

# Southfields Academy Weekly Newsletter Week Commencing 25th November 2019



**Ethos statement**: We believe that through individual commitment, self discipline, integrity and respect for others, we inspire everyone to learn.

#### Year 10 News - Mr Arthur

Year 10s are in full throttle at the moment! With an updated tutor timetable including, debating, work experience and public speaking.

This of course, on top of contending with a full curriculum.

21 students took part in a full day workshop during the scheduled IEAP Day.

The workshop is a national initiative called The Jack Petchey - 'Speak Out Challenge' which encourages students to participate in a borough wide opportunity of devising and presenting their own speech.

I was thrilled by the attitude that each participant displayed in the workshop led by the Jack Petchey facilitator for the day.

The students were confident by the end and all 21 students were judged in an in-house competition to bring 4 winners through to the next round which will take part in assembly after Christmas, where they will be Judged by their peers and a member of the school Senior Leadership Team in order to pick a winner who will participate in the Borough Finals in March 2020.





## Adventures in Wimbledon Park - Mr Reis

After a great deal of anticipation the Academy has finally heard from the judges:

"The Capability Brown Society Art Exhibition and Competition and Exhibition 2019 is now over! A very big thank you to all of you for your hard work in making this event possible. It is your inspiration, teaching and commitment which has helped the students produce their lovely art work. This year we had 220 entrants which is approximately 50 more than last year and the quality of the work was so good that it made it very hard for the judges to find winners! We spent ages judging the work and we also made a lot of commendations. To us they were all winners! So please congratulate yourselves and all the students whose work was on display - a very well deserved pat on the back!"

#### Years 10-13

Winner - Miami Oralee Mashigo - Southfields Academy, Runner-up - Polina Martinova - Southfields Academy. Commendations - Phoebe Sigee - Kings College, Clara Pop - Southfields Academy, Brian Castro Nunez - Southfields Academy, Basmalah Amroune - Southfields Academy, Emily Clarke - Southfields Academy, Laysa Muniz - Southfields Academy

Congratulations to all our students, very worthy winners!







## **Thought for the Week**



"You can demand courtesy but you have to earn respect."

Lawrence Goldstone

## **England Football - Mr Munro**

On Thursday, Mr Philpott and Mr Munro took 12 lucky Year 10 pupils to Wembley to watch the England National Football Team. This was a landmark game, as it was England's 1000th football match.

The 12 students were in awe when they walked out of Wembley Park tube station and could see the famous Wembley arch in the distance. As students walked up Wembley Way, they were taking photos and really taking in the moment and enjoying the experience. They were also looking at the photos of current players who play for England and discussing how good it must feel to have your photo outside the national stadium. There was also a running slide show displaying the 93 different black players who have represented England at national level. The students took this opportunity to remember these players and discuss their achievements, as well as asking Mr Philpott and I about the ones they did not know.

After we had scanned our tickets and taken two escalators to the second tier, we stood in anticipation before we walked up to where our seats were located. Once we walked up the stairs, the stadium opened up and pupils were in shock at the enormity of the stadium. The atmosphere inside the stadium began to build as kick-off approached and pupils were all given a free flag, which they waved continuously. The students also used this as an opportunity to improve themselves, as they watched the players warm up and perform various drills before kick-off. When Alex Oxlade-Chamberlain opened the scoring on 11 minutes, the stadium erupted and so did the students. The game from then on was an exhibition, with the students witnessing a Harry Kane hat-trick, in a 7-0 win.

The students were fantastically behaved throughout the whole trip, even when that included a 70,000 person queue to get onto the tube at Wembley Park. They were a fantastic representation of the Academy and their behaviour has already led to us planning the next trip.



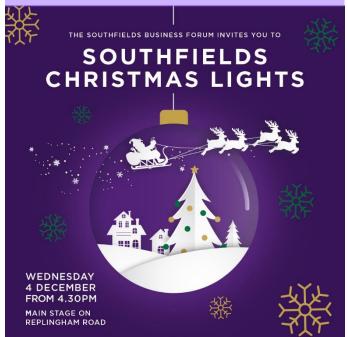
## **Dates for Your Diary**

Wednesday 27th November 2019 – Parents' Forum
Tuesday 3rd December 2019 – Year 7 Languages Evening
Wednesday 4th December 2019 – Christmas Lights Event
Tuesday 10th December 2019 – INSET Day
Thursday 12th December 2019 – UCAS deadline
Friday 20th December 2019 – End of Term
Monday 6th January 2020 – Academy Resumes

# Save the Date - 4th December 2019

Once again approximately 23 of our students have been invited to play at this wonderful and uplifting event. All welcome!







## Wimbledon Book Fest - Ms Sulliman



We were very proud to receive commendations from Wimbledon Book Fest for two of our students in Y9! Shanaya and Danial wrote short stories entitled, 'The Island' and were noted by the festival for their creativity!

### Danial Rana, Y8, Southfields Academy

The Island:

The island's seas shine like the moonlight, It made a connection between my eyes. The waves sway side to side calmly, Like a mother rocking her sleeping baby.

The island's exotic fruits twinkle like precious jewels, It felt like a mysterious dragon, guarding from the fools. As I lay down on the island's sand surrounded by stones, The island felt like I was home.

The wind swayed the island's palm trees silently, It felt that I'm not alone, it felt I had company. Whenever I lean back towards the tall palm trees, It felt that it's hugging me, it sent me to sleep.



#### Shanaya Kenko-Leutche, Y8, Southfields Academy

The island of Tahiti

The water was cold and heavy I managed to take one last deep breath before I closed my eyes and accepted my fate.

The island was derelict and silent, I lay ever so still on the damp sand and watched as the night gradually disappeared and the luminous sun rose into the horizon. The waves gently washed up on the shore sending shivers from my toes into my spine. Palm trees stood firmly in the never ending golden sand. The cool breeze blew back and forth swaying the swaying the leaves of the emerald palm tree and blowing the sand particles onto my rosy face.

I lay on the smooth golden sand gazing at the vibrant sun for hours before I finally managed to find the strength to get to my feet without falling.my head was spinning around in circles everything was a blur. I had no memory or recollection of how or even why I was on this mysterious island, I had no idea of who I was. Slowly, I began searching for signs of humanity or even signs of living animals. After walking for miles to find no one, my legs finally gave up and collapsed due to severe dehydration.

A week went by and my survival skills began to kick in. I found a shed a couple of miles from where I had woken up. The she had no roof so I had to improvise and make my one myself using scraps that had been left lying around. I felt almost impossible as I had no idea of what I was doing or even how I was going to build a roof. Time flew by, and before I knew it I had already been on the island for three weeks. I managed to finish the roof, kill and cook my very own fish and I had even made a detailed map of the island as I knew it very well. I was finally beginning to find myself. I felt unstoppable, I decided to name the island. Tahiti I called it and I called myself Molly.

# **Careers Workshop – Ms Hine**

On Wednesday 20th our Year 11 students had a very insightful morning of careers workshops. We're most grateful to everyone who supported the event and shared their experiences of the world of work. It was also fantastic to welcome back some hugely successful ex-students who were a great inspiration. Students were buzzing with new ideas and ambition.

Sessions included:

Solicitor

Entrepreneurs

**Royal Marines** 

Criminal Barrister

Events' organiser

Computer games industry

Sports coaching

Engineer

Actor

Development consultant

Careers coach

AFC Wimbledon





## U13 Girls' football tournament - Ms Knight



On Thursday 14<sup>th</sup> November, Southfields Academy hosted an U13 Girls' football tournament. We entered 2 teams into the tournament, one of which was captained by Nevaeh Taylor and the other by Ajla Vukalic. Both teams played outstandingly well throughout the tournament, neither of them conceding 1 goal!

Ajla's team played 4 matches in which they faced Ark Putney, Ashcroft, Burntwood and Graveney. The girls won all of the games convincingly with goals scored in each of them by Kayda and Ajla, while Chloe, Starr, Leona and Blu denied the opposition from any scoring opportunities. Having won all 4 games the girls won the tournament

within their group.

Nevaeh's team played 3 matches in which they faced Graveney, Ashcroft and Putney High and again the girls won all of the games convincingly with goals scored by Mikayla, Lily, Nyah and Nevaeh with the support of Shemiah, while Franchesca played excellently in goal. We then went on to play Bolingbrook in the semi-finals. This was a tense game, the girls fought hard throughout while the score stayed 0-0, until the last 30 seconds when Nyah scored and secured Southfields a place in the final!



The final was played against rivals Ark Putney, another tense game where the determination from both teams kept the score at 0-0 through to extra time, which could only mean one thing, penalties! APA went first but Franchesca made an incredible save, Mikayla was up first for Southfields and scored, back to APA, another save! Nyah was next and with 2 APA penalties already saved, it meant that if Nyah scored Southfields would be tournament winners. With encouragement from the team and determination, Nyah scored and Southfields won their second tournament of the season.

Both teams were incredible throughout the tournament, they demonstrated skill and sportsmanship. Well done girls, we're really proud of you all.

## U13 Girls' Football – Tooting & Mitcham FC – Ms Knight

On Wednesday our U13 Girls' Football team entered another tournament, this time played at Tooting and Mitcham FC.

The girls went through the group stage undefeated, convincingly beating Burntwood, Carshalton and Graveney and drawing with Surbiton High. Goals were scored by Kayda, Lily and Mikayla, while Starr, Nyah, Chloe, Leona and Nylah played brilliantly in defence and Francesca excellently in goal. The results meant that the girls won their group and faced Ark Putney in the quarter finals. As always when playing against APA, it was a tough and well fought game by both teams. At full time it was 0-0, which meant for the 3<sup>rd</sup> time this season we would have to go against them in penalties. Having both scored 2 penalties each, it went to sudden death, APA's goal keeper made some incredible saves which meant that Southfields just missed out on a place in the semi-finals.



Despite being disappointed not to have made it through, the girls played another outstanding tournament. They worked together as a team and again demonstrated high levels of skill and sportsmanship. Well done girls, keep up the good work.



# Sports Fixtures Monday 25th - Friday 29th November 2019

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	Fixture	Location	Staff	Time
Monday	Y7B Wandsworth Football	Openview / Ashcroft	PLT	16.00 - 18.00
Tuesday	Adapted Rowing	Linden Lodge	DAS	09.30 - 12.30
	Volleyball Festival	Ernest Bevin	NLN/MYS	15.30 – 17.30
	Y7 Town Cup Match	Southfields	KGT	15.00 – 16.30
	Y7 + 8 Football vs APA	Southfields	PLT/BCE	15.00 – 16.30
Wednesday	Y9 Football vs Ashcroft	Southfields	MNO	15.00 – 16.30
Thursday	U15G Football League (6-a-side)	Ark Putney	KGT	15.40 – 17.40
Friday				

### Y8 Girls Netball Tournament - Ms Davies

On Monday 18<sup>th</sup> November the Year 8 Girls' Netball team took part in the Wandsworth Netball Tournament. They played extremely well in the group stages and ended up finishing third in their pool. They progressed on to the 3<sup>rd</sup> vs. 4<sup>th</sup> playoff against Ashcroft where we narrowly missed out on the win. Well done girls!





## **Candlelight Concert**

Southfields Academy's annual Candlelight concert will be held on Wednesday 11th December 2019 from 6 – 7pm at St Barnabas Church, Lavenham Road, Southfields.

This eclectic mix of musical genres, performed by all age groups, promises to be as brilliant as ever.

Full details to follow!



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## This week in PE - Mr Munro







Mr Munro's Year 11 class continued their net and wall unit of work this week. This time the class were focussing on badminton. Students were put into groups and were given a designated court which was theirs for the whole lessons. Students then had to organise and run their own tournament, focussing on doubles or singles. They organised this excellently and everyone's tournament was competitive.

Ms Knight's Year 7 class moved onto group balances this week during their artistic unit of work. The students were given a task to balance, using counterbalance, as a whole group. Students needed strong cores and very strong quadriceps to perform this task. Students then moved into smaller groups to create sequences using counterbalance and counter tension.





Mr Munro's Year 8 class participated in a whole class circuit training session. The students came up with what exercises would be included in the session and the amount of time they would work for and the amount of time they would rest for. They then discussed the FITT principle and then applied this to the circuit on the second time around, to make it more difficult.



Ms Myers's Year 7 class have been absolutely fantastic this week during their swimming lesson. They have been learning how to do the backstroke. It's great to see the students becoming more confident each week as they learn a new stroke. They are also helping correct each other's techniques, demonstrating both their social and thinking ME.

Ms Myers's international girls group have started their artistic scheme of work and are focusing on trampolining. The pupils have demonstrated outstanding effort, determination and resilience when learning how to perform a swivel hips which is a complex skill, requiring a lot of coordination. The girls are very supportive of each other and create a fantastic environment where they can experiment with new skills. This week we were focusing on making each skill aesthetically pleasing, specifically the importance of maintaining tension throughout each skill and not looking like 'jelly'.