



Southfields Academy Weekly Newsletter

Week Commencing 18th February 2019



Ethos statement: We believe that through individual commitment, self discipline, integrity and respect for others, we inspire everyone to learn.

Extended Project Workshop – Mr Whitfield

What better way to start a morning than a little self-reflection and mindfulness. 36 Year 7 and 8 students started the day in exactly this way when they came together for the Extended Project workshop last Friday. One student commented “It’s a great way to start the day, I felt like I was more ready to work and think afterwards”.

Up next was a body language and voice workshop where the students learnt about the power of body language and vocal technique. The workshop culminated in an opportunity to apply this newfound knowledge through a series of interviews in which they got to pitch their Extended Projects Ideas. The students set about voting on which of their peers had the most presence and coherent presentation. Congratulations to our runners up Mayu Watanabe and Jarren Harverson. The students announced the overall winners as Abel Birhanu and Navaeh Taylor.

The Year 8s demonstrated their own impressive leadership skills as they delivered the next session, where they reflected on their personal development from being on the programme in Year 7 and they gave some passionate words of advice for the Year 7s.

The students were incredibly impressive on the day and I can’t wait to see what they will produce.

Good luck all.



Award Shortlist - Mr Miller

We are pleased to announce that Daniels Puren and Nicolas Flores Pujols from Year 12 have been shortlisted for the prestigious **Young Volunteer of the Year** at the Active Wandsworth Awards. This is in recognition for their hard work in volunteering as officials, refereeing all the Wandsworth School Games Basketball competitions for secondary schools this year.

We would like to congratulate Daniels and Nicolas on their nominations and wish them good luck at the Active Wandsworth Awards ceremony at the Civic Centre on Friday 22nd February.





Thought for the Week

It's the repetition of affirmations that leads to belief. And once that belief becomes a deep conviction, things begin to happen.

Muhammad Ali



Pilot Scheme – Ms Breen

We are delighted to announce the Academy is taking part in an exciting new project to improve mental health for children and young people.

We have been selected as one of a group of schools in South West London which will be part of a pilot, receiving extra resources to support our students with their mental health and emotional resilience.

Our Principal, Ms Valin, has been working with the other schools involved in Wandsworth, as well as GPs and mental health professionals to oversee the project in the local area.

Training has begun for school-based support workers who will offer both one-to-one support and group work sessions for our students and parents and, where needed, provide referrals to specialist children and adolescent mental health services (CAMHS).

The sessions will give children and young people practical skills for managing a range of feelings and offer parents an opportunity to practise the conversations that encourage better mental health and wellbeing.

The Wandsworth team of support workers will begin visiting schools in February and meeting teachers and students as part of their training.

You can find out more about the wider project across south west London at www.swlondon.nhs.uk

Bank of England Speaker comes to Southfields! – Ms Boddy

Daniel Arthington, who is currently on a graduate scheme at the Bank of England, came in to talk to our Year 12 Economics students.

He discussed the role of the Bank of England, how the Bank helps in times of financial instability and his own experience of working there. It was a fabulous talk and the students thoroughly enjoyed it, with some staying at the end to ask Daniel even more questions.



Science Club

On Thursday in Science club the young scientists took turns to make elephant's toothpaste. Elephant's toothpaste is the decomposition process of hydrogen peroxide, when using potassium iodide as a catalyst, to break down the hydrogen peroxide into oxygen gas. Washing up liquid is then mixed with the oxygen and water, which turns into foam and squirts out of a cylinder as a large sausage of foam!



Dates for Your Diary

- 18th February 2019 – Half Term Begins
- 22nd February 2019 – Half Term Ends
- 25th February 2019 – Academy Resumes
- 27th February 2019 – KS5 Parents' Evening
- 7th March 2019 – World Book Day
- 7th March 2019 – Year 11 Parents' Evening
- 14th March 2019 – Pi Day



Year 10 v Year 11 Football – Mr Munro & Mr Philpott



On Friday 8th February, Southfields Academy hosted a football friendly between Year 10, managed by Mr Philpott, and Year 11. The first half began with the Year 11s on top and the Year 10s giving them too much time. This pattern continued throughout the first half.

The first goal came when Marcus Scotland played through Roh'mario Hanson, who rounded Jet Harris and rolled it into the empty net to make it 1-0. This then started the flood of goals before the hour, which was a metaphor for the torrential downpour that was occurring.

Goal number two came from Hanson, who capitalised from a mistake from Harris and smashed the ball into the net, to leave Harris no chance.

The third goal came from a corner, and was whipped in by Mattia Salardi. The corner was not cleared by the Year 10 defence, which allowed Kieran Parsons to drill the ball into the top corner. Hanson got his hat-trick before half time. This goal was all his own doing. Dribbling past three Year 10 defenders before coolly placing the ball into the far corner. The half time whistle blew with the Year 11s up 4-0.

The second half began with the Year 10s posing more of a threat through Harley Hughes Forde, Chimalsi Richards and T'Shawn Whiteing. But the Year 11 back four were equal to all threats. Kieran Parsons and Helen Parraga Salinas were still causing the Year 10 back four major problems. Both setting up chances for Erlon Mena da Souza, who could not finish them off. Kieran Parsons made it 5-0 when he made a weaving run from the right wing and slotted the ball past Harris.

Year 10 had their first shot after 65 minutes when Whiteing struck the ball against the bar and the ball bounced on the line. Some say it was over the line, but without VAR we were unable to tell for sure. The game finished 5-0 and both teams showed respect by shaking hands with each other at the end of the game.

Special mentions to Helen Parraga Salinas and Renai McCrea, who played phenomenally on their debut for the team. McCrea was also voted Player of the Match by her peers. I guess Beyonce was right when she said "Who Run the World (Girls)".

AFC Wimbledon Futsal Cup – Ms Knight

On Thursday 7th February, Danni Weston, Aleksandra Paskaleva and Natalia Sroka in Year 8, alongside Shemiah Ellis, Franchesca Andrews, Lily Waters, Ajla Vukalic and Blu Halley-Hutson in Year 7, took part in the AFC Wimbledon Futsal Cup.

The girls played 3 games within the tournament against Kingston Grammar, Ursuline A and Ursuline B. Southfields had a tough first game against Kingston Grammar and although Lily scored 2 brilliant goals, the girls lost 5-2. Despite playing back to back, Southfields pulled their heads up and went on to win the second game against Ursuline B convincingly. The game finished 4-2 with 2 goals from Natalia, 1 from Lily and another from Shemiah while Aleks organised the defence from goal.

Southfields then finished the tournament on a high beating Ursuline A 5-2. Lily scored 3 and Natalia scored 2 incredible goals, this time with Danni making some great saves to keep the girls in the game. Having won 2 and lost 1 this meant the girls just missed out on getting through to the final by 1 point. However, the girls demonstrated great skill and sportsmanship throughout the tournament and should be proud of their performance.

They worked well as a team and supported each other throughout. Lily, Natalia and Shemia created some incredible attacking opportunities while Ajla, Blue, Franchesca, Danni and Aleks worked hard on organising the defence effectively. Well done girls!

