

Southfields Academy Weekly Newsletter Week Commencing 13 January 2020



Ethos statement: We believe that through individual commitment, self discipline, integrity and respect for others, we inspire everyone to learn.

Mission Chaos Anthology - Ms Reynolds

Many congratulations to Celeste Minkwe Jore (8QRA) for having her mini-saga published in the Mission Chaos anthology for London and Middlesex.

This is what she wrote:

Escaping from the Dead

"Help!" I screamed. I looked around in the silent darkness. I felt lonely.

An hour passed, nothing. Two hours passed, nothing. Suddenly, a big thump broke the silence from behind me.

I felt a cold hand wrapped around my neck and I started gasping for air. I was being strangled! The only thing I could see was the silhouette of a human, but it was lifeless.

Slash! I felt a cold liquid dripping down my arm. The creature was dead.

I heard a person shouting, "Follow me, quick!" I followed, thinking I was safe...

A copy of the Mission Chaos anthology is available to read in the English Office.





Science Club - Mx Rance

Science club had their heads in the clouds this week! Despite no announcement that science club would be on, a small number of loyal scientists showed up and were treated to the creation of their very own cloud in a jar.

The ingredients for this experiment are so simple that anybody could do it at homebut you had to be there to find out how!



Dates for Your Diary

Thursday 23rd January 2020 – International Group Parents' Evening
Monday 3rd February 2020 – INSET Day
Thursday 6th February 2020 – Year 8 Parents' Evening
Wednesday 12th February 2020 – Post 16 Parents' Evening
Monday 17th February 2020 – Academy Breaks for Half Term
Monday 24th February 2020 – Academy Resumes
Thursday 27th February 2020 – Year 9 Parents' Evening
Friday 28th February 2020 – IEAP Day 2

Thought for the Week

"It is time for parents to teach young people early on that in diversity there is beauty and there is strength."

— Maya Angelou

Mr Munro's Year 11 class kicked off this new decade with their invasion unit, focusing on football. This lesson was based on dribbling. Students first participated in some dribbling activities, which ended with a game of King of the Ring.

Mr Munro then split students into teams to participate in some small sided games where pupils had to dribble as soon as they got the ball. They showed some excellent dribbling, whether that be with small touches and agility, or with heavier touches running at pace.





Mr Munro's other Year 11 class started the new term with a rudimentary netball lesson. First students had to devise their own passing drill which they thought would enable them to work on skills that would benefit them in a game situation.

Interestingly, one team worked on short passing and the other worked on long passing. After these skills were worked on, students participated in a game. The result of the game saw the team who worked on long passing being victorious.

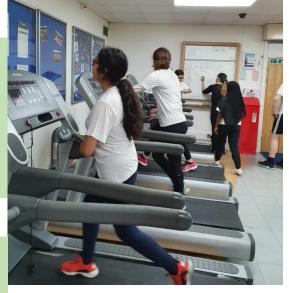
Mr Philpott's Year 10 class started the New Year with a fitness unit of work. The lesson specifically focused on cardiovascular endurance.

Students were set a variety of cardiovascular endurance challenges using equipment such as the treadmill, cross trainer, exercise bikes and skipping ropes. They recorded their distances and compared themselves against the bronze, silver, gold and platinum scores that were on the board.



Students were exploring keeping the technique around the tennis forehand. They had competitions to keep the ball up while static and on the move. Some students even showed off their skills by alternating their grips between shots to challenge themselves further.







Mr Arthur's Year 7 class began their artistic unit of work with gymnastics.

This lesson was focused on individual balances. Students were challenged to use body tension and control to perform their balances and gave feedback in pairs throughout to help them improve and to highlight their strengths.



EXTRA CURRICULAR / STUDY SUPPORT – Spring Term 2020



Day	Subject	Support/activity	Venue	Teacher	Year information
Monday	English	Creative Writing	Library	RND	All Years (Break 2)
	English	Year 11 Study Group	C274	HLR	Year 11 (Break 2)
	PE	Boys' swimming	Pool	BCE	All Years (first 20) boys
	PE	Girls' basketball	Sports hall	CMN	All Years
	PE	Gym	Fitness suite	PLT	All Years
Tuesday	PE	Netball	Aspire	DAS	All Years – break 1
	PE	Handball / Tchoukball	Sports hall	PLT	All Years
	PE	GCSE Practical	Aspire 2	MNO	GCSE students
	PE	Gym	Fitness suite	MNO	All Years
	ADT	Art Club	B155	RES	All Years
	ADT	Drawing and Rendering club	B047	SMH	Years 9 &10
	English	Debate Club	C272	ADN	All Years (Break 2)
	Maths	Homework club	A232	Mr Silverstein	Years 7,8 & 9
	Maths	'Stemillions' STEM club	A230	HIE	Years 7,8 & 9
	Social Science	Sociology club	D387	HNE	All Years
Wednesday	PE	Year 9 & 10 football	Astro	MNO	Year 9 & 10
	PE	BTEC support session	D080	NLN	BTEC student
	PE	Gym	Fitness suite	AHR	All Years
	PE	Netball	Aspire / courts	DAS	All Years
	Amnesty	Amnesty International	A120	SLS	All Years
	Dance	BTEC tech lesson	Dance studio	RSL	Year 10 students
	Drama	Drama Club	Black Box	BRN	Years 7,8 & 9
	English	Harry Potter Club	C274	SUL	All Years
	History	War Games Club	A125	HLN	All Years
	Humanities	Film club	Humanities	All staff	KS 3 students
	Music	Saxophone	B140	SKN	All Years
	Music	Year 7 guitar and band work	B138	Mr Gumble	Year 7 students
	MFL	Culture club	C172	Mr Zayas	All Year 7 & 8 only
	Psychology	Psychology	D382	LNR	Break 2 Years 12 &13
	Science	Science Club	A304	BAX	KS 3 students
Thursday	PE	Basketball	Aspire	DAS	All Years (break 1)
	PE	Girls' football	Astro	AFC	All Years - girls
	PE	Girls' swimming	Pool	DAS	All Years (first 20) girls
	PE	Years 7 & 8 football	Astro	PLT/BCE	7 & 8 boys
	PE	6th Form basketball	Sports hall	CMN	6th Form
	PE	Gym	Fitness suite	CRI	All Years
	PE	BTEC Support session	D080	NLN	BTEC students
	Business	6 th Form BTEC catch-up	D186	All staff	6 th Form students only
	Dance	BTEC tech lessons	Dance studio	RSL	Year 10 students
Friday	PE	Year 9 & 10	Astro	MNO	Year 9 & 10 students
	ADT	Upcycling club	B156	JFR	KS 3 students
	Maths	Y11 maths booster	Maths dept	All staff	Year 11 (alternate weeks)
	Urdu	GCSE & A Level revision	A118	Mr Danish	GCSE & A Level students



<u>Library</u> Open Mon-Fri. 7.30 – 3.30pm.

<u>Dance Club</u> is on every break time in the dance studio with Ms Risolino (except Thursday Bk 2)

<u>International Group Homework club</u> – every day – 2.40pm <u>HIU Homework support</u> – HIU department – every day, break 1

Student Council meetings – Selected Wed P2, D387 - Mr Samuels – All student reps.

<u>Sociology</u> – Individual drop in and break time revision sessions when required – Years 12 & 13.

<u>Music</u> every Monday – Friday, Break 2 – Keyboards, ICT music and Logic recording – Mr Payne <u>Careers</u> advice drop-in on Tues, Wed, Thurs, 3-4pm D381.

<u>Supervised Reflection rooms</u> for students (Boys – B156 / Girls – B153) are open every day at 2nd break & after school. Mats on a first come, first served basis. Please see Miss Clark for more details. The Reflection rooms are also available for 'one off' bookings after school (must be booked in advance).

No students should be on site unsupervised.