



**Ethos statement**: We believe that through individual commitment, self discipline, integrity and respect for others, we inspire everyone to learn.

### Year 9 News – Ms Lindau & Mr Cameron

Year 9 has started off brilliantly with very high rates of summer homework completion and no regression of reading ages across the year group. Additionally, the students are setting good examples in the community by being properly attired, looking smart and following the school rules. They are performing well in lessons and giving their best to their new options.

Year 9 is a big year for the preparation of skills that will carry them into their GCSEs, but is also focused on broadening their knowledge about the wider world. As such, they will be involved in a number of exclusive drop down days, extracurricular activities and fitness challenges. As a year group we are also focusing on different revision techniques to make the next few years more manageable. Assemblies and tutor time will emphasise organisation, gratitude, mental health awareness and study skills. As part of that initiative, we welcome Mr Cameron as our Deputy Head of Year.

We thank parents and carers for their hard work. In order to deepen their academic understanding, students are writing information about each day's lessons in their diaries. We hope these can also spur constructive conversations at home about their school lives. We are looking forward to a very productive and fun year!

## **EU Settlement Scheme**

The United Kingdom will leave the European Union on 31<sup>st</sup> October 2019. This means that EU citizens currently living and working the UK should apply under the EU Settlement Scheme if they wish to remain in the UK after 31<sup>st</sup> December 2020. If you are unsure if this affects you then see the information below or visit: https://www.gov.uk/staying-uk-eu-citizen

Wandsworth Borough Council is able to provide support and advice for families who are applying to the EU Settlement Scheme: <u>https://www.wandsworth.gov.uk/births-death-and-ceremonies/citizenship/advice-for-eu-citizens/</u>





"To get down to the guick of it, respect motivates me - not success." Hugh Jackman

## Improving children and young people's mental health

#### Improving children and young people's mental health

We have been working in partnership over the past year to improve the emotional wellbeing of our pupils.

The programme, working across the six South West London boroughs, brings together schools, health and social care professionals and local Councils to deliver training and support for children and young people, their families and teachers.

Our school shares a team of education wellbeing practitioners with the other schools involved in Wandsworth, who offer one-to-one support and group-work sessions for pupils and parents.

The project was awarded £1.85m of national 'Trailblazer' funding in December 2018 and an additional £4.3m in July this year to rollout further teams over the next two years, supporting more pupils.

In Wandsworth the additional funding will allow a team to be created working across further education colleges, and another team to focus on BAME young people who have suffered trauma.

Teachers are being trained in Mental Health First Aid and a course for parents called Empowering Parents Empowering Communities will also be introduced in the coming months. New online services for young people are also being put in place for pupils of secondary schools involved in the programme, you can read more about this below.

#### New online mental wellbeing services

A new online service called Kooth is now available for our pupils – it will be advertised to young people through the school in the coming weeks. The service has been put in place following feedback from young people that it is something they would find useful.

Kooth is an online counselling and emotional well-being service for children and young people aged 11-18. Young people can search 'Kooth' or visit kooth.com and get support for anything that's on their mind.

Accredited by the BACP and as a trusted delivery partner of the NHS, Kooth has supported over 250,000 children and young people across the UK since 2004.

It's anonymous and free at the point of use. Children and young people can chat to professional counsellors, read articles written by young people, receive peer-to-peer support and keep a daily journal.

Qualified counsellors, therapists and support workers provide guided and outcome-focused support for each individual. Kooth is accessible through any connected device; where Kooth is commissioned, young people can log on wherever they are to access professional counselling up until 10pm 365 days a year.

# **Open Evening – Mr French**

Following on from four, very busy and successful Open Mornings, the Academy would like to extend an invitation to our Open Evening which will take place on Thursday 3rd October between 17:30-19:30.

During the evening there will be many demonstrations of experiments and activities in science, the expressive arts, the creative and technical arts, sport and other curriculum areas. Our students will be on hand to speak to parents and potential students about their experiences of life at Southfields and our CEO and Headteacher will give a short talk. Tours will depart throughout the evening (go to our Admissions & Open Events page on our website to be kept up to date).

If you are unable to make the Open Evening we are conducting personal tours of the Academy during our two Open Weeks between Monday 7<sup>th</sup> October and Friday 18<sup>th</sup> October. To book a tour contact sean.french@southfieldsacademy.com

This is what one of our visitors said: "I would rank it over a couple of private schools in terms of values and value!"

# **Dates for Your Diary**

2nd October 2019 - Harvest Festival 3rd October 2019 – Open Evening 4th October 2019 – INSET Day 8th October 2019 – Enrichment Favre 10th October 2019 - Year 12 Meet the Tutor Evening



CONTEMPORARY DANCE CLUB TUESDAY 3 – 3:45 WITH MS RISOLINO



ALL YEAR GROUPS WELCOME





### PE this Week – Mr Munro





Mr Munro's Year 11 class continued their fitness unit of work. They were working in teams to see which team could complete 20km cycle, 8km

run, 200 sit ups and 150 press ups in the fastest time. Pupils showed great leadership and motivational skills throughout the lesson.

Mr Munro's Year 8 class continued with their invasion games unit of work. This week they were applying their 'movement off the ball' skills that they had acquired when learning how to play rugby and applied these skills to basketball.





Year 10 continued their net and wall unit of work. This

week they transferred the skills they'd learned from tennis and volleyball and applied it to badminton. They aimed to move

their opponent around the court to increase their chances of winning a point.

Mr Philpott's Year 11 class designed and completed their own HIIT workouts during their lesson. The workouts were designed around goals that they wanted to achieve. Even with 30 second interval rests, all of the pupils worked really hard!

Year 7 continued their tutor competitions this week, taking part in indoor athletics. Pupils competed against other tutor groups in different relay races using the turning boards.



Ms Knight's Year 8 class continued with their invasion game theme. This week they looked specifically at effectively attacking with





width by using channels on the pitch. The class were supported by Ms Myers' Sports Leaders, who are currently developing their leadership skills.