

# **Southfields Academy Weekly Newsletter Week Commencing 18th November 2019**



**Ethos statement**: We believe that through individual commitment, self discipline, integrity and respect for others, we inspire everyone to learn.

### My Child at School (MCAS) – Ms Leadbeater

You should by now have received an email from <a href="mailto:noreply@bromcomcloud.com">noreply@bromcomcloud.com</a> containing details of how to set up your account for My Child at School, which is a new service we are offering to help improve communication between school and home. MCAS allows you to monitor your child's attendance, behaviour and progress and to view timetables, exam timetables and recent reports.

If you have not yet received an email or you have any difficulty setting up your account, please will you contact Julie.leadbeater@southfieldsacademy.com.

# Introducing Kooth! - Ms Nearn

Southfields Academy is pleased to announce that Kooth – a free, app-based and on-line counselling service - is now available to all SFA students. Kooth allows young people aged 11-18 to chat to professional counsellors up until 10pm, seven days a week, 365 days a year. They can also read articles written by other young people, receive peer-to-peer support and keep a daily journal.

All students need is a smart phone or computer to access Kooth.

Although this is an anonymous service, rest assured that there are safeguarding controls in place in the event a young person discloses anything that indicates they or another are at risk.

As a mental health trailblazer school, Southfields Academy's student council were involved in the commissioning process for this service. During the last academic year they viewed presentations from competing organisations and gave their feedback. SFAs participation in the process was instrumental in selecting the service that students felt would best serve their needs.

Kooth will be introduced to students during the first two weeks of December in assemblies and tutor time. If you have any questions or concerns, feel free to get in touch with your child's tutor or with one of our Designated Mental Health Leads - Ms Nearn or Ms Hughes.



# **Badminton Festival – Mr Philpott**

On Friday 8th November the following students, Emirkan Karadal, Noah Yerlikaya, Nathan Lodge, Leon Noyce, Abdurrahim Ali, Felipe Jaramillo Bernal and Sahra Hassan represented Southfields Academy at the Wandsworth Inclusive Badminton Festival. The day consisted of the students developing their badminton skill in drills before playing in competitive games against other schools. All of our students did fantastic, developing their skills and winning their competitions.

A special mention also should go to Miss Myers sports leaders, Helen Parraga Salinas and Khyran Coulthurst, who were asked at the last minute to lend a hand with the coaching of the event and were absolutely brilliant role models for all of the students attending the festival.

Well done to all involved and watch this space for more upcoming inclusive events.





#### **Thought for the Week**



"Tolerance implies a respect for another person, not because he is wrong or even because he is right, but because he is human."

**John Cogley** 

# Disaster Relief Day with Year 9 (and the Army)! - Mr Bradbury

The British Army sent two corporals to Southfields Academy on Tuesday to work with Year 9 Geography students. Sixty Year 9 students had an opportunity to speak to the Army about what they do day to day regarding disaster relief. There were discussions regarding flood relief (very relevant at the moment), recent earthquake relief in Nepal and stopping the spread of the contagious virus Ebola in Sierra Leone.

During the second part of the workshop students planned out how aid could be given to victims of an earthquake. Then the most exciting bit, students made their own robots out of Lego and programmed them to move around interactive maps.

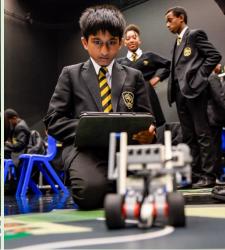
The day was hugely successful and it gave us an insight into the help that the British Army provides during

natural disasters.











# Year 9 Boys Basketball - Mr Cameron

On the Tuesday and Wednesday just gone, the U14 Boys basketball team went against Ashcroft, Ark Putney Academy, Bolingbroke Academy, and Saint John Bosco's in the second round of their basketball tournament.

After beating Harris Academy and Graveney in the earlier stages, they continued their undefeated streak against the other schools and are now competing in the Finals in December (in Caius House).

Accompanied by the incredible efforts of the awesome Year 8 students, Jonathan Bolea, Kevin Williamson, Christian David Santos, Jhon Mendez, Falah Uddin, Rana (Saif) Khan, Youcef Azzaz and Seliyan Thavanaygam represented Year 9 and showed hard work and demonstrated an excellent work ethic as they didn't allow any of the opposing teams to reach double figures in any of the games.

I, Mr Cameron (Deputy Head of Year and Head Basketball Coach), am extremely honoured and privileged to be their coach and I can't wait for the next game....



#### Pumpkin Art - Mr Reis

Carved **pumpkins** are a symbol of **Halloween**. The tradition of carving faces into vegetables or fruits dates back to the Celts. The light shining out through the carved faces scared away evil spirits. It also showed the way to their homes for the good spirits and for travellers.

At the Academy, students decided to embrace this tradition and create some art work inspired by pumpkins. Mr Reis set up a display in the art studio consisting of a range of pumpkins and gourds.

Students spent the week practicing observational drawing skills and exploring with many materials and techniques to represent the



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#### Science Club - Ms Baxter

Southfields Academy students were able to relive bonfire night in Science club this week by making smores.

Year 7 students were able to put their Bunsen burner fire-captain knowledge to the test by expertly and safely producing some tasty smores.



# Sports Fixtures Monday 18th – Friday 22nd November 2019

	Fixture	Location	Staff	Time
Monday	Y8 Netball	Burntwood	DAS	15.00 - 18.00
Tuesday	Y8G Football Town Cup Match	Grey Court	KGT	13.30 – 15.30
,	Y7 + 8 Football V Ashcroft	Southfields	PLT/BCE	15.00 – 18.00
Wednesday	IEAP Day			
	Y7 & 8G Football Cup	Tooting & Mitcham FC	KGT	08.30 - 15.00
Thursday	Y10 vs Bolingbroke	Southfields	MNO	15.00 – 16.30
Friday	Y9 Football vs Graveney	Southfields	MNO	15.00 – 16.30

# **Dates for Your Diary**

Wednesday 20th November 2019 – IEAP Day
Thursday 21th November 2019 – Year 7 Parents' Evening
Wednesday 27th November 2019 – Parents' Forum
Tuesday 3rd December 2019 – Year 7 Languages Evening
Wednesday 4th December 2019 – Christmas Lights Event
Tuesday 10th December 2019 – INSET Day

# Keep up with the Academy

Make sure you visit our website regularly. To be notified of updates to our website including new stories and new pages, please make sure you download the school news app. to your phone or tablet.

Search "School News App" in the Google Play Store or Apple Store and then use our postcode, SW18 5JU, to find us.



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#### This Week in PE - Mr Munro



Mr Philpott's AFC Wimbledon Scholars were collecting data for their health screening assignment. The tests included taking a participant through a Par-Q before administering health tests such as taking blood pressure and working out a person's body mass index (BMI).







Mr Munro's Year 11 class continued their invasion unit, still focussing on rugby. After last week's success, the warm up had to be dynamic and the pupils were tackling the tackle cylinders to stay active in the cold conditions. The main focus of the lesson was defending in a straight line to minimise the chances of the opposing team scoring a try.

Mr Munro's Year 7 class completed fartlek training as part of their health and fitness unit of work. Students completed a session that Mr Munro had created, then came up with their own and completed that. Activities included jogging, walking, sprinting and skipping. Students worked exceptionally hard throughout. Students also discussed which sports might require this type of training and why.





Ms Knight's Year 7 class continued their artistic unit of work. In gymnastics this week, they focussed on transitioning from one balance into another and creating a group routine. Students used the key words from last week's lesson and this helped them make their routine aesthetically pleasing, while keeping control and body tension.

Ms Knight's Year 9 class continued their net and wall unit, focussing on volleyball. The students were practicing moving their feet effectively and performing the set shot. Students had to be light on their feet and communicate effectively with their partners to perform the set shot correctly. Pupils performed excellently and pupils ended by having a set shot rally competition.





#### 'Adventures in Wimbledon Park' - Mr Reis



'...art is an invitation to connect ... with nature, to each other and to the deepest, truest parts of ourselves.'

The starting point to this project was an invitation to engage with nature.

Young artists at Southfields Academy looked at the work of Tara Winona for inspiration.

'An artist and a writer, Tara Winona's art celebrates her love for nature. Tara seeks to capture the spirit of nature, to give her a voice; to tell the story of being alive and her own journey through life.'

The art students at the Academy adopted a similar approach. Acknowledging a potential disconnect between ourselves and nature - that we often take for granted and fail to appreciate fully- students decided to create art

work to support with reengaging with the natural world.

With no better excuse than the Wimbledon Park nearby, the work created is a celebration and appreciation of what goes on in nature that may be different from what goes on in our own busy lives.

Students were mostly fascinated with the difference in pace, the calmness and how nature develops organically and carefree.

The interpretation of the theme 'Adventure in Wimbledon Park', contrary to what the word 'adventure' may suggest, is in fact mostly represented by the interactions between the viewers and the life in the park itself and are mostly contemplative representations of the natural dynamics of the park.

Students are hoping the work they have created will support with celebrating all the wonderful things that nature has to offer and perhaps support with the development of positive attitudes towards the environment in general.













#### Student Council Year Representatives - Mr Samuels



This year, students had to write a letter of application explaining why they would like to join the student council. We had many applications and a limited number of spaces, but the applications from the students below were exceptionally good.

This year's student council members are:

Audrey Bernal IG
Geoferey Bada IG
Zeynep UYSAL 11CRL
Maria LEDGISTER 11CRL
Maliki ADENIYI 10HIE
Charlotte LEWIS 10GBE
Koshik RUBAMOORTHY 9CRT
Kardelen KARADAL 9MYS
Ajla VUKALIC 8LNT
Summer-Rose DE-LESLIE 8THS
Callum MALCOLM 7MSH
Kiret BAKAR 7DWN



#### Student Council - Mr Samuels

Wednesday saw the first meeting of the student council here at the Academy. Students showed great commitment and determination whilst sharing ideas about how they could improve the school.

After getting to know each other and participating in some ice breaker activities the students got down to business, working on developing the student council constitution. Focusing on values such as equality, democracy and commitment the students developed their vision for the student council.

The council then split into two groups with one working on possible ideas for future school projects and the other focusing on sharpening the aims of the constitution. The meeting was focused and productive and the students are looking forward to working on ways they can make improvements around the Academy.





