



# Southfields Academy Weekly Newsletter

## Week Commencing Monday 17<sup>th</sup> May 2021



**Ethos statement:** We believe that through individual commitment, self-discipline, integrity and respect for others, we inspire everyone to learn.

### Year 7 News – Ms Gbolonyo

#### Parent's Evening Survey

I have received an overwhelming amount of positive feedback from staff, students and parents following on from last week's Parents' evening. Thank you to those of you that have completed the survey. Can I kindly remind any parent/carer to please complete this <https://forms.gle/ugsa3VeG5m3ph3x17> if they haven't already done so.

#### Year 7 Homework Club

Year 7 homework club will resume in summer term 2. Year 7 tutors, Ms Boothe and I will be selecting key students to attend. This will commence on Thursday 10th June 2021 1.30-2.15pm and will continue throughout the rest of the academic year.

#### Mental Health Awareness Week

Throughout the week during tutor time students have explored the theme of Mental Health Awareness. Please see top tips from the Mental Health Foundation on connecting with nature to improve your mental health: [https://www.mentalhealth.org.uk/sites/default/files/MHAW21\\_nature-top-tips-v2.pdf](https://www.mentalhealth.org.uk/sites/default/files/MHAW21_nature-top-tips-v2.pdf)

#### Attendance

Congratulations to the following tutor groups for having 100% attendance last week: 07DRN, 07GLH, 07LEN and 07ROZ. We look forward to seeing the students every day. The competition for next week is to have 100% attendance for the whole year group!

### Social Workers in Schools project

We are delighted to inform you that Southfields Academy has been selected to take part in a pilot project, which has been funded by the London Borough of Wandsworth. The project will review the possible benefits of placing a Social Worker in the school, for students, families and teachers.

The Social Worker will be based on site every Tuesday and Thursday and will be involved in working with the school staff to actively promote and support social and emotional wellbeing for students and families. This will be delivered through one to one sessions, family work, workshops and training. If your child or family is offered support, you will be contacted directly by the social worker whose name is Ella Rollins.

The project will run until March 2022 and will be assessed and monitored to determine if there are any positive benefits for students and families in having a Social Worker in the school. If positive outcomes are identified, there is a possibility that the project will continue.

We hope you welcome this addition to our school.

### Dates for Your Diary

Thursday 27<sup>th</sup> May 2021 – Year 8 Parents' Evening  
Monday 31<sup>st</sup> May 2021 – Half Term Break  
Monday 7<sup>th</sup> June 2021 – INSET Day (Academy Closed to Students)  
Tuesday 8<sup>th</sup> June 2021 – Academy Resumes For Students  
Tuesday 6<sup>th</sup> July 2021 – Key Stage 3 Drop Down Day  
Thursday 8<sup>th</sup> July 2021 – International Group Prom  
Wednesday 14<sup>th</sup> July 2021 – Year 13 Prom  
Thursday 15<sup>th</sup> July 2021 – Year 11 Prom



## Thought for the Week

“Kindness is the language which the deaf can hear and the blind can see.” – *Mark Twain*

### Dance Opportunities – Ms Risolino

#### Tavaziva x Step into Dance Big Top Showcase

During the May / June half term, Tavaziva will work with YOU to create a new piece that will be performed in the Big Top Tent as part of Wandsworth Arts Fringe Festival on Wednesday 30 June!

Using a particular theme as a starting point, Bawren Tavaziva will work with you to develop your very own performance piece that will be shared live at this year's festival. The workshops are open to dancers aged 11-18 and the piece created will be based on your experience of dance and movement to achieve a high-quality piece with the same production values as Tavaziva's company work.

Join us for a highly rewarding, memorable and unique opportunity as we develop a mini Tavaziva company together.

#### How do I get involved?

To apply for a place on this project, please complete our online application form before Monday 24 May. Please note due to Covid-19 social distancing measures, spaces are limited and will be allocated on a first come first serve basis.

You will need to be available for the following workshop and rehearsal dates:

**Half term: Tuesday 1 June: 12:00 – 16:00. Workshop/Rehearsal.**

**Half term: Wednesday 2 June: 12:00 – 16:00. Workshop/Rehearsal.**

**Half term: Thursday 3 June: 12:00 – 16:00. Workshop/Rehearsal.**

**Half term: Friday 4 June: 12:00 – 16:00. Workshop/Rehearsal.**

**Monday 28 June: 17:00 – 19:30. Final Rehearsal.**

**Wednesday 30 June (Evening performance as part of Wandsworth Arts Fringe Festival)**

Link: <https://www.royalacademyofdance.org/our-dance-projects/step-into-dance/projects/tavaziva-big-top-showcase/>

### New Adventures announced today its brand-new training programme, Cygnet School.

**Cygnet School** is a dance training programme for young people predominantly from backgrounds with limited access to arts provision and has been developed as part of our commitment to increase diversity in the sector and provide equity of opportunity. This programme fills a fundamental gap between young people participating at a grass roots level through our engagement work and those who progress onto vocational training.

We believe that talent is everywhere but opportunity is not and we are committed to changing this through the launch of Cygnet School.

The first cohort of 12 young dancers aged 12 - 24 from across the country will take part in an annual programme of monthly workshops and holiday residencies at **The Marlowe Theatre** launching in July 2021. Cygnet School will harness raw potential, enabling participants to develop a breadth of creative performance skills and a passion for dance to equip them with a range of skills and training to progress into the second year of Cygnet School training or onwards.

This might be through other New Adventures pathways including [Swan School](#) or other creative opportunities and vocational training across the dance sector.

Link: [https://new-adventures.net/news/new-adventures-announce-cygnet-school?mc\\_cid=d030466164&mc\\_eid=26ce7189cb](https://new-adventures.net/news/new-adventures-announce-cygnet-school?mc_cid=d030466164&mc_eid=26ce7189cb)



### Edibles: Information for Parents & Carers - May 2021

There is concern locally about the use of edibles by a small number of young people, which has resulted in some requiring medical assistance. We are writing to share information with you about edibles and how to support children and young people who may have access to them.

#### What are edibles?

Edibles are food products that may contain cannabis. There are many forms of edibles, including sweets, gummies and lollipops. They usually contain – or are marketed as containing - a number of chemicals, many of which are harmful and controlled under the Misuse of Drugs Act (1971) including tetrahydrocannabinol (THC). THC is the psychoactive compound in cannabis and can make people feel a range of effects, while cannabidiol (CBD) is the non- psychoactive chemical compound, which does not have the same effect. Any CBD product containing THC is illegal in the UK.

The sweet versions are widely available on the internet and via social media and may be easily accessed by young people. The packaging is often deliberately targeted to attract young people. There is NO quality control of these products.

#### What are we worried about?

The amount of cannabis in these products can vary greatly and sometimes other harmful drugs are added too. The effects of consuming edibles are unpredictable and it can be very easy to accidentally take a larger dose. Edibles take between 1-3 hours to have an effect because food is absorbed into the bloodstream through the liver. Because it takes longer, the person taking them may end up consuming larger amounts of the drug while thinking the drug isn't working. As edibles may look like other products, there is also the risk someone may ingest them without realising they contain drugs - this could include other children in the home.

### Edibles Packaging Examples

#### Displayed side effects may include:

- Paranoia
- Panic attacks
- Nausea
- Impaired mobility
- Hyperactivity
- Elevated heart rate
- Hallucinations



#### What can you do?

We recommend monitoring food packaging/ wrappers, looking for wording such as CBD or THC suggesting the items are cannabis oil infused.

**Please be mindful of the medical needs should a child present with symptoms, or if you suspect they have consumed a drug-laced substance. In a medical emergency, call 999.**

If you are made aware of any social media accounts advertising these items, we ask you report this information to the police, school or [Crime Stoppers](#).

#### Local service:

<https://www.catch-22.org.uk/services/wandsworth-young-peoples-health-agency>

[yphealth.office@catch-22.org.uk](mailto:yphealth.office@catch-22.org.uk)

07770 573131

Catch 22 is a specialist service for young people aged up to 18. They offer free and confidential advice and support as well as training for professionals.

#### Websites:

The following website is a really helpful source of information for children, young people, and their parents and carers:

<https://www.talktofrank.com/drug/cannabis>

For friendly, confidential advice, Talk to FRANK on 0300 1236600.



## Wellbeing of Adolescents Research



### How does your 11-13 year-old connect with nature?

One of our school Governors is conducting research into how exposure and connection to nature impacts the wellbeing of adolescents, specifically 11 to 13 year-olds. As well as being a local mum with two young children, she is a postgraduate student in the School of Psychology at the University of East London.

Research has shown that exposure to nature can positively impact the wellbeing of adults. It is also known that adolescents are less likely to have a strong connection with nature in the way they may have done as younger children (or might do later as adults. This research intends to look into that gap.

The project has been approved by the School of Psychology Research Ethics Committee and is guided by the standards of research ethics set by the British Psychological Society. If you have children between the ages of 11 and 13 years and would be happy for them to participate, please click the link below, give consent for your child to take part, then let them complete the survey on your device. It should take no more than 10 minutes to complete. And if you know of others who might like to participate, feel free to forward the link to them!

[https://uelpsych.eu.qualtrics.com/jfe/form/SV\\_aXjwnfLaGg7dxgg](https://uelpsych.eu.qualtrics.com/jfe/form/SV_aXjwnfLaGg7dxgg)

And while we're on the subject of nature...

The developers of the new [Springfield Village development](#), are holding an artwork competition in an effort to brighten up the hoardings on site. Because the theme for Mental Health Awareness Week (10-16 May) is nature, they are inviting pupils to submit brightly coloured drawings showing how they connect with nature and how it makes them feel.

Here are the guidelines if your child would like to participate:

- Artwork is 2D.
- Artwork no bigger than A3
- Artwork must avoid images that may be deemed as potentially offensive. Whilst it is important to have an open mind with subject matter this will be a public exhibition and will be considerate to that broad audience
- The artwork will not be on sale.
- The artwork will be anonymous

There is a limit on space so early entry is advised. Please submit entries to Ms Nearn (B160) by Monday 24th May.

### Mindfulness – Ms Ramirez

Nancy Ramirez, our Academy Welfare Officer has been working with students and staff on site and we wanted to share some more of her mindfulness tips with you.

For students, App for mindful teens:

<https://drive.google.com/file/d/1km8KowdXvYDysITnW6lpdfR2uFzmCs/view?usp=sharing>

For parents, Mindfulness for parents – techniques to self-regulate:

<https://drive.google.com/file/d/1oOhv10Jxin26Q63mpPfc8e2q9foYajz/view?usp=sharing>





## Southfields elects . . . . Niko Omilana for London Mayor! – Ms Atley & Mr Samuels

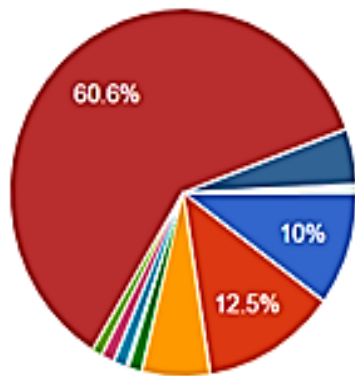
Southfields Academy held a virtual Mayoral election on Thursday 6<sup>th</sup> May. Students discussed the role of the Mayor and the various candidates' policies in their tutor groups and then were able to vote for a first and second preference for London's Mayor.

The turnout was 34% and the result was a clear win for Niko Omilana with over 60% of the votes in the first round. Second place was Shaun Bailey for Conservative and third was Sadiq Khan for Labour. The result certainly points to the importance of social media in politics, particularly among the young. Thank you to all the students who took part, tutors and Heads of Year who led these lively and engaged discussions with their classes.



### Election for London Mayor 1st Choice

409 responses



- Sadiq Khan, Labour Party - Jobs, a gr...
- Shaun Bailey, Conservative Party - Pr...
- Sian Berry, Green Party - Promising: A...
- Luisa Porritt, Liberal Democrat Party - ...
- Peter Gammons, UKIP - Recruit more...
- Valerie Brown, Buring Pink - Campaig...
- Mandu Reid, Women's Equality Party...
- Brian Rose, London Real Party - https...

▲ 1/2 ▼

## Modelled Kindness in Drama – Mr Whitfield

Danial Rana, Daniel Angus, Caprice Dawkins, Ruby Ahern, Alex Davey, Keira Josiah and Frankie Didd.

These students have modelled kindness throughout the devised process so far; always including each other's ideas, making everyone in the group feel valued and making last minute changes to help other students. They have created a working environment that makes everyone feel good about themselves. Impressive.



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You will then be able to click on the 'News' button to view all of the latest news items that have been added to the school(s) you have selected and also all of the upcoming calendar events by clicking on the 'Events' button.



## Successful Quizzers in the Last Two Weeks Accelerated Reader - Ms Swann



### Year 7

ALNOOR, Abdelaziz  
ALONSO LORENTA, Daniela  
FAROOQ, Shayaan  
HAIDARY, Nastaran  
HAIDARY, Yasaman  
IDRIS, Yusra  
LEWANDOWSKA, Olivia  
MOORE, Maximilian  
PETERSONS, Gusts  
PUTHUVLAKAN, Kavinran  
ROMANOWSKI, Fryderyk  
TITANE, Nizar  
DELIALLISI, Agron  
OGUNBAMBI, Olamiposi  
WESTON, Codi  
ABBAS, Mariam Omotolani  
MOHAMED, Arda  
TELVAK, Miroslav  
HUSSEIN, Yacqub  
HUTCHINSON-MATHURIN, Kyrie  
MAYAR, Sahill  
MOURA, Vanessa  
MILLER, Lily  
HOPE, Aschamie  
MILLAN FACUNDES, Flavio Cesar  
LINCOLN, Tajus  
STANTON, Stanley  
WEBB, Isaac  
GALKA KAPALA, Nicolas  
KASIRYE, Tegan  
MAHAMED, Hani  
MENDEZ SANCHEZ, Yaison  
RUBAMOORTHY, Sajana  
STRINGER, Luke  
TOUSSAINT, Kymora-Li  
UZOCHUKWU, Haroon  
BELLINATO SANCHES, Giovana  
DOS SANTOS SILVA, Luis Felipe  
ESTRADA AYCA, Edison Giovanni  
SHEARMAN, Chestan



### Year 8

AOUN, Ayat  
DIDULESCU, Bianca  
FIELD, Matthew  
GIL, Angelina  
HERRERA, Marcelo  
MALCOLM, Callum  
SHUNMUGALINGAM, Saishaan  
SUDDARDS, Alfie  
TRUSS, Hayden  
ASIF, Anisha  
AWAN, Fareed  
BEDFORD, Chloe  
BOYD ROBERTS, Diaz  
KRASZEWSKA, Victoria  
MCCURDY SMITH, Zahra  
PETROVA, Evelina  
PIETRASZEWSKI, Kacper  
SINGH, Arnav  
WILLIAMS, Ilariah  
ABUBKIR, Mohamed  
KONOPACKIS, Ruslans  
QUAYE, Christiana  
EATON HARRIS, La'Shea  
ALEXANDER, Isaac  
CREARY, Travion  
GRAHAM, Kemare  
HICKEY, Frankie  
PIETRI, Viviana  
SAID, Marwaan  
SCARLETT, Shaylan  
TILLEY-HOUSE, Taya-May  
WASHINGTON, Sebbie  
SIDIQI, Sahima  
WAQAS, Malayka  
GALLEGOS CHIPANTIZA, Alice  
JENNISON-LEPPA, Joel  
MCDONNELL, Freddie  
STROUD-BROWN, Autumn  
WILSON-CHEYLLAUE, De-Jzane  
CHINDRIS, Raul  
ELLIOTT, Joshua  
MORGAN-CYRUS, Zion  
RANA, Kishan  
WOOD, Kyjean  
ZAKOUR, Abdelhadi  
SCHREIBER SOUZA PERES, Helena



### Year 9

AHMAD, Mohammad  
AWAN, Mufleh  
CAMPBELL, Sean  
CREASER, Aimee  
FAHEEM, Qanta  
FONG, Natalie  
HARVERSON, Jaren  
MOHAMED, Ilham  
PAYNE, Ashante  
VUKALIC, Ajla  
WILLIAMS, Rhayne  
LAWSON, Harryson  
MOHAMED, Nusaybah  
RAGE, Zubeyda  
BOLEA, Deniel  
CUMMINGS, Ashana  
IQBAL, Hameem  
JARRETT FERGUS, Letyrell  
KANG, Jazab  
SAQIB, Haider  
JARAMILLO BERNAL, Andres  
Felipe  
AHMED, Hood  
Eccleston, Maccuchio  
HONDI WONDA, Ravis  
TAYLOR, Nevaeh  
WILLIAMS-SHARPE, Nehemiah  
ADAMS, Megan  
BALDE, Rhianna  
BAXTER, Evie  
BOUKEZZOULA, Rahma  
AHMED, Atif  
MACAULEY-TOOMER, Starr  
NURI, Ahmad Jahid  
ROBERTSON, Kyron  
GILBERT, Hayden

