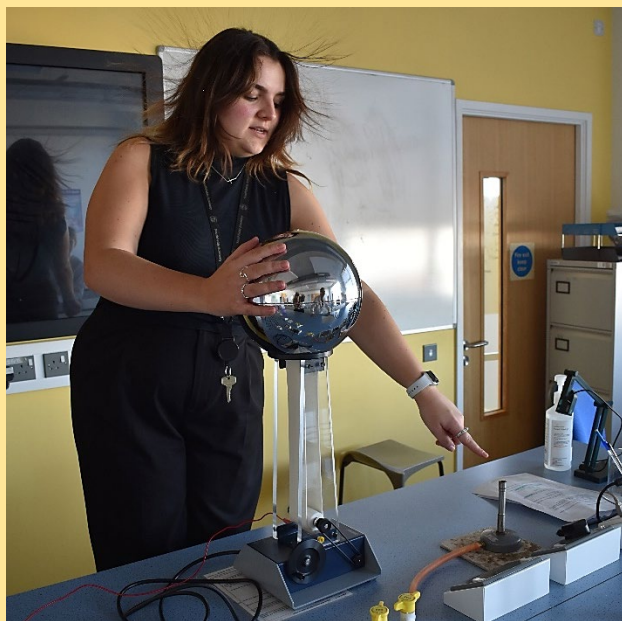
## Thought for the Week

"Leaders must be close enough to relate to others, but far enough ahead to motivate them." ~ John Maxwell



### Science Club – Mr Norris

In science club this week the students had a hair-raising experience using a Van de Graaff generator. Switching the generator on moves a roller and turns a belt, the roller begins to build a negative charge and collects electrons. The electrons move up the belt that acts like an elevator causing the electrons to collect on the outside of the silver ball and are easily transferred to anything that comes in contact, especially something like skin that will conduct it. By leaving their hands on the silver ball, the electrons move through their bodies and onto their hair. Staff and students had great fun trying it out with some hair-larious results!







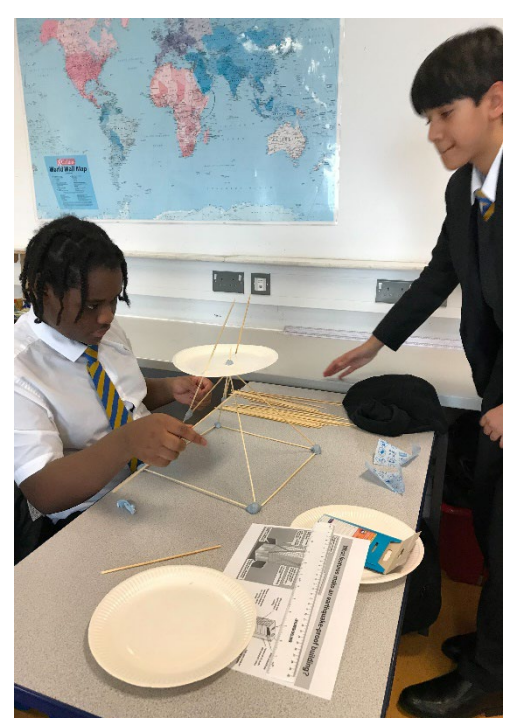
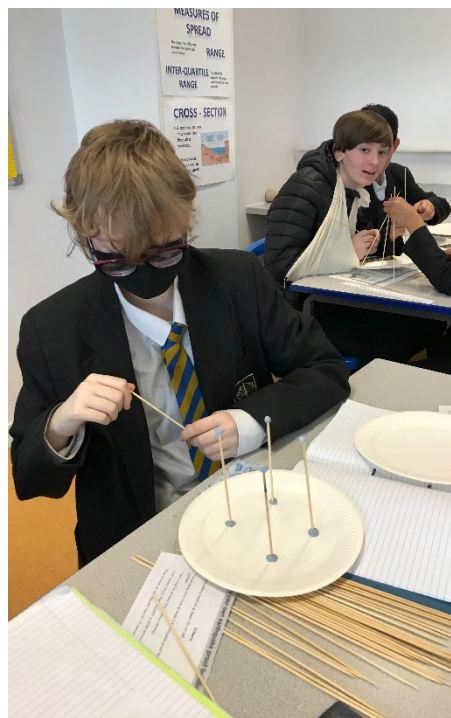
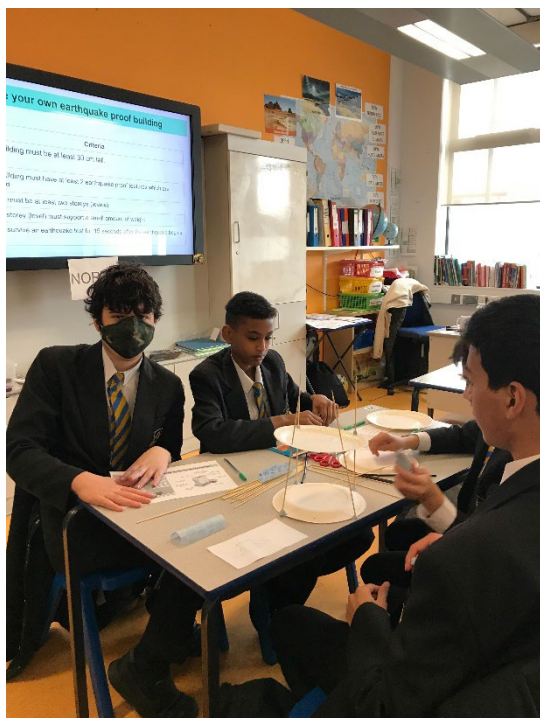
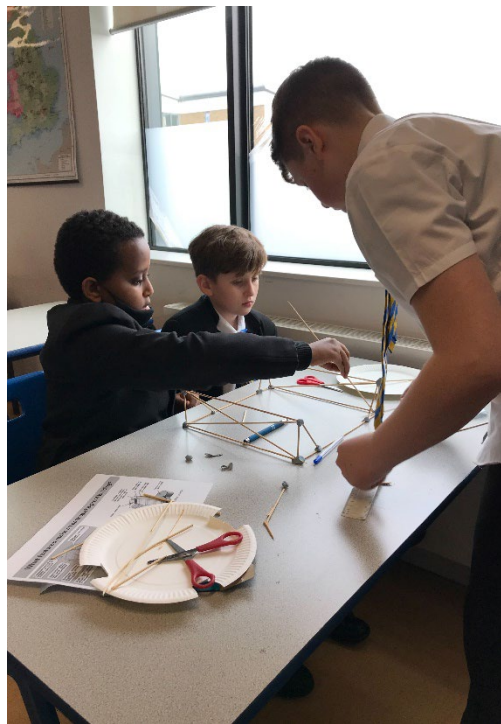
## Earthquake proof buildings – Ms Hambidge



Ms Hambidge's Year 8 geographers have been busy making earthquake proof buildings. They have been studying the causes and impacts of the devastating 2010 earthquake in Chile. Many lives were lost because the buildings were not earthquake proof.

The students' designs incorporated all kinds of earthquake proofing features such as cross bracing, shock absorbers and counter-weights. All designs had to be more than 30cm in height, contain 2 weight-bearing floors and, of course, pass the rigorous 15 second wobble test!

Well done 08GG2 for your hard work and creativity.







## Sporting Success this week



Congratulations to the Year 10 football team who won the Wandsworth 6 a side football tournament. Southfields beat Ashcroft Academy, Graveney and Bolingbroke having conceded no goals in the whole competition. Mr Boyce would like to thank the team for their hard work and commitment.

On Thursday 27th our 9 Sports Leaders supported Chelsea FC at a football event for local Primary schools. They were amazing and made the PE department so proud. Their leadership, teamwork and enthusiasm was outstanding, massive well done to them all. Sports Leaders of the day were Arvav and Callum in Y9.

On Tuesday 1st February our Y8 team played against St Cecilia's. It was an amazing effort by all to keep a clean sheet and win 8-0. The goals and skills were amazing by all. Goals scorers were: Eduardo x2, Stanley x2, who played up from Y7, Taylor, Qassem and Denzel. The final goal was from Isaiah who was man of the match. Well done boys!!!

On Wednesday 2nd February the Y10 and Y9 sports leaders took part in the Wandsworth Y5/6 girls football festival held at Southfields. The students gave up their own time to support with the event, acting in many different roles. They were amazing and supported all the students and Mr Miller in running the event. Massive well done to them all. Sports Leader of the day was Maccuchio for his outstanding ref knowledge and skills and Aaliyah for her kindness and support with the scoring. You are all a credit to the PE team. Keep up the good work.

#BETHEBESTYOU CAN BE



## Children's Mental Health Week – Ms Nearn 7-13 Feb 2022

The theme for this year's Children's Mental Health Week is "growing together". Students at Southfields Academy will be learning about the elements of a healthy mind and how to grow one.



Recognising that parents often need help growing their minds too, Beyond - a youth mental health charity that exists to improve young people's mental health in the UK - are hosting a free on-line workshop:


### How to Parent Post-Pandemic 9th February 2022 @ 8pm

For many parents and carers, the pandemic has brought up a challenging theme; how do you navigate your own mental health whilst looking after your children's?

This session, hosted by award winning journalist, author of 'Mum, What's Wrong with You' and mum of four, Lorraine Candy will explore how the pandemic has affected parents' mental health and how we can best manage the push/pull that we often feel. Click [here](#) to register.

Dear Parents,

We're hosting an online webinar for parents and we'd love to see you there.



## What about me?

Looking after yourself in a world of "perfect" parenting.

**Monday 7<sup>th</sup> February at 19:00-20:00.**

With school holidays around the corner, this workshop invites parents to take some time to think about their own needs.

South West London and St George's **NHS**  
Mental Health NHS Trust  
Southfields Trailblazer Mental Health Support Team

**Monday 7<sup>th</sup> February at 19:00-20:00.**

Sometimes we are so busy being parents that we forget to look after ourselves. It's especially important for parents to look after themselves during school holidays.

So, with half-term just around the corner, we are inviting parents to:

- Explore feelings of being judged, not being up to the task or being overwhelmed by parenting.
- Consider how our own thoughts and feelings about parenting can impact on how we respond to difficult moments with our children.
- Learn practical strategies to boost confidence and feel more satisfied as a parent

The webinar will be delivered by Dr Kelly Lewis-Cole, Clinical Psychologist and Service Coordinator for Southfields NHS Trailblazers Mental Health Support Team

Register soon as space is limited

We hope you're able to join us!

Register  
HERE

It is important to us that our support is accessible to everyone. If you are unable to access this webinar for any reason, please contact your school and register your interest. We will do our best to offer an alternative date/format.

### Dates for Your Diary

Monday 7<sup>th</sup> February 2022 – Year 10 Mock Exams Begin

Wednesday 9<sup>th</sup> February 2022 – Year 13 Parents' Evening.

Friday 11<sup>th</sup> February 2022 – Academy Breaks for Half Term Holiday

Monday 21<sup>st</sup> February 2022 – Academy resumes

Wednesday 23<sup>rd</sup> February 2022 – Year 12 Level 3 Parents' Evening

Monday 28<sup>th</sup> February 2022 – Year 8 Mock Examinations Begin

Thursday 3<sup>rd</sup> March 2022 – Year 9 Parents' Evening & Options Evening 17:00 – 19:30 irl event

Friday 4<sup>th</sup> March 2022 – Year 9 Options Form deadline

Monday 7<sup>th</sup> March 2022 – Year 11 GCSE Mock Examinations Begin

Monday 7<sup>th</sup> March 2022 – National Careers Week Begin

Thursday 10<sup>th</sup> March 2022 – Year 10 Parents' Evening

Tuesday 15<sup>th</sup> March 2022 – INSET DAY