



# Southfields Academy Weekly Newsletter

## Week Commencing 7th October 2019



**Ethos statement:** We believe that through individual commitment, self discipline, integrity and respect for others, we inspire everyone to learn.

### Year 10 News – Mr Arthur

We are now Year 10 and we are back in business! Ms Whitley and Mr Forsyth have left us for new adventures but we are lucky enough to have acquired Mr Garratt as a new tutor.

After the superb effort from the cohort last academic year, the Year 10s seem to have come back inspired and ready to take on the challenge of the next year.

I will again ask for your parental support and enthusiasm in order to coach our students through the next months and into Year 11.

This year there will be an opportunity for the students to take part in challenges such as the national Jack Petchey award - 'Speak Out' challenge. Students will take part in a one day work shop to learn/enhance the skills needed for public speaking.

All Year 10 students have already started working on their CVs and will have plenty more opportunities to improve them and get everything ready for their National Record of Achievements folder. This folder will be presented to them at the NRA celebrations at the end of Year 11.

Students will also go on work experience in July, before we break up for the summer. They will be supported in the build-up to this by the Year Team and PSHE staff in order to be ready for a week of working life.

This year we will also try to make the students engage more with the curriculum. Tutor periods have been given a revamp and on Fridays students will be given debating objectives and we are hoping that through this, they will learn how to construct arguments for and against a topic. Students have already had one debate in their tutor bases and are now practising for their next debate:

'Footballers should have capped salaries'.

Students are chosen by their tutors to ensure that everybody gets a chance to participate throughout the year and each time they choose two arguing for and two against, as well as a speaker whose job it is to open the argument and tally up the points to choose a winner in each debate.

Students will have 6 minutes to argue their point regardless of which side they are speaking from. The ones not taking part have to take notes during the debate. Each Friday there will be a different topic and I hope, as time goes by, that the students will be able to identify and learn skills which they can bring with them into the classroom, regardless of the subject.

So, please engage with your children and ask them about the activities they are taking part in.

Lastly, I know my year group are always engaging in activities outside of school and if there are any photos or announcements you wish to make, please email me: [diran.arthur@southfieldsacademy.com](mailto:diran.arthur@southfieldsacademy.com)

I would take great pleasure in announcing these moments during assemblies throughout the year.

### Fantastic Fred – Ms Breen

The sports hall was taken over by a large inflatable dome this week as we hosted a visit from the 'Fantastic Fred and the Professor' experience. Year 5 and Year 6 children from local primary schools were invited to enter the dome to take part in an interactive show highlighting how young people can look after their own mental health in a positive and practical way; F.R.E.D. being an acronym for the four practical ways children can help themselves:

**Food** – eating the right foods

**Rest** – getting enough sleep

**Exercise** – being active

**Digital Devices** – managing time online

Judging by the reaction of the audiences throughout the day, the message was successfully delivered in a fun and entertaining way.





## Thought for the Week

"When you practice gratefulness, there is a sense of respect toward others."

Dalai Lama



# WORLD'S BIGGEST COFFEE MORNING

## MACMILLAN CANCER SUPPORT

*"I don't know who made that  
Banana Bread but they need  
every single positive ever  
it was delicious"  
Mr Cameron*



*Well done to all our Year 9,10 & 11 Star  
bakers for slaving away all week*

**A huge thank you to all the staff  
and students who donated to  
MacMillan Coffee morning  
during break 1. We have raised  
over £100+ so far**

**Thank you to all staff who  
donated and a big thank you to  
Faddy for his support too.**

**There is still time to donate!**



## Harvest Festival

On Wednesday 2nd October Year 7 students and staff visited St Barnabas Church to celebrate and learn about Harvest Festival.

The students in Year 7 and 8 worked hard to collect food and goods for Harvest Festival and these were gratefully received by Honorary Curate Joy Boyce. All the donations will go to the ACE of Clubs, a charity in Clapham, which feeds and cares for the homeless of the borough. Ms Boyce explained the importance of Harvest Festival, its relevance even in cities such as London; why it is still celebrated today and how it helps those in need.

There were two superb musical interludes; Lina Issa sang 'Three Hearts' - a French Jazz summer ballad sung in Arabic. Tia Dumont, supported by the Year 7 choir that included: Brigid Steggles, Makenzi-Tia Davis, Jamie Beadle, Taya-May Tilley-House, Ameera Orozco-Ottway, Shelby-Rose Johnson, Ashleigh Townsend, Sahima Sidiqi, Tamia Johnson, Corinne Murray, Lily Quinlan, sang the Alexandra Burke version of 'Hallelujah'.

There were also two beautiful readings by Year 7 students, Paapa Mawuli (7JOS) and Kyla Nicholas (7MSH).

Mr Davis led the students and staff in thanking Ms Boyce for her hospitality and also the students for their delightful singing.





## Wimbledon AFC debut, Paul Osew – Mr Elson

Congratulations to former Southfields Academy student, Paul Osew, who made his full league debut for AFC Wimbledon last weekend.

Paul plays left wing back for the League One club and is only in his first year as a professional.

Paul's journey to professional football is particularly inspiring as he was not a member of Wimbledon's academy and was spotted playing for the school team by the AFC Wimbledon academy manager having been at Southfields Academy since Year 7. Paul was given the chance to play for the AFC Wimbledon youth team and impressed enough to be given a professional contract when he left school.



All of us at Southfields Academy wish Paul every success in his career and we'll be keeping an eye on Wimbledon's results to see how he gets on.

## ParentPay – Mr Elson

Year 7 parents and carers will soon be receiving a letter containing their ParentPay log-in details. We apologise that this was not sent to you sooner. Please log in as soon as you are able as this is the best way for your children to pay for their school meals.

We also encourage parents and carers of students in other school years to sign up for ParentPay. We are very keen that we reduce the amount of cash in Southfields Academy as it creates unnecessary risks for our students and it costs the Academy a significant amount of money to bank cash.

You should have received log-in details in the past but please email [parentpay@southfieldsacademy.com](mailto:parentpay@southfieldsacademy.com) if you need a reminder.

## Open Evening

The Academy held its annual Open Evening on Thursday 3rd October. The Academy was buzzing with staff and students showcasing our wonderful facilities and talent to a large crowd of parents and prospective students. Our students were informative, enthusiastic, and polite; a credit to the Academy, showing off the best that we have to offer. We had a record number of parents / carers visiting and here are a few of the comments received:

"I like the school even more now, excellent tour guide, good presentation, very pleased."

"Enthusiastic teaching and focus on child happiness."

"I didn't even consider this school, now it is my number 1 choice."

"The sports facilities are excellent. The school is light, bright with nice displays. Loved the outside space!"

"Best experience of an open evening so far."

"The presentations by two students talking about their own experiences at the Academy was inspirational and there seemed to be real passion and fire in the Headteacher and Principal's speech."

Many thanks to all our student helpers, a job well done!

## Odds Ice Cream – Mr Smith

The Year 13 Graphics class this week presented to Sean, the owner of a café, called The Odds in Peckham, the packaging design of a Vegan Ice cream. This was a speculative product launch with a focus on creating a premium design to suit the target audience of South East London. The owner requested that the design suit the cafe as well as have a witty element that would engage any potential customers.

Sean was wowed by a number of designs and gave detailed feedback to the students who will use this to develop one of their three designs into a final realised design, before adapting it to three different flavours, pistachio, berry burst and black lava; a combination of charcoal, pomegranate seeds and coconut.

Following the completion of the course the cafe are interested in holding their own exhibition of the finished designs and making a few of them into actual ice cream tubs for a limited period.





## PE this Week – Mr Munro



Mr Munro's Year 11 class continued with their fitness unit of work. This week the pupils used the knowledge learned in previous lessons to create their own workout that would target their goals. Some pupils used a range of rep and set ranges to improve strength and hypertrophy. Others performed cardiovascular exercises to improve their cardiovascular endurance.

Mr Munro's Year 10 class progressed further with their net and wall unit of work this week. Pupils were focussing on how to serve to gain an advantage. Pupils were using a

variety of serves to outwit their opponents and increase their chances of winning a point.



Miss Knight's Year 8 class continued with their theme of invasion games this week, introducing rugby. Pupils familiarised themselves with new equipment with a game of rugby-tennis and then focused on being able to attack space whilst passing backwards. MVP of the lesson was Madia Amiri!

Miss Knight's Year 9 class also continued with invasion games. The pupils focused on effectively utilising space and the importance of decision making.



Invasion games were also the theme of Mr Munro's Year 8 class, who worked on their decision making skills. Pupils had two hoops that they could score in, encouraging them to move effectively and make decisions to score points in either hoop.

Miss Myers' Year 8 class continued to look at the principles of invasion across different sports. This week the class took on rugby, learning new sport specific terminology and rules.



Miss Myers' and Mr Boyce's PE classes demonstrated their knowledge of invasion games during an end zone tournament. The pupils focused on their decision making and ways of using space effectively to make them more successful as a team.



### Dates for Your Diary

- 8th October 2019 – Enrichment Fayre
- 10th October 2019 – Year 12 Meet the Tutor Evening
- 16th October 2019 – Year 11 Parents' Evening
- Monday 21st October 2019 – Half Term
- Monday 28th October – Academy Resumes
- Thursday 31st October 2019 – Prize Evening